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2023-2024

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editor's note

School forms an important community for families. Therefore, choosing which school to attend and what community of parents, teachers, and students to join is an important decision. Research and campus visits are great ways to get to know the school and see if it is a good academic and social fit for your family.

With our annual School Directory, we aim to be your guide for kindergarten to high school, bilingual and international schools, and local and nearby schools. Each school listing gives an overview with the school's contact information. Useful information like tuition and curriculum are also included. For descriptions of the different international high school curriculum options, see our breakdown of each. **(27)** We also provide a glossary of education lingo, alphabetical school index, and a cut-out school checklist to use during campus visits. **(95)**

We also take a look at the buzzword seemingly on every teen's lips- summer camp. Kids are planning their summer breaks, whether it's to a traditional outdoor activity camp, or summer school camp, or individual exploration and entrepreneurship, or the classic option of travelling. We look at all the options that summer break offers. **(12)**

After years of hard work, we honor the graduating Class of 2023, and celebrate students from around the city who inspire their peers and school communities. **(20)**

Read on for other insights like tips for parents with a teen applying for college **(34)**, how to navigate childhood anxiety and depression **(30)**, and the power of a growth mindset. **(59)**

We wish everyone a smooth journey to finding the best education fit for their families!



Lynn Yen,
Executive Editor





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feature

Making the Most of *Summer*

What will you do this summer? By Rachel Wright

The summer vacation will be with us in a matter of months. Now's the time to get plans in place, if you haven't already, for how your family will spend the glorious yet troublesome eight weeks of summer vacation. For busy working parents, this stretch of time can feel like a relay race with the baton passed between adults and caregivers to ensure kids aren't left unattended.

"Summer's a good excuse to stay up as late as I can and wake up as late as I can. Even though my parents wake me up at the barbaric hour of 11.am." So says a high school senior.

When I was a kid, the prevailing parent wisdom was to let kids be bored. Let them find their own entertainment. But leaving kids to their own devices has taken on a whole new meaning in the last

decade. Now these devices are the addictive, tech kind we can't just leave with kids. With virtual reality so much a part of actual reality, many parents worry that without the routine of school, kids will be even more attached to their phones, wasting hours scouring social media rabbit-warrens, or playing PUBG or Call of Duty.

So how do we make sure that summer doesn't just pass by, that we



do something that really sparks joy and that presses the refresh button on work and school? Brush off those vision boards. Now's the time to make a few of those dreams come true.

Travel

Taking a break from Shanghai in the summer was something taken for granted pre-Covid. This summer is a great time to reconnect with travel and new experiences. With airlines laying on more flights, the cost of air travel has become more affordable. And with the scrapping of quarantine, there's less reason to be worried about travelling.

Doubtless plenty of us will seize the opportunity to return home to see extended family and friends, especially those we have been cut off from in Shanghai for more than three years. Irish empty-nester Kate MacLoughlin hasn't seen her adult kids and grandson since March 2020. She turned 50 in June but was reluctant to travel back to Dublin in case she caught Covid and was unable to return to work in Shanghai. She was able to go out with a few friends to celebrate her milestone birthday, but it wasn't the same. "It was a bit underwhelming," she says. Now, she's excitedly looking forward to having a big belated party in Dublin this June, with 17 family members and friends and a garden marquee.

If you are travelling back to your home country with children in tow, you could take a leaf out of the French playbook and pack your darlings off to the grandparents for a month and plan your own side-holiday with friends or partner. If you don't have parents who are

willing to do this, like mine who belong to the 'we have our own lives' category of seniors, head straight to plan B, CAMP.

Summer Camp

My daughter has never been to a summer camp in the traditional outdoor sense, but she has been particularly clamorous this year when lobbying for camp. Maybe it was all the lockdown she endured that has spurred her desire to get away from home. Her first choice, she announced, was a survival camp with Bear Grylls. Although a company associated with Bear Grylls does offer a 24-hour survival

camps for families, I wasn't sold on the idea of being cold, damp and uncomfortable. Instead, we enrolled her on a wild outward-bound camp in England offering mountains, mentors and mates. It's all about challenging yourself in the great outdoors, teamwork, and socializing face-to-face with other British and international teens. My daughter insisted on being with people her own age, not younger, so she will be joining a group of 16 and 17 year olds. It's reasonably affordable. Like many camps these days, it doesn't aim to make a profit, just to provide a valuable experience for kids.



feature

I'm relatively late to the game. For plenty of families, a camp of some sort has been an established part of the summer calendar for years. For single American mom Jayne, summer camp has been a family tradition going back generations, starting with her mother. Now in her forties, Jayne went to the same camp in the far north of Minnesota

with her sisters, then graduated to being a camp guide during college.

This summer, her daughter Tillie, 14, will be going to the same camp Laketrails, a canoeing and camping organisation based around Lake of the Woods. The setting on the border with Canada is a collection of numerous tiny islands and

inlets which is largely uninhabited and inaccessible to cars. Starting out at base camp, campers and guides canoe their way to different portages around the islands over a week, choosing the trail which most closely matches their physical abilities and experience. Hiking, fishing and swimming are part of the experience. They take all required food and equipment with them. Evenings are camp-fires and sharing stories under the stars. Washing is in the clean waters of the lake. An added bonus, guides are often from local environmental colleges and can explain the flora and fauna of deer, otters, the occasional black bear looking for food, as well as environmental protection policies like garbage in, garbage out, and bury your poop. There's no set schedule. The group can be as relaxed as they like, setting off when everyone's had breakfast. The idea is to get kids into the woods, enjoying nature, making friends and chilling without electronic devices. It does wonders for shy kids, Jayne tells me, and it's relatively inexpensive.

But camp is not everyone's cup of tea. A fair proportion of middle and high schoolers will be thinking ahead and wanting to make the most of their summers brushing up on their studies or prepping for next semester's courses.

College Preparation

For students who are starting to think about what happens post-school, the summer can be a great time to visit universities and start compiling a most preferred list. Now that in-person visits are possible, there's nothing like stepping foot on a campus and touring the facilities to see if it might be your





college name. College counsellors I've spoken to generally advise against them, as it won't help you get in as an undergrad, although some may offer credits.

If you're dead set on studying, you don't have to wait till high school. Oxford summer courses offer study camps to 9 year-olds and up. They're not cheap. Taking the online course route might be a better option if your child is highly motivated to broaden their learning. For adults, too, they can open a door to a totally new branch of knowledge or vocational study.

perfect match. A friend who took her daughter to one university in the south of England, discovered that the university didn't play host to many international students, and the campus buildings were run-down. Topped off with a sour student tour-guide who was pointedly disinterested, these black marks were enough to get the place struck off her daughter's list. These aren't things you'd ever discover from taking the online tour.

Carly, an enthusiastic freshman at Columbia, has lots of suggestions for how teens can make their summer useful. With college applications coming up for next year's seniors, she says the summer of junior year is an opportunity to explore potential college majors or broader interests a bit deeper, either by applying to college summer courses in person or online, or doing free online courses via Edx and Coursera. Be warned that college summer sessions are vastly overpriced since you're buying the





20 international students to its ultra-competitive month-long arts camp. She's dreaming of spending the whole day drawing and painting, and not having to worry about maths, English and other courses that eat into her school day.

Creative writers can benefit by workshopping their fiction with other writers at places like the Iowa Young Writers studio, while those with the drive and money for storied media can join the NYC Summer Academy at the School of the New York Times where "the whole city is a classroom".

But you don't have to be a dedicated artist, or need much money, to get back into doing a pursuit you used to enjoy. Whether that was playing a musical instrument, swimming, writing, crafting, baking, or even developing a reading habit, the summer can be an opportunity for rediscovery of something that brought you joy before. This goes for adults too. When time flies by and we can't capture the wonderful experiences of childhood, summer is a chance to sort photos and make family photo books for posterity. Children can also enjoy the pastime of scrapbooking their experiences.

One note of caution, this year I got excited about an free 8-week early Norwegian literature course I came across and enrolled in on a whim. Despite best efforts, I only managed to finish the very first class. These Massive Open Online Courses, MOOCs, will only work if you're committed. It very much depends on the amount of effort put in.

Creative Arts

The summer is also the perfect time for creatives to really focus on their artistic passions. So often, art or music gets squeezed for time in the regular school curriculum. Visual arts students in particular find it a challenge to devote the necessary time to their artwork. Korean freshman Uno is applying this year to the California State Summer School for the Arts, which accepts

Working

And what if you're staying in Shanghai? Of course, it goes without saying that summer is also a chance for older kids to make a bit of spending money, with a variety of side-hustles. I've heard of a student who spent her summer working a job in retail to fund her shopping habit. Another worked in his uncle's restaurant to earn a bit of pocket money. He came out richer with life experience by figuring out

challenges, which he worked into a neat personal essay. Teaching maths, a foreign language, coding, and building computer keyboards are all lucrative side-hustles teens have shared with me.

Another tried-and-true option leverages the contacts in your neighborhood to organize a summer activity for younger kids to learn basics of rugby, or a chemistry or cooking camp. You can make it paid, but donate the money to a charity if you wish. For many teens in Shanghai, a Saturday job isn't common. So exposing them to the real world of work, via an office internship or a low-paid job will help them begin to understand what life is like outside the bubble.

Stella Monantera spent four weeks last summer as an unpaid intern working on the accounts at her dad's shipping company in Shanghai. It was 9 to 5, Monday to Friday, and she found it tiring. But it was also useful. Working in the accounting sector, she was given lessons on calculating total revenue, profits and costs, and learned how to use Excel func-

tions. "It's helped me become more interested in finance and made me lean towards studying finance at uni," Stella says. Whilst it was nice to feel valued when she was able to complete some of the company's backlog chores, she admits it was boring at times. Her biggest take-away was insight into being in a work environment.

Be mindful, though, when applying for internships that an untried teen might not be every employer's dream. The experience often involves training the new recruit which can cost time and money, not to mention patience. But even a relatively low-impact work-shadow experience can provide dividends for kids. My daughter shadowed my husband at work for a day. She was genuinely shocked to see people standing for so long in one place and doing physically repetitive work on the factory floor. Nor was she impressed by the airless cubicle office environment where my husband works. She's so far discovered that she doesn't want to work in an office and she doesn't want to work in a factory.

There's a lot of conversation in schools right now about how to equip students to cope with an evolving AI-enhanced jobs market. We may not know exactly what the work landscape will look like in five years' time, but developing an understanding of who we are as individuals, what kind of work we want to be involved in, and how our humanity distinguishes us from AI can provide useful food for thought.

Community Service

During the school year, plenty of schools partner with companies in Shanghai to provide opportunities for service projects as part of the Community, Action, Service (CAS) component of the IB Diploma. Some provide summer service camps too. One that has a marked emphasis on promoting teen involvement in social impact and sustainable development is Keru. Committed to the United Nations Sustainable Development goals, Keru camps show kids how different parts of society like business and academia can work together to provide positive social change. This summer they are offering a



feature

raft of business, STEM and humanities programmes. One of the STEM courses is Inclusive Sports Coding and Design for the Blind and Low-Vision Community, which involves developing robotic prototypes. Another humanities course is titled Grottoes Archeology and Cultural Heritage Conservation.”

Speaking to CEO Frances Deram, a long-time China resident, about the



grottoes course, she enthuses how much students gained from their experience in Gansu last summer. They learnt tools of archaeology such as site survey mapping skills. During a daytrip in the forests, they saw isolated Buddhist caves off the tourist map. She remarks that it was “kind of mind-blowing. Students feel they’re part of something important, untouched. They realize the need to protect cultural relics.” Guided by an arts scholar who provides historical and archeological information, the students write and publish reports on Wikipedia to share with the archeological community.



Another popular camp, a STEM camp, is a conservation expedition to answer the big question, “How can we contribute to the improvement of Yunnan Snub-Nosed monkey preservation?” Students learn about the biodiversity and habitat of the extremely rare snub-nosed monkeys in rural Yunnan. Chinese-speaking students interview the monkey guards. Students also learn about the minority Naxi culture in the region. At the end of the program, students develop and present a plan of improvements to the current Snub-Nosed Monkey habitat preservation measures. Keru also offers support to students interested in promoting awareness campaigns after their trips have ended.



Wellness

But if you're feeling like the kids are having all the fun if you stay in China, that's where you're wrong. The summer is also a time for adults to take stock of our lifestyles, how happy we're feeling in the choices we've made, and reboot, if necessary, at a wellness retreat.

Wellness is something that should be a part of everyone's week, all through the year, yet inevitably taking care of yourself gets put on the back burner when family and work take priority.

One place that's generated positive feedback is Wudang Taoist Wellness Academy. Located in the tea-planted mountains of Wudang, where a branch of Kungfu originated. It's not religious or cultish, but aims to help visitors relax, improve their health and understand how to 'live long and well' through a combination of taichi, qigong, meditation and Taoist philosophy.

Courses run from one week to three months or more. Accommodation is basic, but comfortable. Kelsey Herringa who did a 9-day trip recently came back glowing

and refreshed. It forced her to “slow down,” she said. Part home-stay, part-camp, a typical day starts with a few hours of taichi, then a discussion of Taoist philosophy and its connection with nature. Then maybe there'd be qigong breathing. After, Master Gu who grew up in the area would play some music, or they'd have a tea ceremony, hike, or visit to a temple.

Herringa recalls, “It was very chill” and she counts it as the best Chinese cultural immersive experience she's had in her six years in China. Meals featuring delicious Chinese food were shared family-style. Rising in the morning, the mountains were shrouded in atmospheric mist. Kelsey was impressed by Master Gu whom she likens to a sprite of the woods. She'd previously done some training in Shanghai with a Shaolin master but had found her lack of Mandarin got in the way. Master Gu, unusual for a Taoist master, speaks fluent English. The whole experience was restorative and relaxing. If you want an immersive Chinese experience, this summer could be the time. **SF**

Star Students of 2023

We would like to recognize the great achievements and years of hard work from the Class of 2023. This batch of students has navigated online learning and Covid-19 lockdowns with perseverance and grit.

As they finish their final months of school and bid Shanghai farewell, we celebrate them and wish them the best of luck in their futures. Congrats grads on a job well done!

Harrow International School Shanghai



Finley Jones
Nationality
British
College/University
TBD
Intended Major
Film

Best high school memory?

My favourite memories are of working with friends to create short films. I had lots of fun doing this over the years and made memories with my closest friends, and I also gained experience for the future.

Why did you pick your university and major?

I've wanted to become a filmmaker since I was a child. At first, I used the camera on my dad's old laptop to film videos around the house. Now, I'm ready to pursue a career in filmmaking, and hope to receive offers from the universities I've applied to!

Describe a time you overcame a challenge.

Music is also another passion of mine. Before doing A-Levels, I never had any formal musical education, though I did often write music. Starting the A-Level Music course was therefore hard, but over time I learned lots, helping me to write better songs and film-scores.

Who is your role model?

Edgar Wright, my favourite director, has always inspired me with the attention to detail he gives in his films. His style is so distinctively his own that any of his films would be instantly recognisable as his even if you've never seen the film before. That's what I strive for.

Concordia International School Shanghai

Best high school memory?

My favorite memory of high school is when the track team almost got locked down inside of a neighboring international school due to a close contact in March of 2022, the next day we had to do a 6k run from a Zhang Jiang COVID testing site all the way back to school.

Why did you pick your university and major?

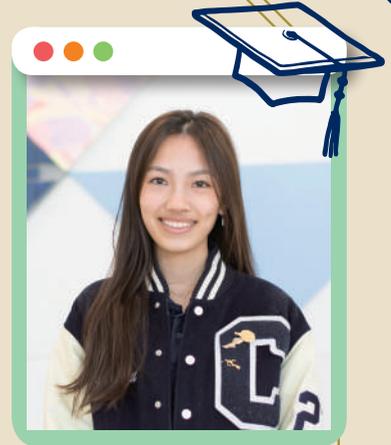
I chose Cornell Engineering because its values—diversity, rigor, and creativity, aligned perfectly with what I envisioned to be the school where I'd spend the next four years of my academic and life journey.

Describe a time you overcame a challenge.

Self doubt was something that I struggled with throughout high school, but over the years I've learned to trust in myself and give myself more credit for the things I've accomplished.

Who is your role model?

My role models are the math teachers I've had over the years in high school, Dr. Tong and Dr. Fu. Their passion and drive for mathematics motivates me to become a better learner everyday.



Nicole Qiu

Nationality

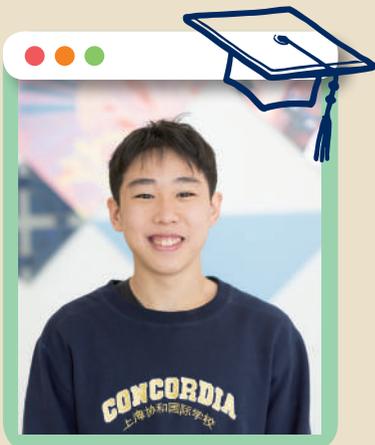
American

College/University

Cornell University

Intended Major

*Computer Science/
Operations Research and
Information Engineering*



Nelson Lou

Nationality

American

College/University

*University of Southern
California*

Intended Major

*Computer Science (Games)
and Interactive Media*

Best high school memory?

My favorite memories are with my friends. I love staying after school to play soccer and scavenge the aisles of Family Mart.

Describe a time you overcame a challenge.

The storm showed no signs of stopping. My tent was shredded, my rations were scattered, and my clothes were soaked. This was my first night solo at Outward Bound, North Carolina, a 3-day challenge for campers to reflect in solitude. Armed with bagels and an emergency whistle, I can't believe I survived the storm that night. Despite the temptation to quit, I found peace in nature by writing in my gratitude journal. This experience gave me an appreciation for life and desire to fight

for those who can't.

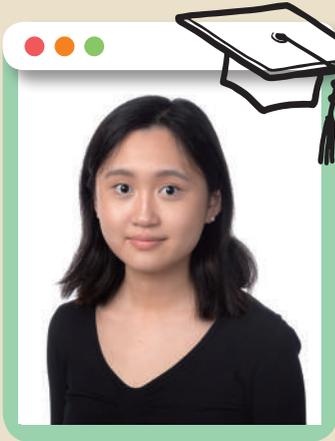
Why did you pick your university and major?

My passion is using cinematic arts to elicit social change like marine conservation. Because USC is close to Hollywood and the Catalina Islands, I look forward to scuba diving and creating films. With diving gear and an underwater camera, I hope to make the underwater world accessible to the public. CS enables these and serves as a fallback.

Who is your role model?

My role model is Jacques Cousteau. He was an influential oceanographer that filmed environmental issues. Media that catalyze social change resonate with me.

The British International School Shanghai Puxi



Karina Arimura

Nationality

Japanese

College/University

New York University

Intended Major

Applied Psychology

Best high school memory?

Junior year, I packaged and donated Christmas gifts to a local migrant school as part of the Giving Tree Program. Working across age groups and community service was a significant experience to me.

Why did you pick your university and major?

I was attracted to NYU's diverse community. NYU's applied psychology program provides extensive technological research facilities to explore my major in depth. And being in NYC, I'll have access to endless career opportunities to grow.

Describe a time you overcame a challenge.

During the COVID-19 lockdown, dysmorphic beauty standards twisted my mind. With the help of my community, I found strength in turning struggles into advocacy.

Who is your role model?

My role model is my mathematics teacher, Ms. Yadav. Whenever I faced a complex math problem or felt anxious, she always reinforced the belief that I could do anything if I set my mind to it. Now with her support, I take on challenging opportunities, rather than shying away.

Shanghai Community International School

Best high school memory?

I will miss interacting with different personalities across campus from staff to students. Everyone is extremely caring and friendly, which makes me appreciate SCIS.

Why did you pick your university and major?

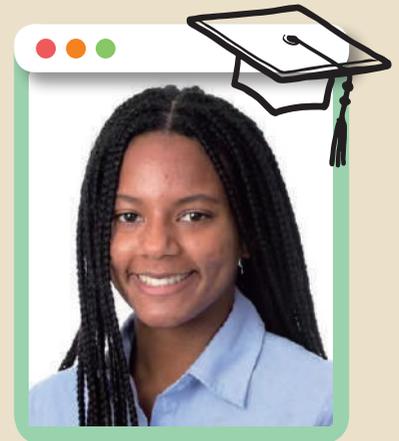
I would love to open my own Michelin star restaurant. I chose École Hôtelière de Lausanne because I love the course structure and opportunity to experience two internships. I see myself continuing to grow in an international environment, just like Shanghai.

Describe a time you overcame a challenge.

In 2020 at the age of 14, I flew from Shanghai and got stuck in Leipzig due to Covid. I was away from my family for two years. I overcame being homesick by surrounding myself with positive individuals and adapting to a new environment. I now have lifelong memories and know that I can successfully navigate whatever comes my way.

Who is your role model?

My brother, Sembey, is my role model. He is a very determined, hardworking, positive, passionate, and wholesome person. He taught me that quality work takes effort, motivation, and time.



Josephine Savioz

Nationality

Swiss

College/University

École Hôtelière de Lausanne

Intended Major

International Hospitality Management

Yew Chung International School of Shanghai

Wong Xiu Kaye

Nationality: Malaysian

College/University

TBD

Intended Major: Health or Sciences



Best high school memory?

Every single ACAMIS I have participated in, whether basketball or volleyball, is easily my favorite memory. Meeting other players, visiting different places, all helped shape me.

Describe a time you overcame a challenge.

A big challenge was learning how to lead. I preferred laying low in the crowd. However, after becoming captain for the girls' volleyball and basketball teams, I, with the help of teachers and friends, learned to become more capable, responsible and dependable as a leader.

Why did you pick your university and major?

I would like to go into health or science, specifically biological or psychological science. I enjoy learning why humans or animals behave in certain ways, and I want to help others.

Who is your role model?

Ms. Fung, who is the Head of Physical Education, and an amazing coach and mentor. She is strong mentally and physically, and her coaching ideologies inspired me to become the best version of myself, by setting high goals and never giving up.

Best high school memory?

I don't have a favorite, rather many small memories make high school unforgettable. These memories come from playing sports, chatting, discussing academics, hanging out with friends, and helping and supporting each other.

Describe a time you overcame a challenge.

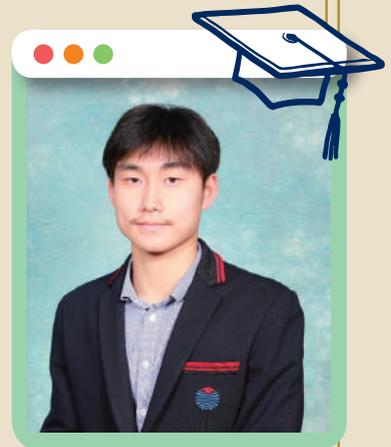
I always thought that if I chased perfection, I would reach excellence, but I slowly realized that this mindset was weighing me down because this result-oriented mindset made me forget the purpose of pursuing what I love to do. Therefore, every time I have a sports game or take a test, I try to focus on the journey, and this mindset transition helped me perform better.

Why did you pick your university and major?

I chose economics because I am fascinated by how the fusion of economic theories and mathematical models can explain the various phenomena in daily life and the decisions agents like myself make. Economics is vital to understanding the world and can be used for societal improvement.

Who is your role model?

My role model is Elon Musk because despite doubts from famous scientists when he was developing SpaceX, he did not give up, and he kept going, and today SpaceX has launched 31 Falcon 9 rockets. His mentality of never giving up and constantly pushing himself to his limit is inspirational.



Owen Huang

Nationality

Chinese (Hong Kong)

College/University

TBD

Intended Major

Economics

Dulwich College Shanghai Pudong

Best high school memory?

Ending a busy week with my two passions back-to-back. An hour of group choir rehearsals, followed by basketball training to enjoy the teamwork, pace, and competition.

Why did you pick your university and major?

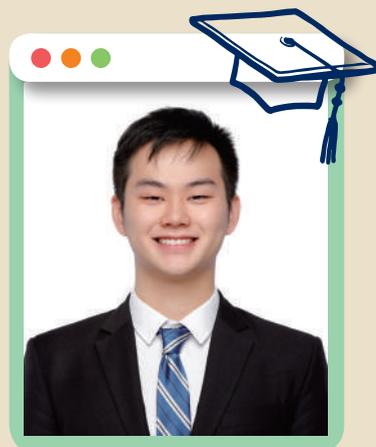
I chose economics for its blend of quantitative analysis and qualitative reasoning to understand how it permeates from everyday life to global affairs. I chose Haverford because of its broad core curriculum and flexible courses to understand the world.

Describe a time you overcame a challenge.

Public speaking was a struggle, hindering my ability to present my ideas. To face my fear, I hosted a CNY ceremony, which was a challenge for me. However, this boosted my confidence and improved my self-expression skills.

Who is your role model?

Mr. McGee, my former economics teacher, had a deep understanding of the subject, which he interwove with insights from other areas and his own experiences. He inspired me to learn about the world from multiple perspectives rather than from a single rigid standpoint.



David Zeng

Nationality

American

College/University

Haverford College

Intended Major

Economics

Dulwich College Shanghai Puxi



Jay, Year 13

Nationality

Singaporean

College/University

University of Toronto (Offer)

SG's NUS/NTU (Applied)

Intended Major

Computer Science

Best high school memory?

The hike with classmates during our Duke of Edinburgh International Award trip to Thailand. During this challenging climb, we admired breathtaking landscapes. After, we took cold bucket showers, swung in hammocks in a treehouse, shared stories, and savored the moment. It was an unforgettable experience that brought us closer together.

Why did you pick your university and major?

The appeal of computer science goes beyond technical intricacies. I am drawn to its ability to have an impact on society. My passion for technology was sparked after par-

ticipating in the Lego Mindstorm Challenge, where we programmed a robot to complete certain tasks.

Describe a time you overcame a challenge.

A button on my washing machine broke. After getting tips from my family, I had a new idea to insert the broken piece into a plastic Mah-jong chip, which fit perfectly and fixed the machine. This taught me the value of seeking help and taking creative approaches.

Who is your role model?

My father. Despite challenges and academic struggles, he became a successful businessman through hard work and determination. He taught me that anything is possible with effort and a positive attitude, and he continues to inspire me.

Shanghai American School Pudong Campus

Best high school memory?

At Relay for Life, an event dedicated to cancer patients, we walked for 24 hours in solidarity. Huddling together in front of the crackling campfire with my closest friends was unforgettable.

Describe a time you overcame a challenge.

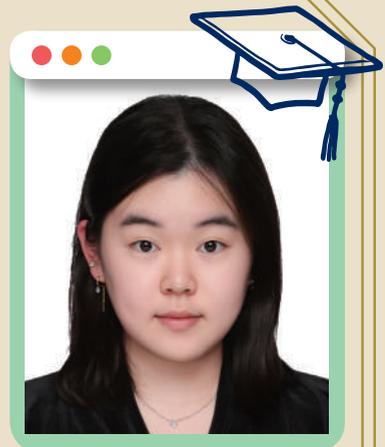
A constant challenge is motivating myself to work harder. To a student, a plateau is ultimately regression. Thus, I strive for better both academically and personally. It is difficult to face the disappointment of not meeting goals. I learned to draw motivation from frustration instead of being discouraged.

Why did you pick your university and major?

My clumsy self got a cast seven times before I turned 10. I've tried pink, blue, and plain white casts. The hospital became a familiar place, and I even looked forward to check-ups and vaccinations. Since then, I dedicated myself to preparing for medical school.

Who is your role model?

My deepest respect is for writers. With words, they built my entire childhood and shaped me. Their worlds and characters offer a needed escape from an often overwhelming reality. I aspire to be as articulate and thought-provoking, and be an inspiration for others.



Minji Ryu

Nationality

South Korean

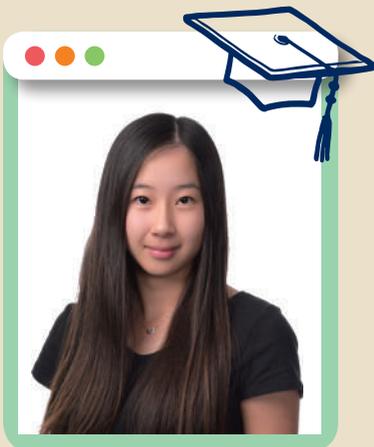
College/University

*Korean Med Schools
(TBD)*

Intended Major

*Medicine
Economics*

Shanghai American School Puxi Campus



Kelley Tu

Nationality

American

College/University

Brown University

Intended Major

Health and Human Biology

Best high school memory?

I'll never forget the moment my friends and I took our first bites of pancake after not eating during the 30-Hour Fast, a school event that opened my eyes to food waste and hunger.

Why did you pick your university and major?

I've engaged in discussions ranging from androgyny in fashion to 4D mathematics to whether hotdogs are sandwiches (they are not). Brown's unique Open Curriculum is the perfect fit—it gives me freedom to explore many subjects while pursuing my love for biology.

Describe a time you overcame a challenge.

Growing up, I was under the shadow of my older brother. In high school, my efforts to discover my unique strengths and passions through experimentation and exploration have taught me not to compare myself to others, rather embrace my authentic self.

Who is your role model?

My mother is a cook, blogger, chemist, photographer, interior designer, golf tournament organizer, and more. Her lifelong willingness to learn new skills inspired me to take on running a half-marathon and self-learning piano.

Wellington College International Shanghai



Roger Luo

Nationality

New Zealander

College/University

New York University

Intended Major

Liberal Studies Core

Best high school memory?

There were way too many over the past few years. Every day was refreshing and enjoyable as something interesting and fun always happens.

Why did you pick your university and major?

I have always wanted to study in the US. Its successful entrepreneurs and scientists have long been role models for me. My major gives me the freedom to explore different areas of studies and find one that will suit me the best.

Describe a time you overcame a challenge.

Taking the SAT and getting the score I wanted was a big challenge for me, as my English was not that good. I thought about giving up numerous times when I kept getting low scores. But with persistence and hard work I finally achieved a score I am happy with.

Who is your role model?

Businessman Steven Schwartzman is my role model. He founded one of the largest private equity firms in the world and survived numerous economic crises. His charisma and intelligence are something I really admire.

Lycée Français de Shanghai

Best high school memory?

I don't have a specific memory yet, but I know that my favorite high school memories are the time spent with my friends laughing and arguing together.

Why did you pick your university and major?

I chose mathematics and computer science as a major because I enjoy these subjects. Shanghai French School offers us the possibility of a French education program with diverse culture backgrounds at school.

Describe a time you overcame a challenge.

I moved up a grade in middle school and had to fit in with new elder people, it took several years to get there but it allowed me to learn from older people than me.

Who is your role model?

My classmates and teachers are my role models. They are all better than me in various fields, whether it is at an academic or human level. I can always find something they can teach me.



Jules Marceau

Nationality

French

College/University

TBD

Intended Major

Engineering, Maths and NSI (computer science)

International School Curriculums at a Glance

Learn the lingo of high school curriculum. By Abbie Pumarejo

When choosing an international school for your child, families should consider the bigger picture and whether they will be returning home or if another international move is in their future. To help parents in selecting the appropriate curriculum for their child, here is a quick guide.

International Baccalaureate

International Baccalaureate Organization (IB) offers programmes at four different levels: PYP (Primary Years Programme, ages 3-12), MYP (Middle Years Programme, ages 11-16), DP (Diploma Programme for secondary school, ages 16-19) and CP (Career-related Programme).

- The IB programme encourages students to think critically and independently, with inquiry-based tasks. IB Diploma candidates will focus on six individual topics for graduation of secondary school.
- IB Diploma graduates, depending on their final test scores, can have classes taken applied to university credits. However, it is important to do your due diligence, as each university will have different policies about credit transfers.
- This European-based diploma certification is recognized worldwide.

Advanced Placement

Advanced Placement (AP) is a program developed and administered by the College Board, the organization responsible for the SAT (formerly known as the Scholastic Aptitude Test), allowing students to obtain college credits while still in high school.

- AP classes give students the experience of an introductory level college class that qualifies learners for more advanced classes upon entrance to North American colleges.
- Nearly all American and Canadian universities accept AP scores for credit. Again, it is important to do research, as each university will have different policies about credit transfers.
- It is not a two-year requirement compared to the IB Diploma programme or A-Levels.
- It is an American-based diploma certification recognized mainly in the USA and select universities worldwide.

IGCSE

The International General Certificate of Secondary Education (IGCSE) is a British curriculum which prepares students for the IB and A-Level examinations. English language is the heart of the curriculum, ensuring students' ability to communicate fluently in the world's most widely spoken language.

- The IGCSE programme is a precursor to A-Level, AP, and IB certification, and is completed in the first two years of high school.
- It is an exam-based curriculum that tests the knowledge of individual subjects, awarding one IGCSE qualification for each successful subject exam.
- There are three types of board exams for the IGCSE: Cambridge IGCSE, Pearson Edexcel International GCSE and Oxford AQA. They all take place during different times of the year.

A-Levels

A-Level exams are subject-based qualifications achieved as part of the General Certificate of Education (GCE) offered in the UK curriculum courseware. This is particularly relevant for students in secondary schools.

- A-Levels are required for university entrance, and conditional acceptance by UK post-secondary institutes are based on students' grades.
- Students can expect to take three A-Levels in order to obtain offers from various universities, and most pick courses based on their desired degree.
- Many of the higher-level degree subjects do require specific A-Levels for acceptance to the programme, so it is important to research university requirements before starting the programme. **SF**

Causes of a Painful Jaw

Jiahui Health discuss dealing with a painful jaw joint.



If you've woken up with a headache and sore jaw muscles, you know the pain of having persistent jaw issues.

The temporomandibular joint (TMJ), or jaw, acts like a hinge that connects the jawbone to the skull. When disorders of this joint occur, they involve the jaw muscles, joints, and nerves associated with chronic facial pain. It is a common disease, particularly in women aged 20 to 40.

Pain is caused by a variety of factors, with symptoms including abnormal noises in the joint area, pain, and lower jaw movement problems.

It is common for a painful jaw to coincide with other jaw ailments like teeth grinding at night and clicking or popping noises when the mouth is opened and closed.

Temporomandibular disorders can be divided into masticatory muscle disorders (the muscles related to chewing), structural joint disorders, inflammatory diseases, and osteoarthritis.

Symptoms

- Pain when opening or closing the mouth, or the joints click.
- Teeth grinding or clenching, with pain in the masticatory muscles after waking up in the morning.
- Difficulty opening the mouth.



- Frequent headaches or neck pain.
- Pain in the temporomandibular joint area.
- Locking of the temporomandibular joint.
- Muscle pain and tenderness, with limited mandibular movement. Pain can extend half of the face.

Protective measures

- Avoid opening your mouth wide or biting and chewing hard food.
- If you have a habit of chewing on one side of the mouth, consciously try to chew on both sides of the mouth. Pay close attention to ensuring that you use the back teeth on both sides of the mouth evenly.
- Keep the temporomandibular joint area warm. Avoid cold wind blowing directly onto the jaw joint area just in front of the ear and keep away from the air conditioner outlet in summer.
- If you have any missing teeth, it is recommended to visit a dentist as soon as possible.

- Try to maintain a good work-life balance, ensuring you get enough sleep to reduce the likelihood of depression and irritability.
- Please seek urgent medical attention if you experience significant limitations in your ability to open your mouth, as well as joint pain, or a clicking and popping sound when opening or closing the mouth.
- Try to break the habit of clenching your teeth, particularly when you are stressed or nervous.
- If you grind your teeth at night, please seek medical advice regarding the use of a dental night guard.

Long-term effects

If the symptoms of temporomandibular joint disorder persist for a long time, structural disorder of the joint may appear. Orthodontics or orthognathic surgery are needed to treat the patient's normal eating and chewing. If the pain is severe, artificial joint replacement may be required.

Treatment

The patient should relax and be emotionally stable without being overly nervous. Also, localized massage in the area and physical therapy can be used. Local adjustments can be made such as orthodontics or addressing tooth grinding. Additionally, it is good to correct bad habits, such as unilateral chewing, long-term chin support or some factors of mental stress. In some cases, symptoms of TMJ disorders may disappear without treatment. If symptoms persist, your doctor may recommend a variety of treatment options, often more than one will be done at the same time. These treatments may include drugs, non-drug treatments such as physical therapy, and splints. Minimally invasive surgery or surgical treatments will be also considered if conservative treatments failed.



Dr. Steven Zhang
Department of Dentistry



Dr. Fiona Fang
Department of Dentistry

Jiahui International Hospital

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Guide to Teen Anxiety and Depression

Parkway helps parents guide their children through tough times.

After experiencing online classes, lockdown, and social isolation, children's mental health has also experienced challenges. Moods of depression and anxiety are not uncommon. A psychological readjustment is required to adapt to the pressure brought about by school-work and social interaction. At this time, it is especially important for parents to maintain concern and support for their children's mental health.

Common mental disorders among adolescents are depression and anxiety. Look out for changes in mood including depressed mood,

inability to be happy, becoming irritable, easily agitated, emotionally vulnerable, or prone to crying.

Depressive Disorder

A depressive disorder is characterized by frequent mood changes, or a different mood state that has persisted for at least two weeks.

Changes in BEHAVIOR:

1. Decreased interest and motivation in doing things, unwilling to talk, shutting oneself in a room, unwilling to go out. Even the things that they were interested in in the past are not exciting now, and the interest is dull.

2. Decreased appetite, which may lead to significant weight loss in a short period of time. Some may show the opposite and overeat.
3. Increased time in bed or asleep, and drowsiness in class during the day. Some manifest as insomnia, difficulty falling asleep, shallow sleep, easy to wake up in the middle of the night, or waking up early.
4. Alcohol consumption. Some teens will try to drink alcohol or increase the amount of alcohol used to relax or numb the painful emotions. Escaping from reality is their way of "healing" themselves, but it will bring more problems.
5. Excessive addiction to the Internet. Spending too much time in the virtual world of the Internet, social media, online games, even if it affects other aspects of life, such as not eating on time, sleeping, and not completing school-work.
6. Self-injury behavior. When children's painful emotions accumulate for a long time, some children will use the form of self-harm, such as cutting their own body skin with a knife (especially on arms and thighs) to release these emotions, trying to use the body's pain to replace mental pain; or feel emotionally numb for a long time, use pain to awaken senses and emotions, and experience the feeling of being truly alive. Severe cases even have suicidal thoughts, plans or behavior attempts.

PHYSIOLOGICAL Changes:

Dizziness, headache, fatigue, upset stomach, indigestion, constipation,

etc. may occur. If the disease of the organ itself is ruled out after examination, it is necessary to consider whether it is caused by a bad psychological state.

COGNITIVE changes:

Compared with the past there is difficulty concentrating, forgetfulness, pessimism, hopelessness, excessive and inappropriate sense of self-blame and guilt.

Anxiety Disorder

Changes in MOOD:

Nervousness, panic, fear, excessive worry especially in adolescents, concerns about academic performance, peer relationships, how others view you, self-image, irritability, tantrums, hypervigilance.

PHYSIOLOGICAL changes:

Dizziness, headache, palpitation, shortness of breath, gastrointestinal problems, body shaking, muscle aches, frequent urination, changes in sleeping and eating.

Changes in BEHAVIOR:

Increased aggression, procrastination, avoidance such as not going to school.

Tips for Parents

The Right Response: Listen First, Not Teach

Many parents are anxious to solve their child's problems as soon as possible. But they tend to focus too much on the problem itself and directly teach the child what to do, and even deem the child's behavior as immature and criticize them. In reality, doing so can easily backfire.

When children open up to their parents about their emotions, it is often

emotional understanding and support, not guidance, that they crave most. They want their feelings to be heard, seen, understood, and empathized with. This will make them feel that they are not alone and have emotional support. Therefore, parents need to listen patiently first with an accepting attitude, respond to understand what they heard, and recognize the rationality of their child's emotions, without judging or preventing them from expressing.

When the child's emotions are revealed, if the time is right, you can discuss with the child how to actively deal with these emotions, including trying to discuss what is reasonable in the thoughts behind the emotions, and which thoughts can be adjusted more positively. Explore what behavioral coping options are available. Encourage your child to try to cope and give positive feedback in a timely manner.

Be a Positive Role Model

Parents' ability to effectively manage their emotions, maintain emotional stability, and provide a supportive home environment can have a profound impact on a child's psychological state. Children can't help but imitate how their parents deal with stress and emotions.

Parents need to take care of their own mental state first: healthy life schedule, good eating habits, regular exercise, maintain an optimistic and positive attitude, be brave to face their true feelings, and avoid projecting their own anxiety onto their children.

Practice Relaxation Skills with Your Child

You can do exercises such as breathing relaxation and medita-

tion with your children to better anchor your attention in the present moment and experience life in every present moment more fully without getting too involved in the mental world of worries, pessimistic thoughts, and stressful patterns.

Exercise is also a very effective and easy way to improve the mood. Try doing yoga, running, walking, cycling, or ball games. Studies have shown that more than 20 minutes of aerobic exercise with a certain intensity can effectively activate the parasympathetic nerves, decrease blood pressure and heart rate, and have a physical and mental relaxation effect.

When to Seek Professional Help

When the child has tried self-psychological adjustment by himself or with his parents, but still suffers from emotional distress, and affects daily life, schoolwork, and social interaction, it is recommended to seek professional psychological help. Assessment, diagnosis, psychological intervention and, if necessary, drug treatment is performed by professionals.



Dr. Helen Wang

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International Schools

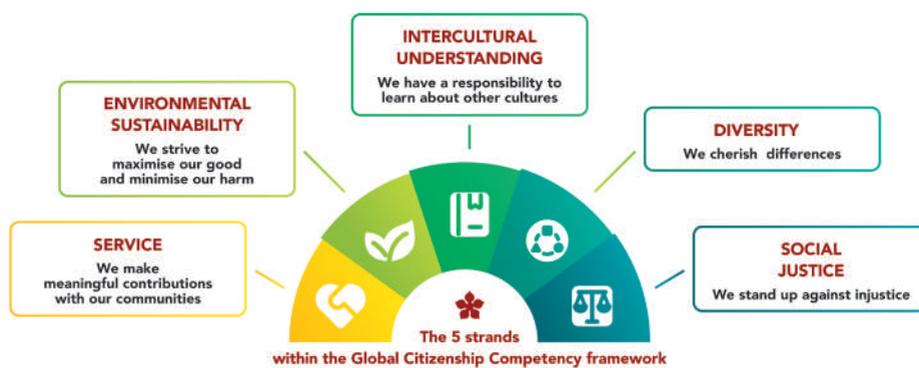
Learn about international school options, from preschool to high school



Global Citizenship and What it Means to Live Worldwide

Dulwich College Shanghai Puxi's core mission is to **'Create learning environments where students develop the knowledge, skills and motivation to have a positive impact on society and the planet'**. They define this as developing students who **Live Worldwide**. In addition to providing an academically rigorous programme that provides pathways to world-leading universities, the goal is to encourage students - and in fact all community members - to make informed choices, take inspired action and create positive impact. *What does having a positive impact look like? What areas will be the focus?*

This is defined through the 5 key strands of the Global Citizenship Competency framework:



■ Service

Dulwich College Shanghai Puxi believes that global citizens make meaningful contributions to their communities and strive to improve humanity. Students have an impact through partnerships such as the ambassador school relationship with Educating Girls of Rural China (EGRC), and work with Yunnan-based Elevated Honey Co. By engaging in service, they foster a sense of responsibility towards others and demonstrate commitment to creating a better world.

■ Environmental Sustainability

Students strive to maximise their positive impact while minimising the harm they cause to the planet. They advocate for animals and the environment, consume responsibly, value connecting with nature, and protect the planet to preserve it for future generations. By embracing environmental sustainability, global citizens recognise the interconnectedness of all things and act accordingly, creating a healthier and more sustainable planet for all.

■ Intercultural understanding

The school motto is **'Detur Pons Mundo', Building Bridges to the World**. Students understand their re-

sponsibility to learn about other cultures, value multiple perspectives and recognise cultural bias. By seeking to understand and appreciate the diversity of cultures around the world, global citizens build bridges across cultural divides and foster greater respect and understanding between peoples.

■ Diversity

Students respect and value others, make people feel included, and recognise that diversity makes communities richer. By celebrating diversity, global citizens build stronger and more inclusive communities that foster understanding, empathy, and connection.

■ Social Justice

Students act as positive agents of change - aware of their privilege - and strive to promote equity for all through access and opportunity. By being champions of social justice, global citizens fight for the rights and dignity of all people, creating a more just and equitable world for everyone. By embracing all elements of the Global Citizenship Competency framework, Dulwich College Shanghai Puxi believes students will be well placed to be change-makers in the 21st century. They will **Live Worldwide**.

To-Do List for Parents on the College Applications Journey

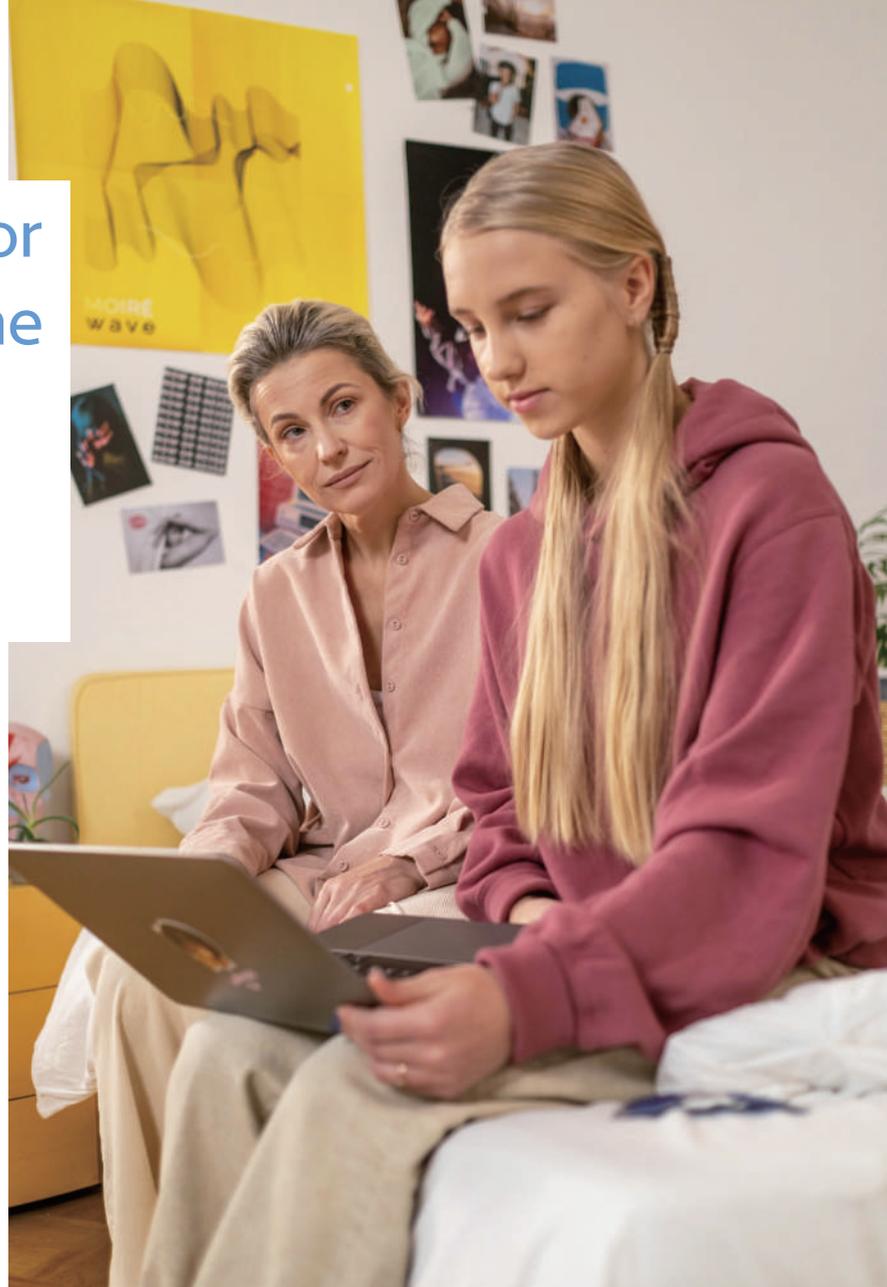
Positive actions to make the most of a busy time.

By Margie Chiang

As an education coach, I'm often asked by parents how they can support their children during the college application process for overseas studies. I've compiled a to-do list for parents to make the journey a well-paced marathon instead of a harried sprint.

I **Start Early.** In last year's School Directory, I wrote an article about students owning their awesomeness and steps to doing so in light of the college application process. My recommendation remains strong. Proactively plan activities. When it comes to timing, you are giving your child a longer runway to experiment if you start the discovery process at the onset of high school if not earlier in middle school.

Most vital is that whatever activity the student adopts is authentic to them. They really should love what they are doing and have the skill set to excel in the activity. The combination of both can inspire a



student to demonstrate leadership when working with other students and creativity as they deepen their interest. The intersection of their passion and skill is indicative of how they can contribute to our world, which colleges want to learn about from applicants.

For example, I have one student who loved to sing and rallied to lead his a capella club. He leveraged his singing ability and his a capella club members to raise awareness and funds for autism

through free performances, partnering with his hometown's autistic center.

Learning and seeing the therapeutic impact of music on children with autism, he delved into music therapy in practice and research, partnering again with the autism center to work with staff and children on bringing music into their daily lives.

Going from interest to execution was a two and a half year journey.

Given his growth due to the journey, he will be studying at New York University this fall as a psychology major. Thus, starting early gives your child the runway to experiment, lead and flourish.

2 Prep for Standardized Exams. Aim to reach your ideal scores by spring of the year of application, so that the remaining months before the early decision deadline in the fall can be focused on activities and application essays. SAT, ACT, and TOEFL preparation should start at least one year before the application year. Practice exams are essential. From my experience, strategic support from a testing institution is efficient as they can pinpoint areas to spend more time and effort on and create a study plan that helps to diminish the fear of taking standardized exams.

3 Practice Balance. The college application journey is one of self-discovery and to encourage self-reflection, it helps to practice balance.

Focusing all efforts on academics is not a winning formula for college

admissions or life as it's focused only on one facet of a student's life. To practice balance, a student, with their parents' support, must explore their interests in academics, community service, and personal passions.

4 Encourage Independence. It's important to encourage independence for your child's self-discovery on academic, community, and personal interests, which influences what they will want to study in college. After all, it's your child that is applying to college, not you. Let them take the lead on research into colleges and majors and be supportive with guidance when it comes to college visits during holidays as borders normalize. Keep the dialogue as a discussion instead of a didactic lecture. Kids will resonate with parents who approach with mindful advice and kind support.

5 Be Supportive. Admittedly, the college application season can be a stressful one.

Compassion in listening to kids' concerns and offering encouragement goes a long way. Often my

students share that their parents will compare them to other students in the hope of inspiring them to move forward. However, this approach deflates and increases stress while lowering self-confidence, which can prevent them from exerting effort on activities and essays.

So, to demonstrate authentic support, be present and positive with them.

6 Celebrate Milestones. This is a long journey, so celebrating milestones keeps morale high!

When certain milestones are reached, such as reaching a standardized testing goal, winning an academic competition, or earning service accolades, celebrate the successes! They can be as simple as a pat on the back, celebratory emojis messaged to them, or eating their favorite meal.

Regardless of what they are, the celebrations keep kids motivated throughout the journey.

I'm happy to share that my students have joined top 30 universities in the US and G5 in the UK, yet I'm most proud to share that they have arrived at a more robust understanding of who they are and how they will contribute to our world. **SF**

Margie Chiang is a partner at Joyview Education. As an education advisor, she integrates her leadership coaching experience and marketing savviness to coach middle and high school students on successfully navigating the college applications process and life.



Quick Compare

Schools	Area/District	Age Range	Tuition	IB	AP	A Level	IGCSE	Curriculum
Britannica International School, Shanghai	Minhang	Pre-Nursery to Year 13	¥210,940 - 304,550/year			✓	✓	English National Curriculum
Concordia International School Shanghai	Pudong	Preschool to Grade 12	¥226,000 - 303,000/year		✓			American Curriculum
Deutsche Schule Shanghai	Yangpu/ Qingpu	Preschool to Grade 12	Kindergarten: ¥150,600/year School: ¥ 204,600/year					German Curriculum
Dulwich College Shanghai Pudong	Pudong	Toddler to Year 13	¥120,200 - ¥340,100/year	✓			✓	English National Curriculum
Dulwich College Shanghai Puxi	Minhang	Toddler to Year 13	¥120,200 - ¥340,100/year	✓			✓	English National Curriculum
Harrow International School Shanghai	Pudong	18 months to 18 years	¥250,000- ¥340,000/year			✓	✓	Harrow Early Years Curriculum & English National Curriculum
Lycée Français de Shanghai (Shanghai French School)	Yangpu/ Qingpu	Kindergarten to Grade 12	¥107,760 - ¥185,890/year					National French Curriculum; 5 language streams
Nord Anglia International School, Pudong	Pudong	2 to 18 years	¥252,200 - ¥359,870/year	✓			✓	Early Years Foundation Stage & English National Curriculum
Shanghai American School (SAS)	Pudong/ Minhang	Pre-Kindergarten to Grade 12	¥260,500 to ¥316,800/year	✓	✓			American Core Curriculum
Shanghai Community International School (SCIS)	Changning/ Pudong	Nursery to Grade 12	¥131,000 - ¥293,000/year	PYP, MYP & DP				International Baccalaureate
Shanghai Hong Qiao International School (HQIS)	Changning	18 months to 18 years	¥173,500 - ¥247,800/year	PYP	✓			Emergent Curriculum; PYP Programme; American Curriculum
Shanghai Livingston American School	Changning	Nursery to Grade 12	¥127,450 - ¥211,260/year		✓			Common Core aligned California Curriculum
Shanghai Singapore International School (SSIS)	Minhang	2 to 18 years	¥185,000 - ¥280,000/year	IBDP			✓	Singapore-based Curriculum
Soong Ching Ling School International Division	Qingpu	Grades 1 to 12	¥140,000 - ¥200,000/year		✓			A curriculum following the US Common Core Standards & NGSS
The British International School Shanghai (BISS) Puxi	Minhang	2 to 18 years	¥252,200 - ¥359,870/year	✓			✓	English National Curriculum
Wellington College International Shanghai	Pudong	Nursery to Year 13	¥260,000 - ¥348,000/year	IBDP			✓	English EYFS curriculum, English National Curriculum
Western International School of Shanghai (WISS)	Qingpu	Pre-Nursery to Grade 12	¥170,500- ¥275,600/year	PYP, MYP, DP & CP				International Baccalaureate
Yew Chung International School of Shanghai (YCIS)	Changning/ Pudong	Kindergarten (K2) to Year 13	¥162,000 - ¥348,600/year	IBDP			✓	Internationalised English National Curriculum

Information is for reference only, please contact the school directly for detailed prices and policies

"We educate the whole child—intellectually, physically, emotionally, socially, and spiritually. Life success starts with Concordia."



Date founded	1998
Grade level	Preschool to Grade 12
Curriculum	American Curriculum with Advanced Placement
Languages taught	English, Mandarin, Spanish
School strengths	Academics, Athletics, Fine arts
Tuition	Preschool and Pre-Kindergarten: ¥226,000/year; Kindergarten to Grade 5: ¥289,000/year; Grade 6 to 8: ¥296,000/year; Grade 9 to 12: ¥303,000/year
Description	Concordia is located in Jinqiao's Green City, one of Shanghai's largest international communities. The school is recognized for its dedication to academic excellence and for providing well-developed sports, fine arts, cultural, and service learning programs. Our graduates go on to attend top colleges and universities around the world. At Concordia, we welcome the whole family and value parent participation. Our ever-growing and vibrant community provides the foundation for the entire family's success.



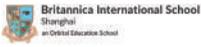
www.concordiashanghai.org

 **Email:**
admissions@concordiashanghai.org

 **Telephone:**
+86 (21) 5899 0380

 **Address:**
999 Mingyue Road, Jinqiao, Pudong New Area

 **WeChat:** ConcordiaSH协和
Admissions contact: Vina Peng



Britannica International School, Shanghai

上海不列颠英国外籍人员子女学校

"An inspiring place of learning focused on creating internationally-minded leaders of tomorrow, who are dedicated to realising their full potential through a supportive, collaborative, and inclusive international school community."



Date founded

2013

Grade level

Pre-Nursery to Year 13

Curriculum

English National Curriculum, IGCSE, and A-Level

Languages taught

English including EAL programme, French, Japanese, Korean, Mandarin, Spanish, Italian, and Hebrew

School strengths

Personalised education, co-curricular activities, location & facilities, world languages programme

Tuition

¥210,940 - 304,550/year

Description

Located in the heart of the city, Britannica International School, Shanghai delivers the English National Curriculum, adapted to meet the needs of international students from 2 to 18 years of age. We are British owned and led by experienced British education experts, with the vast majority of our teaching staff being native British teachers. Our personalised approach to teaching and learning makes us an excellent school choice for international families in Shanghai.



www.britannicashanghai.com



Email:

admissions@britannicashanghai.com



Telephone:

+86 (21) 6402 7889



Address:

1988 Gubei Road, Minhang District



WeChat:

britannica_shanghai



Britannica International School
Shanghai
an Orbital Education School



**“5 REASONS”
to Choose
Britannica**

Experience The Best of British Education

* Secondary Scholarship is Available for Application!



01

Personalised learning

Small-size classes to cater for each student's individual needs

02

Outstanding teaching & learning

Qualified and experienced British teaching staff

03

World language development

English, Mandarin, Japanese, Korean, Spanish, French, Italian and Hebrew

04

Ideal location

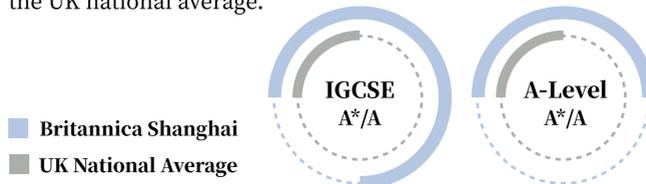
City center location
1988 Gubei Road
near Wuzhong Road

05

British National Curriculum

From Early Years to IGCSE and A Level
(2-18 years)

Britannica students achieved outstanding IGCSE and A Level results, significantly higher than the UK national average.



We are the only international school in Shanghai to have gained full accreditation from both COBIS and CIS.



Scan the QR Code
Find out more today



+86 21 6402 7889



Deutsche Schule Shanghai

上海德国外籍人员子女学校

"This world's largest German-speaking 'Excellent German School Abroad' with two Eurocampuses in Shanghai provides a welcoming culture and caring environment for our children to endeavor, experience, and discover the world and the universe together."



Date founded	1995
Grade level	Preschool to Grade 12
Curriculum	Deutsches Internationales Abitur (DIA), German curriculum with German international high school diploma
Languages taught	German, Mandarin, English, French, Spanish, Latin
School strengths	Children's holistic personality development, STEM-friendly School
Tuition	Nursery ¥163,200; Kindergarten: ¥150,600/year; School: ¥204,600/year; DaF (German as Foreign Language) Program ¥65,000/year
Description	The DIA is an internationally acclaimed college prep curriculum and diploma issued exclusively for German schools abroad. In kindergarten, the Berlin Education Program teaches health, social and cultural life, mathematics, art, nature, environment, technology and communication. The school has developed a curriculum for children to learn methods for analyzing, shaping, and developing their own learning experience. From 2022-23, a German language program is offered for those not at a sufficient level. The program is intensive classes with native speakers trained and certified in Germany. Afterwards, students are fully integrated into the regular German curriculum.



www.ds-shanghai.de

Email:
 admissions@ds-shanghai.de (general inquiries)
 info.yp@ds-shanghai.de (Yangpu campus)
 info.hq@ds-shanghai.de (Hongqiao campus)

Telephone:
 +86 (21) 6897 5508 ext. 355 (Yangpu campus)
 +86 (21) 3976 0555 ext. 355 (Hongqiao campus)

Address:
 758 Jiangwancheng Road, Yangpu District (Yangpu campus)
 350 Gaoguang Road, Qingpu District (Hongqiao campus)

Admissions contact:
 Mrs. Bi (Yangpu & Hongqiao campus)



Dulwich College Shanghai Pudong

上海德威外籍人员子女学校(浦东)

"Our students have the skills and motivation to make a positive difference in the world."



Date founded

2003

Grade level

Toddler to Year 13

Curriculum

English National Curriculum, IGCSE, and IB Diploma

Languages taught

English, Mandarin, French, German (from Year 7), Spanish

School strengths

Top academic results, Performing Arts, STEAM, Sports, Global Citizenship

Tuition

¥120,200 - ¥340,100/year

Description

Founded in 2003, Dulwich College Shanghai Pudong is recognised for its outstanding academics based on robust holistic education that prioritises student wellbeing. Dulwich Pudong IB students consistently achieve results significantly above the global average and have alumni matriculated at Oxbridge, Ivy League and other leading universities across the world. Extra-curricular activities range from music, sports, technology as well as opportunities in service, sustainability and leadership. 43 nationalities create a vibrant intercultural environment for students to develop a truly global outlook.



<https://shanghai-pudong.dulwich.org>



Email:

admissions.shanghaipudong@dulwich.org



Address:

Main campus: 266 Lan'an Road, Jinqiao, Pudong New Area
DUCKS campus: 425 Lan'an Road, Jinqiao, Pudong New Area



Telephone:

+86 (21) 3896 1200



Admissions contact:

Anna Nikonenko, Head of Admissions



Dulwich College Shanghai Puxi

上海德威外籍人员子女学校（浦西）

"We provide a truly holistic education that emphasises academic excellence coupled with a rich extracurricular programme. Our students Live Worldwide, and are leaders in sustainability and global citizenship"



Date founded	2016
Grade level	Toddler to Year 13
Curriculum	English National Curriculum, IGCSE and IB Diploma
Languages taught	English, Mandarin, Spanish
School strengths	Dulwich is academically selective and students are incredibly well supported by highly professional and caring teachers. The College is very green with state-of-the-art play and academic facilities, including an Olympic-size swimming pool and 500 seat theatre.
Tuition	¥120,200 - 340,100/year
Description	Dulwich College Shanghai Puxi offers an international education at its best, catering for families in the west of Shanghai who seek a world-class holistic education. Our curriculum is rigorously designed to ensure academic, physical, social, and emotional growth in each and every student. Our students uphold our College values at all times: Aim High. Work Hard. Be Kind and Respectful. Make a Difference.



www.shanghai-puxi.dulwich.org



Email:
admissions.shanghaipuxi@dulwich.org



Address:
2000 Qianpujing Road, Maqiao Minhang District



Telephone:
+86 (21) 3329 9310



Harrow International School Shanghai

上海哈罗外籍人员子女学校

"Educational Excellence for Life and Leadership"



Date founded

August 2016

Grade level

Harrow Cubs to Year 13 (18 months to 18 years)

Curriculum

Early Years follows the Harrow Early Years Curriculum (AHEYC). Pre-Prep and Prep are based on the English National Curriculum, culminating in IGCSE for Year 10 and Year 11; A Level at Sixth Form (Year 12 and Year 13)

Languages taught

English, Mandarin, Spanish

School strengths

450 years of Harrow heritage, tradition, and global excellence; Mandarin Core Curriculum; Leadership and Service Programme; Academic Excellence: 58% of grades achieved A* and 90% of grades achieved A/A* in A Level 2022; All school leavers were accepted by their first-choice university including Cambridge University; Unique learning opportunity for children aged between 18 months to 24 months at Harrow Cubs.

Tuition

¥250,000 - 340,000/year

Description

A Harrow Shanghai education is based on the same ethos and identity that has characterised a Harrow education in the UK for centuries and here you will find a school where the best of Western and Eastern traditions, history and heritage are seamlessly fused.



www.harrowshanghai.cn



Telephone:

+86 (21) 6881 8282 ext. 210/212



Address:

588 Gaoxi Road, Pudong New Area



WeChat:

HarrowSH哈罗上海

Facebook:

Harrow International School Shanghai



Lycée Français de Shanghai (Shanghai French School) 上海法国外籍人员子女学校

"Today in Shanghai
excellence for
everyone. Tomorrow
in the world, success
for all."



Date founded

1995

Grade level

Pre-Kindergarten to Grade 12 (2 years old to 18 years old)

Curriculum

National French Curriculum, French National Diploma (Baccalaureate) with International Options, four language streams. French language program for non-speakers that is fully integrated in the curriculum.

Languages taught

Three mandatory languages: French, English and Mandarin, German or Spanish from Grade 7. International language certifications (Cambridge and IGCSE in English, DELF in French, HSK in Chinese, Dele in Spanish, or Goethe exams in German). Shanghai French School is also a SAT center.

School strengths

Emphasis on plurilingualism, critical thinking, creativity, cultural immersion, academic rigor, European campuses shared with German school, international and diverse community, extra-curricular activities.

Tuition

¥107,760 - 185,890/year

Description

Lycée Français de Shanghai welcomes 1,300 students of 47 nationalities, aged 2 to 18. The school is proud to offer an excellent education combining high academic achievements, multilingual proficiency, integration of students from all backgrounds, arts and sports activities and differentiated learning adapted to all needs in a truly multicultural environment. It offers two campuses of 60,000 sqm with top facilities in Qingpu and Yangpu districts.



www.lyceeshanghai.com



Email:

inscriptions@lyceeshanghai.com
Online registration: <https://lfs.eduka.school/>



Telephone:

+86 (21) 3976 0555 ext. 501
+86 (21) 6897 6589 ext. 758



Address:

Qingpu campus: 350 Gaoguang Road, Qingpu District
Yangpu campus: 788 Jiangwancheng Road, Yangpu District

"You want your child to excel. So do we. Visit us today to see how we transform learning."



Date founded	2002
Grade level	Pre-nursery to Year 13 (2 to 18 years)
Curriculum	Early Years Foundation Stage, English National Curriculum, IGCSE, IB
Languages taught	English, Mandarin, French, German, Korean, Spanish
School strengths	International diversity, STEAM collaboration with MIT, and Juilliard-Nord Anglia Performing Arts Programme, high academic achievement, sports and after-school programmes, strong school community, ACT, YCT and HSK testing
Tuition	¥252,200 - 359,870/year
Description	At NAIS Pudong, we nurture every child to achieve academic success, enabling entry into the world's leading universities. Globally respected curricula are enhanced by collaborations with pre-eminent organisations such as Juilliard, MIT, and UNICEF to ensure that every child develops the skills and mindset needed to thrive in an ever changing world.



www.naispudong.com

 **Email:**
admissions@naispudong.com

 **Telephone:**
+86 (21) 5812 7455 ext. 1015

 **Address:**
2888 Junmin Road, Pudong New Area

 **WeChat:**
NAISPudong上海英国学校



Shanghai Community International School

上海长宁国际外籍人员子女学校

"To develop inquiring, knowledgeable, and caring learners who contribute positively to their communities."



Date founded

1996

Grade level

Nursery to Grade 12

Curriculum

International Baccalaureate - Primary Years Programme, Middle Years Programme & Diploma Programme

Languages taught

Primary Language Programmes: English. Additional Language: Mandarin, French, Spanish, Korean, and Dutch

School strengths

Rigorous academic programmes, Authorised IB Continuum World School, Expansive extra-curricular opportunities, Truly international and diverse community, Welcoming atmosphere, Holistic approach to education, Inquiry-based learning, Focus on student well-being, Differentiated learning, Student Support.

Tuition

¥131,000 - 293,000

Description



SCIS is an authorised IB Continuum World School with three campus locations spanning across Shanghai. SCIS offers a truly international experience, with an unparalleled community consisting of a diverse mix of outstanding teachers, students, and parents representing over 60 nationalities and cultures. SCIS leverages this unique community to provide a personalised approach to holistic education, ensuring all students have the opportunity to be successful, and develop as life-long learners.



www.scis-china.org



Email:

admissions@scis-china.org



Telephone:

+86 (21) 6261 4338 (HQ)

+86 (21) 6295 1222 (HQ ECE)

+86 (21) 5812 9888 (PD)



Address:

Hongqiao campus: 1161 Hongqiao Road, Changning District

Hongqiao ECE campus: 2212 Hongqiao Road, Changning District

Pudong campus: 198 Hengqiao Road, Zhoupu, Pudong New Area



WeChat:

SCIS-CHINA

The S2F2 & 8-Hour Film Challenge

Tomorrow's Filmmakers, Today

SCIS's soon-to-be Hollywood stars and filmmakers took home 10+ awards from Best Director to Best Horror/Thriller.

SCIS student filmmakers from both the Hongqiao and Pudong campuses were recently a part of the Shanghai Student Film Festival (S2F2), an opportunity for students to showcase their work in the world of film. Whether it's documenting a restaurant or directing a music video, S2F2 provides an authentic avenue for students to highlight their talent(s) in front of an audience.

This time, our Upper School students took part in an 8 Hour Film Festival, where they were challenged to create a short film at an undisclosed location in just one day. Through this intense challenge, our filmmakers not only presented their creativity, teamwork, persistence, and communication but even took home some significant hardware!

Congratulations to all SCIS students! Check out the list of the S2F2 2023 Genre and Technical awards. Go Dragons!

8-Hour Film Challenge

Non-IBDP

1st Place

"Forget Me Not" by Zazu Varnai, Hye-Wwon Moon, Tharran Balasubramanian, Gunit Rana, Minsol Kim



IBDP

3rd Place

"Shutter" by Ariel Pang, Bill Chu, Gui Boaro, Miguel Ortiz, Sarah Pang



Upper School Awards - Genre Awards

IB Final Exams

Highly Commended

"Cheers" by Nga Ching & Ariel Pang



Documentary

Highly Commended

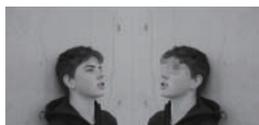
"Xin Wang - More Than Just a Restaurant" by Bonni Chan



Music Video

3rd Place

"United in Grief" by Jin Lee, Francis Gates, Leo Havgarde



Horror/Thriller

Highly Commended

"Stone Fruit" by Miguel Ortiz, Federico Cordischi, Sarah Pang, Tim Uchtmann



Upper School Awards - Technical Awards

Best Musical Score

1st Place

Bryan Lim "Cheers"

Best Sound Design

3rd Place

Bill Chu "Cheers"

Best Cinematography

2nd Place

Guilherme Boaro "and, Again"

Best Screenplay

2nd Place

Federico Cordischi "Stone Fruit"

Best Director

2nd Place

Nga Ching & Ariel Pang "Cheers"

Highly Commended

Bonni Chan "Xin Wang - More Than Just a Restaurant"

Best Actress

2nd Place

Sasha Cassidy "Cheers"

Best Actor

Highly Commended

Miguel Ortiz "Stone Fruit"

Middle School Awards - Genre Awards

Best Drama

1st Place

"Lost Phone" by Lloyd Nkuna, Ridhiman Gupta, Phiwa Nkuna, Aedan Pang

SCIS. Self-Directed Learners.



SHANGHAI AMERICAN SCHOOL

Shanghai American School (SAS)

上海美国外籍人员子女学校

"Since we think
we can, we can."



Date founded

1912

Grade level

Pre-K to Grade 12

Curriculum

We offer an American core curriculum, high school AP and IB diploma programmes as well as regular coursework.

Languages taught

English, Mandarin, French, Spanish

School strengths

Top reputation, extensive course offerings, university-level facilities at both Pudong and Puxi campuses, world-class educators (SAS faculty stay for an average of 5+ years), signature programs (Microcampus, Innovation Institute, TheEleven), 100+ clubs and activities, welcoming and truly global community

Tuition

Pre-K: ¥260,500; Elementary: ¥293,550/year; Middle: ¥300,900/year; High: ¥316,800/year

Description



Shanghai American School, one of Asia's most respected international schools, is the kind of school you wish you would've attended when you were a kid. Our academic curriculum (Pre-K3 to grade 12 and offering both AP Capstone and IB diplomas) helps our students go "from here to anywhere." We also have over 100 award-winning clubs, and trophy-collecting sports teams. And as a non-profit, all our revenue goes back into the school, resulting in two expansive campuses with many facilities that are at university level.



www.saschina.org



Email:

admissions@saschina.org

Book a tour :

<http://www.saschina.org/admissions/plan-a-visit>



Telephone:

+86 (21) 6221 1445 ext. 3305 (PD) 2152 (PX)



Address:

Pudong: 1600 Lingbai Road, Pudong New Area

Puxi: 258 Jinfeng Road, Minhang District



WeChat:

SASEagles

"Where Lifelong Learning Begins"



Date founded

1997

Grade level

Nursery to Grade 12 (18 months to 18 years old)

Curriculum

Emergent Curriculum (18 months – 3 years old), IB-PYP (3 – 12 years old), American Curriculum Standards (Common Core & AP, 12 – 18 years old)

Languages taught

Language of Instruction: English; Additional Language: Mandarin, Japanese, Korean, French

School strengths

First-class international education; 100% progression to top universities; Fully comprehensive K-12 curriculum; Small classes; Modern facilities and green design; College counseling; Located in cosmopolitan Gubei area

Tuition

¥173,500 – 247,800/year

Description



HQIS offers a balanced curriculum from nursery to high school based on IB PYP and AP, supported by personalized college and career counseling. There are built-in opportunities for students to develop themselves through student societies and service committees. The curriculum offers academic challenge, breadth, and modern skills. The campus has world-class facilities with a green school design. Students are encouraged to be guardians of the planet and ambassadors to the community, to lead with their hearts, achieve with their minds and grow in knowledge and skills. HQIS believes in inclusion, the development of character, identity, respect, and global leadership.



www.hqis.org



Email:

admissions@hqis.org



Telephone:

+86 (21) 6268 2074; +86 (21) 6268 9773



Address:

218 South Yili Road, Changning District



WeChat:

RBIS-HQIS



Shanghai Livingston American School

上海李文斯顿美国外籍人员子女学校

"The mission of Shanghai Livingston American School is to prepare students for academic and personal success."



Date founded
New for 2023

2003
SLAS has been providing an excellence in education for over 19 years. They have installed new cutting-edge equipment in the primary years computer lab and added several online learning platforms for students. SLAS has adopted the latest Next Generation Science Standards (NGSS) to ensure students are receiving the most up to date material.

Grade level
Curriculum

Nursery to Grade 12
Common Core aligned California Curriculum with Advanced Placement (AP) accredited by WASC

Languages taught
School strengths

English, Japanese, Mandarin, Spanish
Small class size, location, financial aid available, dedicated service

Tuition
Description

¥127,450 - 211,260
With instruction and activities guided through four core values (proficient communicator, confident individual, creative thinker, compassionate citizen), Shanghai Livingston American School (SLAS) creates an environment of enquiry set against American culture fused with an international perspective, resulting in students receiving an education that prepares them for academic and personal success as global citizens.



www.laschina.org

Email:
info@laschina.org
Telephone:
+86 (21) 6238 3511

Address:
580 Ganxi Road, Changning District
Admissions contact:
Carlton Lamb



SHANGHAI SINGAPORE
INTERNATIONAL SCHOOL
上海新加坡外籍人员子女学校

Shanghai Singapore International School (SSIS)

上海新加坡外籍人员子女学校

Date founded	1996
Grade level	2-18 years old
Curriculum	Singapore-based curriculum, CLSP, IGCSE, IBDP
Languages taught	English, Mandarin
School strengths	Seamless K-12 journey including: rigorous primary Singapore math and science curriculum, intensive English Language Acquisition (ELA) programme for second language learners, unique Chinese language and culture programme, sports such as golf and swimming, STEAM interdisciplinary learning, university guidance counselling, extensive afterschool activities.
Tuition	¥185,000 - ¥280,000/year
Description	With over 26 years of educational excellence, SSIS creates pathways for students to be successful in every aspect of their development. They provide a disciplined and rigorous learning environment, and believe in the holistic development of a resourceful, confident, and independent learner.



www.ssis.asia

Email:
admission@sis.asia

Telephone:
+86 (21) 6221 4321

Address:
301 Zhujian Road, Minhang District



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Instagram



Shanghai
Family

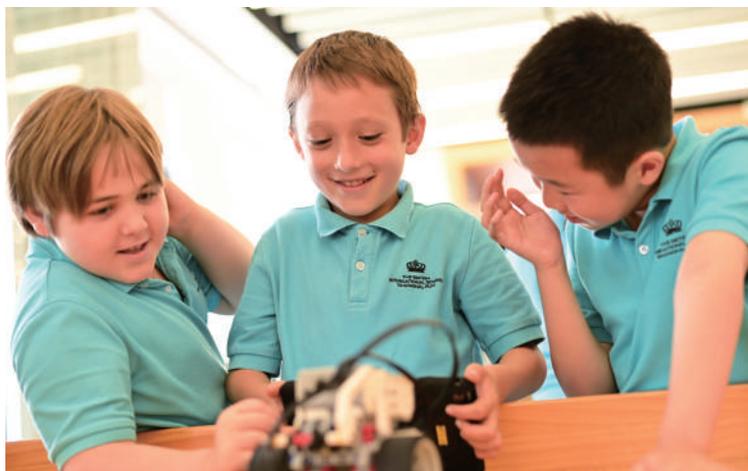
Parents & Kids
SHANGHAI

虎媽牛娃
HUMANIUWA



The British International School Shanghai (BISS) Puxi 上海英国外籍人员子女学校 (浦西校区)

"Our students are the best testimony to our school's success. We take great pride in their achievements and in supporting them all to be the best that they can be."



Date founded

2004

Grade level

Pre-Nursery to Year 13 (2 years to 18 years)

Curriculum

English National Curriculum, IGCSE and IB, and an integrated Shanghai Dutch School

Languages taught

English including EAL programme, French, Korean, Mandarin, Spanish, German

School strengths

Academic results, learning philosophy, sports, more than 140 extra-curricular and professional coaching activities, collaborative partnerships with Juilliard and MIT

Tuition

¥252,200 - 359,870/year

Description



CAMBRIDGE
International Examinations
Cambridge International School

The British International School Shanghai boasts academic standards that are second to none and a curriculum as rich as it is broad. The school prides itself on offering students of over 60 different nationalities the opportunity to perform at their very best, both academically as well as in arts and sports. Following the UK national curriculum from Early Years through to (I)GCSE and on to the International Baccalaureate, the British International School Shanghai has a long pedigree of academic excellence that enables our students to enter the finest universities around the world.



www.bisspuxi.com



Email:

bpx.admissions@bisspuxi.com



Address:

111 Jinguang Road, Huacao Town, Minhang District



Telephone:

+86 (21) 6221 7542



WeChat:

BISSPuxi | 上海英国学校



THE BRITISH INTERNATIONAL SCHOOL
SHANGHAI, PUXI

A NORD ANGLIA EDUCATION SCHOOL

CREATE YOUR FUTURE

At The British International School Shanghai, Puxi, your child will leave our school with everything they need for success – whatever they choose to be or do in life. For over 15 years, our students have achieved the best scores and attended top universities in the world, benefiting from outstanding teaching and collaborations with world leaders such as MIT, Juilliard, and UNICEF.

Contact us today.



Email : BPX.admissions@bisspuxi.com

Tel: +86 021 62217542



NORD A



Soong Ching Ling School International Division 宋庆龄学校国际部

"Give Children the Most
Valuable Things."



Date founded	2008
Grade level	Grades 1 to 12
Curriculum	The school is grounded in a curriculum that follows the United States Common Core Standards and the Next Generation Science Standards. Accelerated courses offered in high school are the Advanced Placement programme (AP).
Languages taught	English, Mandarin, French, and Spanish
School strengths	The school is an authorized "AP Capstone Diploma Program" and a designated AP & SAT Test Center by the College Board. The curriculum is supplemented by ongoing relationships with Wake Forest University and UCLA. There is an expansive extra-curricular programme in a diverse community, and the specific needs of each student is paramount.
Tuition	Grades 1 to 5: ¥140,000/year, Grades 6 to 8: ¥180,000/year, Grades 9 to 12: ¥200,000/year
Description	Soong Ching Ling School seeks to create a respectful and accepting community of diverse cultures, with students coming from 36 countries and regions. The school grooms students to develop their own personalities with a sense of global awareness, all in a global campus environment.



www.soongchinglingschool.org



Email:
admission.center@scls-sh.org



Address:
2 Yehui Road, Zhaoxiang, Qingpu District



Telephone:
+86 (21) 6975 6301 ext.8002



WeChat: scl-school
Admissions contact: Aurora Gao



WELLINGTON COLLEGE
INTERNATIONAL
SHANGHAI

Wellington College International Shanghai

上海惠灵顿外籍人员子女学校

"We aspire for academic excellence within a caring, international community, developing well-rounded individuals with strong values and skills to thrive in a global society."



Date founded

2014

Grade level

Pre-Nursery to Year 13

Curriculum

2 to 5 years old: English EYFS curriculum; 6 to 14 years old: English National Curriculum; 14 to 16 years old: IGCSE; 16 to 18 years old: IBDP

Languages taught

English, French, Mandarin, Spanish

School strengths

Academic excellence, Extensive enrichment programme, Global reputation, Daily Mandarin provision, World class facilities

Tuition

¥260,000 - ¥348,000/year (2022-2023)

Description

Opened in August 2014 and located in the New Bund area, Wellington College International Shanghai is a fully co-educational day school with over 1,500 pupils, aged 2 to 18 years old. Consistent with the ethos of its prestigious partner in the UK, the College seeks to develop the 'Wellington Identity' in every child. Wellingtonians are encouraged to be Inspired, Intellectual, Independent, Individual, and Inclusive. Boasting a state-of-the-art campus, Wellington has built a vibrant community where all pupils strive to achieve academic excellence and engage in a comprehensive range of opportunities in music, performing arts, and sports.



shanghai.wellingtoncollege.cn



Email:

admissions.shanghai@wellingtoncollege.cn



Telephone:

+86 (21) 5185 3885



Address:

Wellington: 1500 Yaolong Road, Pudong New Area

Early Years Centre: 195 Tongwan Road, Pudong New Area



WeChat:

WellingtonCollegeSH



Western International School of Shanghai
上海西华外籍人员子女学校

Western International School of Shanghai (WISS)

上海西华外籍人员子女学校

"At the Western International School of Shanghai (WISS), each student can achieve greatness by engaging in the Four Pillars of the WISS Education: Academics, Sports, Arts, and Community Service."



Date founded

2006

Grade level

Pre-Nursery to Grade 12 (Early Years, Primary School, and Secondary School)

Curriculum

IB World School - International Baccalaureate (IB) Programme including PYP, MYP, DP, CP.

Languages taught

English, Mandarin, German, Korean, Spanish

School strengths

International Curriculum. **Balanced Education:** Academics, Sports, Arts, and Community Service. **Career-Related Programme:** Aeronautics, Design, Management and Sustainability, and Sports. **Outdoor Learning. Student-teacher ratio:** 5:1

Tuition

¥170,500 - 275,600/year (Early Bird: ¥161,975 - 261,820/year)

Description



WISS is a leading international school, providing a world-class education. Committed to student-centered learning, WISS offers a dynamic and innovative curriculum to prepare students for success in a globalized world. From its state-of-the-art facilities to its experienced faculty, WISS is dedicated to inspiring students to reach their full potential. A WISS education rests on four pillars: **Academics, Sports, Arts, and Community Service.** The curriculum offers a robust but balanced academic programme. As the only full continuum International Baccalaureate World School in China's mainland, WISS offers the Primary Years, Middle Years, Diploma, and Career-related Programmes.



www.wiss.cn



Email:

enquiry@wiss.cn



Telephone:

+86 (21) 6976 6015 (English)

+86 (21) 6976 6013 (Chinese)



Address:

555 Lianmin Road, Xujing Town, Qingpu District



Admissions contact:

Bei Lei Tang / Wai Ling Chiew

Yew Chung International School of Shanghai (YCIS)

上海耀中外籍人員子女學校

"We offer an education characterised by a multicultural and bilingual learning environment, with an emphasis on academic excellence, equipping students with the tools necessary for their future success."



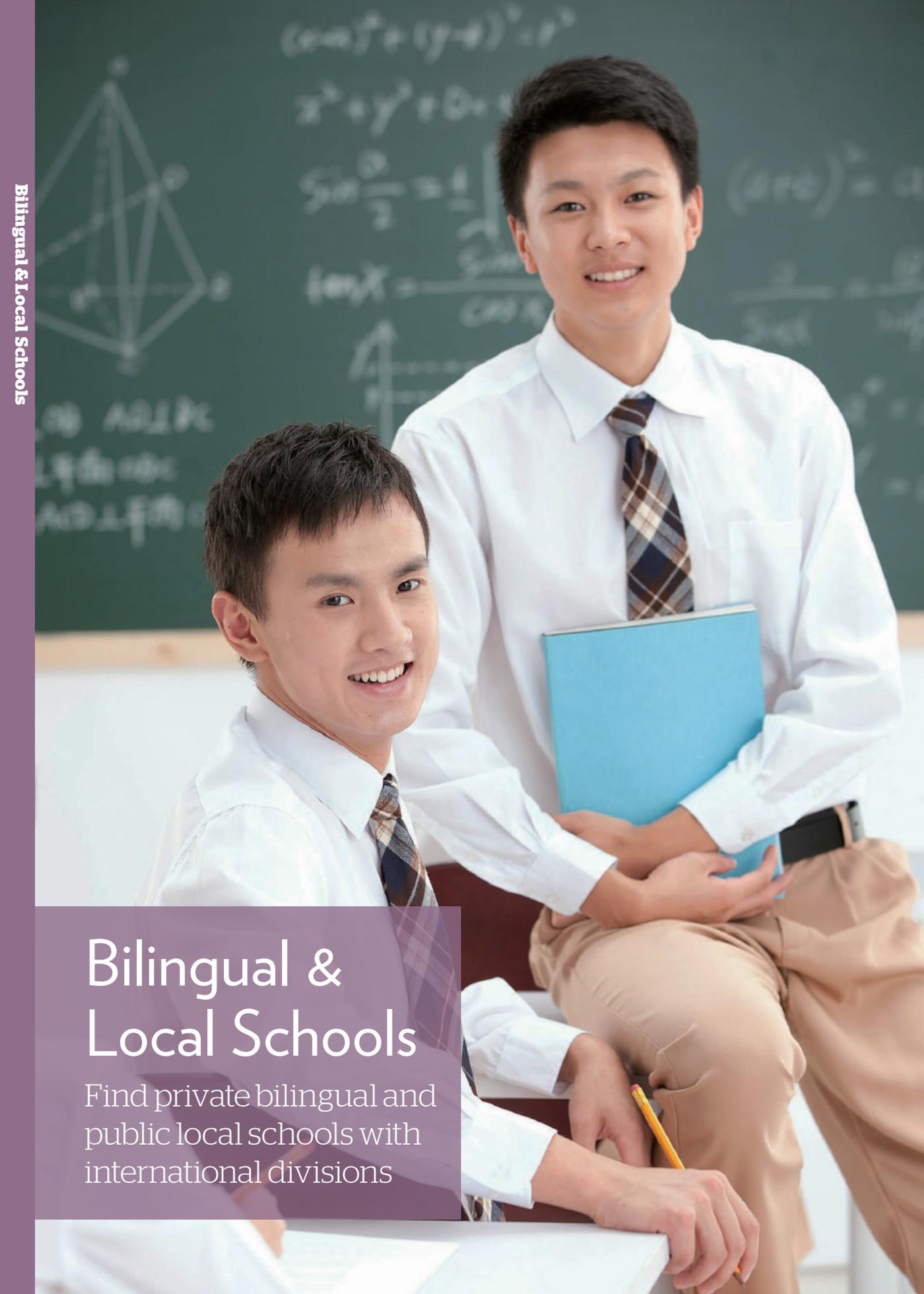
Date founded	Founded in Hong Kong in 1932, established in Shanghai in 1993
Grade level	Kindergarten (K2) to Year 13
Curriculum	Internationalised English National Curriculum, IGCSE, IBDP
Languages taught	English, Mandarin, Spanish (in Secondary school)
School strengths	Chinese Language & Culture, Placement at top global universities, Academics, Music, Art, Co-Curricular Activities, Sports
Tuition	¥162,000 - ¥348,600 (2023/2024)
Description	YCIS Shanghai was the first independent international school in Shanghai officially recognised by, and registered with, the Chinese government. It is also the only school in all of Asia to have received the Cambridge Award for Excellence in Education. Renowned for its unique multicultural and bilingual approach to education, YCIS has a special focus on students learning both English and Mandarin at a high level. YCIS has six campuses in prime locations in both Puxi and Pudong, with their new, award-winning Early Childhood Education (Ronghua) Campus having opened in 2018 for children ages 2-5. YCIS students consistently earn Top in World, Top in China, and High Achievement awards on their IGCSE examinations, achieve outstanding IB results, and go on to matriculate at the world's top universities. YCIS's international education develops caring, well-rounded, global citizens.



www.ycis-sh.com

-  **Email:**
sh.enquiry@ycis.com
-  **Telephone:**
+86 (21) 2226 7666
-  **WeChat:**
YCISshanghai

-  **Address:**
Puxi Ronghua Campus (ages 2-6): 59 West Ronghua Avenue
Puxi Hongqiao Campus (ages 6-11): 11 Shuicheng Road
Puxi Gubei Campus (ages 11-18): 18 West Ronghua Avenue
Pudong Regency Park (ages 2-9): 1817 Huamu Road
Pudong Century Park Campus (ages 9-18): 1433 Dongxiu Road
Lingang Campus (ages 2-8): 1 Yinlian Road

A photograph of two young men in school uniforms sitting in a classroom. The man in the foreground is smiling and looking towards the camera, holding a yellow pencil. The man behind him is also smiling and holding a blue folder. The background is a chalkboard with mathematical equations and a geometric diagram.

Bilingual & Local Schools

Find private bilingual and public local schools with international divisions



Permission to Fail

The power of a growth mindset over perfectionism.

By Nicki Leaper

Failure is often something that's frowned upon. And we're often hardest on ourselves, beating ourselves up for the smallest slip.

When we're afraid of failure, we become rigid and inflexible. Our thinking becomes black and white: this is right and that is wrong. We avoid interesting and exciting challenges because anything that has an uncertain outcome is a no-go zone. Fear of failure also limits our creativity, as we won't risk putting anything out there that might invite criticism. We don't share our thoughts and talents, we keep ourselves small. And we procrastinate, putting off taking the first step on things we really care about for fear of making a misstep.

But what if we accepted that a 'FAIL' was actually a First Attempt In Learning? Not a bad thing at all. In fact, a step in the right direction.

Professor Carol Dweck's research into 'growth mindset' fundamentally changed educational philosophy. A fixed mindset has us believing that we're either good at something or we're not, and if we're not, then we shouldn't even bother trying.

When we adopt a growth mindset we realise that failure is an opportunity to grow. With a growth mindset, our self-esteem is built on the belief that our abilities can be developed through dedication and hard work. It's about learning to fail well. Taking each failure as

an opportunity to reflect and learn. Knowing that learning from failure is what leads to eventual success.

Striving to be your best

Shirzad Chamine, author of *Positive Intelligence*, details how perfectionism is a strength (high standards, self-disciplined, a desire for order). It's just a strength that you've pushed too far, to the point that it now actually damages your mental fitness and health.

So what's the shift that needs to be made? What's the difference between striving to be your best and wanting to be perfect?

The simplest explanation I have come across is: Perfectionism is about the fear of failure, while striving to be your best is about the urge for success.

Perfectionism is other focussed. "What will 'they' think?" It's about avoiding the pain of judgement and blame. It's about trying to earn approval and acceptance and trying to manage other people's perceptions is both impossible and exhausting.

Striving to be your best is 'self' focused. It's about healthy achievement and growth. "What can I learn? How can I improve?" Striving to be your best requires courage, connection, creativity and hard work, to extend yourself to reach your full potential. It allows you to celebrate the small wins along the way and to treat yourself with compassion, whether the goal is met or not. As Brené Brown says, "It's giving yourself credit for getting out there and trying at all". **SE**

Quick Compare

School	Area/District	Age Range	Tuition	IB	AP	A Level	IGCSE	Curriculum
Huili School Shanghai	Pudong	Grades 1 - 12 (Grades 1- 10, 2022-2023)	Refer to School's Website	IBDP			✓	Chinese National Curriculum; international curriculum frameworks
Living Word Shanghai	Minhang	Grades 1 to 12	¥116,000-¥144,000/year		✓			Shanghai National Curriculum; American Curriculum, Instruction Languages
Nord Anglia Chinese International School Shanghai	Minhang	Grades 1 to 12	¥154,000-¥240,000/year	IBDP				Shanghai National Curriculum integrated with international elements
North America International School	Minhang	Foundation - G12	¥178,000/year		✓	✓	✓	Elite Course, Art course, Music Course, PE Course
Shanghai Gold Apple School	Pudong	2 years - Grade 12	¥108,000-¥128,000/year					Chinese Curriculum K12, American Curriculum K12, Cambridge Curriculum K12
Shanghai Liaoyuan Bilingual School (LYBS)	Minhang	Grades 1 to 12	International High School: ¥172,000/year	IB PYP, IB MYP	✓			Chinese National Curriculum, Canadian Ontario High School Curriculum, US High School Curriculum
Shanghai Pudong Dongding Foreign Language School	Pudong	Grades 1 to 12	¥106,000-¥176,000/year		✓	✓	✓	Compulsory Education Course
Shanghai Qibao Dwight High School	Minhang	Grades 10 to 12	¥164,000/year	✓	✓	✓	✓	Chinese National Curriculum, International Curricula
Shanghai SMIC Private School	Pudong	Kindergarten to Grade 12	¥31,500 - ¥74,400/semester		✓			Chinese curriculum for Chinese track
Vanke DTD Primary & Middle Schools	Minhang/Pudong	Grades 1 to 12	¥65,000-¥104,000/semester	✓	✓	✓	✓	National Curriculum, Bilingual Curriculum
Yew Wah International Education School (Lingang Campus)	Pudong	Grades 1 to 13	¥152,000-¥255,000/year			✓	✓	Integrated Curriculum

Information is for reference only, please contact the school directly for detailed prices and policies



美高学校·上海
LIVING WORD SHANGHAI

Living Word Shanghai 上海美高双语学校

"Living Word Shanghai cultivates future leaders through our focus on: integrity, good living, and learning habits, and instilling international values."



Date founded

September 2014

Grade levels

Grades 1 to 12

Curriculum

Grade 1 to 9: Shanghai National Curriculum integrated with international curriculum; Grade 10-12: American High School Curriculum, AP Courses

Languages taught

English, Mandarin

School strengths

Infusion of multicultural and international elements, six world language programs, 17 AP courses, Cognia accredited

Tuition

Primary School: ¥116,000/year; Secondary School: ¥124,000/year; High School: ¥144,000/year

Description

Living Word Shanghai offers international quality education in grades 1-12. The school has its own College Application Centre. The aim of the school is to train kids aged 6-18, and to create high-quality bilingual students with an international perspective.



<http://lw-school.org> (Primary School, Middle School)
<http://www.lwshanghai.org> (High School)



Email:

admissions@lwchina.org



Telephone:

+86 (21) 6296 8877

(Primary School, Middle School)

+86 (21) 5237 1000 (High School)



Address:

Primary School, Middle School: 688 Jiyou Road, Huacao Town, Minhang District

High School: 1250 Beisong Road, Minhang District



诺德安达双语学校上海闵行区
NACIS SHANGHAI

"Learning at NACIS Shanghai will be a creative, challenging and rewarding experience for your child. They will be inspired to be personally, socially and academically ambitious."



NACIS SHANGHAI

上海闵行区诺德安达双语学校



Date founded	September 2016
Grade level	Grades 1 to 12
Curriculum	Grade 1 to 9: Shanghai National Curriculum integrated with international elements Grade 10 to 12: International Baccalaureate Diploma Programme
Languages taught	Mandarin, English
School strengths	Global Campus - Unique international opportunities, Juilliard-Nord Anglia Performing Arts Programme, The MIT- Nord Anglia STEAM Programme, United Nations UNICEF Student Summit
Tuition	Grade 1 to 5: ¥154,000/year; Grade 6 to 9: ¥180,000/year; Grade 10 to 12: ¥240,000/year
Description	NACIS SHANGHAI caters to students from age 6 to 18 years and is an authorized IB World School for the International Baccalaureate Diploma Programme. The phase two campus has been officially put into use in September 2020, which can provide advanced educational facilities and diversified teaching environments for 3,770 students. The NACIS curriculum delivers the fundamental learning objectives of the Shanghai National Curriculum integrated with international elements through the medium of Mandarin Chinese and English. Our performing arts programme is developed in collaboration with the Juilliard School and STEAM programme in collaboration with MIT. The school offers the best of Chinese and international learning styles and the experience of leading educators to provide a distinctive global education programme for students.

www.nacisminhang.cn



Email:
apply@nacis.cn



Address:
1399 Jinhui Road, Minhang District



Telephone:
+86 (21) 2403 8800



Shanghai Gold Apple School

上海市民办金苹果学校

"Responsibility,
Generosity, Excellence"



Date founded	2000
Grade level	2 years to Grade 12
Curriculum	Chinese Curriculum K12, American Curriculum K12, Cambridge Curriculum K12
Languages taught	English, Spanish, Korean, Mandarin
School strengths	Kindergarten: Bilingual teaching and artistic enlightenment. Primary: Barrier-free spoken English. Learn at least one artistic specialty and achieve supra-national standard in physical fitness. Secondary: Achievement Certificate, Physical Ability Certificate, and Bilingual Speech Certificate. Personalized career planning, university guidance.
Tuition	International Department: Grade 1 to 8: ¥108,000/year, Grade 9 to 12: ¥128,000/year
Description	Shanghai Gold Apple School adheres to the core values of "Responsibility, Generosity, Excellence." With "Respect for differences, build suitable education for students", it aims to be a brand school with "strong personality, excellent features and high degree of internationalization." The school has achieved notable successes, its personalised and featured education has a great influence and popularity in Shanghai and the whole country.



www.jinpingguo.com.cn

 **Email:**
zb@jinpingguo.com

 **Telephone:**
139 1610 9794

 **Address:**
1555, Jufeng Road, Pudong New Area

 **WeChat:**
SGAS-INTERNATIONAL



Shanghai Liaoyuan Bilingual School (LYBS)

上海市燎原双语学校

"Focusing on Holistic Education to Guide Lifelong Learning!"



Date founded

1992

Grade level

Grade 1 to Grade 12

Curriculum

Chinese National Curriculum; Ontario Secondary School Diploma (Canada); US High School Certificate; Advanced Placement (AP) options; A-Level Programme; IB Diploma Programme

Languages taught

Mandarin, English, Japanese, Spanish, French, German

School strengths

LYBS is an IB continuum world school (PYP, MYP, DP) offering a dual-track system in a bilingual learning environment supported by a multi-cultural faculty and providing a variety of graduation pathways based on personalized education solutions.

Tuition

SY2022-2023: Primary School: Bilingual Classes: ¥7,750/semester, Intergrated: ¥38,250/semester; Middle School: Bilingual Classes: ¥2,750/semester, Intergrated: ¥33,250/semester; International High School: ¥172,000/year, SY2023-2024 fees to be confirmed.

Description



LYBS is an IB continuum world school with an uninterrupted history of nearly 30 years, offering high quality education for students aged 6 to 18. The school's mission is to provide holistic, bilingual education that supports cultural diversity, beliefs and values, and develops the whole child to become a successful global citizen and lifelong learner.



www.liaoyuanedu.org



Email:

admissions@liaoyuanedu.org



Address:

150 Pingyang Road, Minhang District



Telephone:

+86 (21) 6480 6128



上海浦东新区民办东鼎外国语学校
Shanghai Pudong Dongding Foreign Language School

Shanghai Pudong Dongding Foreign Language School

上海浦东新区民办东鼎外国语学校

"Bilingual, Multicultural,
Intelligent and Talented
Chinese facing the
world with confidence"



Date founded	2000
Grade level	Grade 1 to Grade 12
Curriculum	Compulsory Chinese Education Course, IGCSE, A-Level, AP
Languages taught	Mandarin and English
School strengths	Based on the premise of respecting the development of students' individuality, making use of scientifically developed courses as our guide, featuring sports, art, science, technology, and bilingualism to promote the diversified development of students.
Tuition	Primary School: ¥106,000/year; Middle School: ¥114,000/year; High School: ¥176,000/year
Description	Shanghai Pudong New Area Private Dongding Foreign Language School, formerly the Second Foreign Language School Affiliated to Shanghai Normal University, was founded in 2000. Located in the center of Disneyland, Pudong International Airport and Lingang New Area of Shanghai Free Trade Zone, it is a 12-year private bilingual school with high standards. The school covers an area of nearly 200 mu, with a building area of 200,000 sqm. The school now has a primary school, a middle school, a domestic high school and an international high school. In line with the school spirit of "unremitting self-improvement and the pursuit of excellence", the school provides suitable education for every student. With the construction of "beautiful campus, efficient classroom, humane teachers, five classes of curriculum, courteous youth, smart parents" as the starting point, it pays attention to the lifelong development of every child. The school advocates the concept of "touching life with education", so that every Dongding students can have an international perspective, and become an "independent personality, unique personality, be the host, be the creator" of the new era of teenagers.

<http://www.2ndfls.com>



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maggixiao@2ndfls.com blairzhao@2ndfls.com



Address:
699 Guanhai Road, Pudong New Area



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+86 (21) 6800 1159; +86 (21) 6800 1257



Shanghai Qibao Dwight High School

上海七宝德怀特高级中学

"To lay a beautiful foundation for life by igniting the spark of genius in every student."



Date founded	2014
Grade level	Grades 10 to 12
Curriculum	IB, Cambridge (IGCSE and A-level), AP online, Chinese National Curriculum
Languages taught	English, Mandarin Chinese, Japanese, Spanish, French, German
School strengths	Excellent academics and university placement with curricular offerings including more than 36 IBDP courses. All five graduating classes have had students achieve IBDP 45/45 (8 in total since 2017) and 94% of 2021 graduates were accepted to top-tier global universities. Our network of six Dwight Schools (New York, London, Seoul, Shanghai, Dubai, and Global Online) offer students a wide range of academic choices, enriching extracurricular activities, and cross-campus exchange opportunities unique to Dwight.
Tuition	¥164,000/year (tuition does not increase for individual students once they enroll)
Description	Shanghai Qibao Dwight High School, the first independent, Sino-U.S. cooperatively-run high school approved by the Ministry of Education in China, integrates the best of Eastern and Western education. Accredited by WASC and a member of EARCOS and ECIS, we create a learning environment that fosters the development of innovative, globally-minded leaders.



www.qibaodwight.org



Email:
admissions@qibaodwight.org



Address:
3233 Hongxin Road, Minhang District



Telephone:
+86 (21) 3490 9939; +86 (21) 5485 5649



Admissions Contact:
Bailey Wu Yingying, Robbie Shields, Rafael Katz



Shanghai SMIC Private School

上海市民办中芯学校

"SMIC's heart and soul is a partnership with families and community to provide positive, student-centered education that balances academic excellence with physical, social, and emotional well-being."



Date founded	2001
Grade level	Kindergarten to Grade 12
Curriculum	American-based curriculum with AP courses for SMIC-I; Chinese curriculum for Chinese track
Languages taught	English, Mandarin, French, Spanish
School strengths	WASC accreditation for SMIC-I, AP courses, bilingual education, athletics, character education
Tuition	SMIC-I: K-G3: ¥64,800/semester; G4-G5: ¥66,000/semester; G6-G8: ¥69,600/semester; G9-G12: ¥74,400/semester Chinese Track: G1-G5: ¥31,500/semester; G6-G9: ¥35,000/semester; G10-G12: ¥60,000/semester

Description



Founded by SMIC, China's largest semiconductor company, the school has over 2,300 students taught by a faculty of over 300, half of whom are experienced foreign teachers. In addition to the bilingual kindergarten programme, Grades K to 12 students may apply to SMIC-I or the Chinese track upon meeting admissions criteria. The school believes in the holistic development of individuals through a variety of curricular and extracurricular activities.



www.smicschool.com



Email:
mhs_info@smicschool.com
es_info@smicschool.com



Address:
Middle & High School: 169 Qingtong Road, Pudong New Area
Elementary School: No. 3, Lane 19, Qingtong Road Pudong New Area



Telephone:
+86 (21) 2033 2588



Admissions Contact:
admissions@smicschool.com



Vanke DTD Primary and Middle Schools

万科德英乐中小学

"Develop Global Vision,
Inspire Unlimited
Potential,
To Foster Chinese
Talents to Stand Out in
the World."



Date founded	1996
Grade level	Grades 1 to 12
Curriculum	Chinese National Curriculum, Bilingual Curriculum, IGCSE, A-level, IBDP, IBCP
Languages taught	English, Mandarin
Tuition	Primary: ¥65,000-72,000/semester; Junior Secondary: ¥69,000-76,000/semester; High School: ¥89,000-104,000/semester
School strengths	Strong support system, Small class size, Bilingual environment, K-12 Education system, International high school qualifications
Description	DTD education is an educational brand owned by Vanke. With the support of Vanke, DTD has been able to develop quickly and now provides a breadth of exceptional K-12 education services to customers. DTD Schools strive to deliver quality education with an international focus in all our school and educational programmes. As of March 2023, DTD Education offers education through 14 schools and kindergartens. DTD currently cares for more than 6,000 students and has the capacity to offer 10,000 places for students to learn at their schools and kindergartens.



<http://www.dtd-edu.cn>

Email:
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adm-vsp@dtd-edu.cn(VSP)
admission.mhhs@dtd-edu.cn(SDA)

Telephone:
+86 (21) 6459 9759 (VKBS)
+86 (21) 3463 3623 (VSP)
+86 150 2119 2850 (SDA)
+86 181 1719 8864 (VSP High School)

Address:
Vanke Bilingual School (VKBS):
3568 Qixin Road, Minhang District
Vanke School, Pudong (VSP):
Lane 1700, 2-4 Kangqiao Road, Pudong New Area
Shanghai DTD Academy (SDA):
595 Wubao Road, Minhang District

"Diligence, Frugality,
Humility, Faithfulness"



Date founded	2015
Grade level	Grade 1 to Grade 12
Curriculum	Primary Programme (Grade 1 to 5): Integrated Curriculum; Lower Secondary Programme (Grade 6 to 9): Integrated Curriculum; Upper Secondary (Grade 9 to 12): IGCSE & A Level. YWIES creates an authentic international atmosphere and learning environment in China's mainland through its comprehensive programme with a team of professional expatriate teachers and advanced education philosophies.
Languages taught	Mandarin, English
School strengths	Holistic education, character education, lifelong learning, all-round English, overseas learning, art and music programme.
Tuition	Primary: ¥152,000/year, Lower Secondary: ¥162,000/year Upper Secondary: ¥245,000/year (IGCSE), ¥255,000/year (A Level)
Description	YWIES focuses on bilingual teaching and has considerable experience in teaching English and Chinese as second languages. The school has a strong team of professional Chinese and expatriate teachers, who work together to implement a new pedagogy that brings international education to the new generation of China. YWIES students can apply for admissions to overseas schools at any level of study through the unique integrated curriculum.

www.ywies-shpd.com



Email:
enquiry.shpd@ywies.com



Telephone:
400 021 0042
+86 (21) 6118 0809



Address:
2 Yinlian Road, Nanhui New Town, Pudong New Area,
Shanghai, 201306



Huili School Shanghai

上海浦东新区民办惠立学校

Date founded	August 2018
Grade level	Grade 1 - 12 (Grade 1- 11, 2023-2024)
Curriculum	Primary and Junior High: Chinese National Curriculum; High School: IGCSE. Huili is a Candidate School for the IBDP and pursuing authorization as an IB World School. The overall curricula is a bilingual immersion environment coupled with the Huili Identities, Values, and Wellington's holistic approach.
Languages taught	Mandarin, English, Spanish
School strengths	Bilingual immersion, holistic education, pastoral care, and well-being programme
Tuition	Refer to the school's website
Description	Huili is a member of the Wellington College family. Located in Pudong's New Bund, it is a world-class and purpose-built school, equipped with staff and facilities to provide the best academic and co-curricular opportunities. The academic team comprises highly skilled international and Chinese leaders and teachers committed to delivering Huili curriculum's vision of holistic bilingual education.

shanghai.huilieducation.cn



Email:
admissions.hss@huilieducation.cn



Address:
235 Linyao Road, Pudong New Area



Telephone:
+86 (21) 3177 5080



上海诺美学校
North America International School

North America International School

上海诺美学校

Date founded	2017
Grade level	Foundation to Grade 12
Curriculum	Dual channel +4 special courses: IGCSE Foundation, American Curriculum & AP, IGCSE & A-Level Curriculum, Japanese Courses, Elite Course, Art Course, Music Course, PE Course
Languages taught	English, Mandarin
School strengths	Curriculum integration, differentiated instruction, practical exploration, diverse evaluation
Tuition	High School: ¥178,000/year.
Description	NAIS is a full-time, boarding, non-profit private school. It is located in the center of Minhang District with an area of approximately 40,000 sqm. There are three main buildings: The Language Center, Performing Arts/Gymnasium Center, and The Residential Building, including a library, lab, music room, art room, bakery, drama hall, multifunctional lecture hall, theater, stadium, fencing hall, climbing wall, gym, sports field, dining hall, cafe, and dormitory.

www.shnais.cn



Email:
nais-marketing@north-america.cn



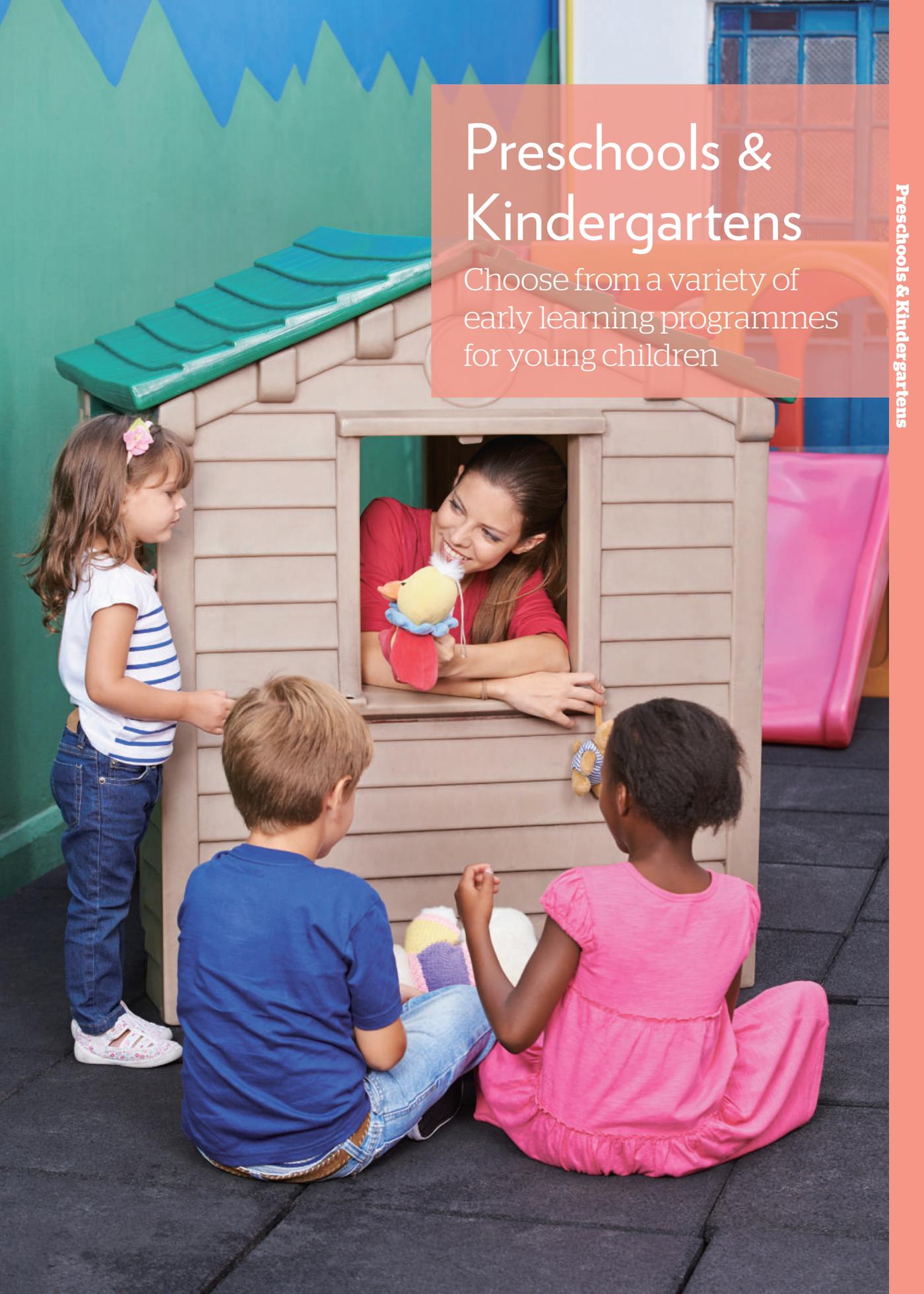
Address:
159 Diannan Road, Minhang District



Telephone:
+86 (21) 3223 1766

Preschools & Kindergartens

Choose from a variety of early learning programmes for young children



Dealing With a Picky Eater

Turn the eww into yum. *By Lynn Yen*

For many busy parents with little kids, mealtimes can become a daily challenge. When food becomes a battleground, some parents deploy tactics like bargaining, bribing, and trickery to complete the mission of eating a balanced and healthy meal.

Although the goal is to give children all the good nutrients and vitamins to grow up strong, using war game tactics can end up being the cause rather than the cure of picky eating and start a bad relationship with food. The best approach for parents may just be a ceasefire over the dining table.



Pick Your Battles

It's important to keep things in perspective. As the UK's National Health Service points out, "It's perfectly normal for toddlers to refuse to eat or even taste new foods. Do not worry about what your child eats in a day or if they do not eat everything at mealtimes. It's more helpful to think about what they eat over a week."

Seeing the larger forest through the trees is a realistic approach. If today was an unsuccessful day, tomorrow is fresh chance to try again, and it might just require trying over and over and over again. It can take around 15 offers for a child to start to try a new food.

As the NHS advises, "Gradually introduce other foods and keep going back to the foods your child did not like before. Children's tastes change. One day they'll hate something, but a month later they may love it. Keep offering a variety of foods. It may take lots of attempts before your child accepts some foods."

Forcing a child to eat food they do not like or want to eat at a particular moment, can start a power struggle over every meal and develop a negative emotional association to food.

Look for the Underlying Cause for Picky Eating

Identifying and understanding the root cause of a child's behavior toward food is helpful in selecting ways to work with their preferences.

For some kids, it might just be an unfamiliar food that they don't eat often. This aversion to new or for-

eign foods can be dealt with by exposure and gaining familiarity with the weird food.

As we know, living in another country, one person's "eww" is another person's "yummm." A lot of the attitudes toward what food is okay to eat and what is normal for a person is a learned habit and influenced by culture norms, and what others think.

Observe what other family members or friends and classmates say about certain food or food combinations. Your child's picky eating may just be a case of peer pressure and copycatting. If a school mate made a comment about a smelly food once, a child may start to avoid it.

After all, according to the University of California San Francisco, children's opinions and fears of food can be learned from modeling their parent's own fussy eating habits and attitudes.

Set a Good Example

Children's natural learning method of copying others can be

used in the parent's favor. Eating together with your child during mealtimes gives them a good model for what type of food is normalized. Happily eating and enjoying a variety of healthy vegetables, fruits, starches, and proteins will actively counter any biases they may have toward different types of food. If you keep raving about how yummy carrots are, then your child will start wondering if maybe carrots aren't so bad after all.

Exposure therapy can help with broadening a young eater's perspective. Some picky eaters are not adventurous, while others may have more serious reasons for being selective about what they eat.

For some kids, food can turn into a phobia. In these cases, pushing or forcing a child to eat something can be an emotional experience.

It's good to take the small victories when you can when dealing with picky eaters. A child may take small bites of broccoli and avoid the stems, but on the bright side, now they are eating broccoli! **SF**





APPLE MONTESSORI

Apple Montessori

"A leading international childcare center focusing on preschool education. We provide an authentic Montessori education in an immersive bilingual environment."



Date founded	2012
Grade level	6 months to 6 years
Curriculum	Montessori Curriculum; English literacy; English Drama; Rythm&Music; Physical Education; IB
Languages taught	English, Mandarin
School strengths	Full-time English teacher in each class, excellent teacher-student ratios: 1:2 - 1:5, expert infant care, premium locations with kitchens and outdoor playgrounds, Montessori certified teachers, professional learning environment, diverse cirricula and events.
Tuition	¥11,000-14,600*12/year (varies by campus)
Description	Apple Montessori an international childcare centres, providing an authentic Montessori education in an immersive language environment. The school adheres to the internationally recognized Montessori philosophy, offering an individualised curriculum that celebrates and responds to unique needs of every child. With hands on tools, students explore subjects such as language, math, science, culture, geography, history, biology and art. Students are shaped into well rounded, independent and explorative learners with open minds and hearts, together with a global perspective.



<https://applemontessori.org/>

Email:
 Xuhui.campus@applemontessori.org
 Pudong.campus@applemontessori.org

Telephone:
 +86 (21) 5077 1762/134 8264 8320 (Pudong)
 +86 (21) 5466 8788/134 8264 4860 (Xuhui)

Address:
Pudong Campus: 889 South Yanggao Road, Pudong New Area (beside the Doubletree by Hilton)
Xuhui Campus: 290 West Jianguo Road, Xuhui District

"Fortune Kindergarten's international education encourages personal, and academic development, nurturing our students into adaptable, moral, thoughtful, and co-operative individuals."



Date founded

1998

Grade level

Baby class to Kindergarten (18 months to 6 years)

Curriculum

School-based international, thematic, English and Mandarin bilingual Early Years Program

Languages taught

English, Mandarin

School strengths

Bilingualism, After-school clubs, Multiculturalism

Tuition

¥9,600 – 17,000/month

Description

Fortune Kindergarten is unique, with a proud tradition in early childhood education. Our goal is to accomplish bilingualism through an East-meets-West internationally recognised curriculum. The approach of emphasizing personal and academic student development has been embraced by hundreds of families since the school's founding. The school culture and curriculum stimulates children in all areas of their development, ensuring they enjoy the process of learning while attaining excellent personal values and academic skills.



www.fkis.com.cn



Email:

stephenwalshe@fkis.com.cn (PD)
shellynasser@fkis.com.cn (HQ)



Address:

Pudong campus: 55 Lancun Road, Pudong New Area
Hongqiao campus: 74-1, 2151 Lianhua Road, Minhang District



Telephone:

+86 (21) 5875 1212 ext. 101 (PD)
+86 (21) 5458 0508 ext. 102 (HQ)



Future Academy of Science and Technology

上海浦东新区民办菲索幼儿园

"Chinese Culture, World Vision, Science and Technology, Humanistic Feelings."



Date founded	August 2022
Grade level	1.5 to 6 years of age
Curriculum	F ³ Curriculum, school-based English and Mandarin bilingual Early Years Curriculum. Fundamental curriculum guided by the Outline of Preschool Education in Shanghai. Fusion curriculum combines inquiry-based courses like Montessori and deep learning. Feature curriculum are sports, aesthetic education, PEDH big concept courses.
Languages taught	English, Mandarin
School strengths	Bilingual immersion, indoor/ outdoor pools and learning spaces, FAST Pro after-school curriculum, sports clubs, collectivized school running
Tuition	¥16,000/month
Description	Future Academy of Science and Technology (FAST) is organized by Boston Institute of Future Education and Shanghai Pudong School of Future Science and Technology. It's an innovative kindergarten built with HTH, a top US innovative school. The campus in Pudong Biyun covers 10,200 sqm, and is the first to offer kayaking. In an immersive English environment, F ³ bilingual curriculum emphasizes the importance of a "child friendly" environment, and cultivates core qualities for domestic and international education.



Telephone:
+86 (21) 5588 8396/ 177 1704 3079

Address:
1988 Yunshan Road, Pudong New Area

WeChat:
FAST_FREESOUL民办菲索幼儿园

"We strive to develop life long learners by encouraging our learners to be curious about the world around them and developing our FGA values as a foundation for innovative thinking and future success!"



Date founded	2019
Grade level	3-6 years old
Curriculum	EYFS content with an Inquiry-Based Learning Framework
Languages taught	English, Mandarin
School strengths	A supportive house system designed to mentor and nurture each student, as well as develop and track our FGA values in every student to ensure a foundation of success.
Tuition	FGA Pujiang Campus: ¥138,000; FGA Xinjiangwan Campus: ¥148,800
Description	FGA provides a 3,300-3,900 sqm holistic learning environment that fosters early years bilingual education. Every classroom has both an indoor and outdoor learning area where students can explore their worlds through play-based and project learning. The curriculum links inquiry with a central idea in every lesson. Supported by our certified CalTech STEM lab, and a bilingual library at the heart of our school, our campus offers state of the art resources to facilitate this unique education that can only be found at FGA.



www.fga-china.com



Email:

admission@fga-china.com
 Pujiang Campus: admission_pj@fga-china.com
 Xinjiangwan Campus: admissionxjw@fga-china.com



Telephone:

Pujiang Campus: +86 (21) 6173 8176/ 130 0310 7358
 Xinjiangwan Campus: +86 (21) 6139 2900 8009 / 130 0310 5367



Address:

Pujiang Campus: 3F, Gingko Plaza, 2388 Chenhang Road, Pujiang Town, Minhang District
 Xinjiangwan Campus: Unit 101, Building 9, 99 Jiangwanchen Road, Yangpu District



WeChat:

Pujiang & Xinjiangwan: FGA未来成长学苑



WELLINGTON COLLEGE
CHINA
惠灵顿(中国)



上海浦东新区民办惠立幼儿园
HUILI NURSERY SHANGHAI

Huili Nursery Shanghai

上海浦东新区民办惠立幼儿园

Date founded	August 2018
Grade level	2 to 6 years of age; EY1 (2-3 years old), EY2 (3-4 years old), EY3 (4-5 years old), EY4 (5-6 years old)
Curriculum	A bespoke framework to promote hands-on, brain-active learning creative, project-themed curricula
Languages taught	Bilingual immersion with a 50/50 exposure to Mandarin and English
School strengths	Bilingual immersion, indoor/outdoor learning spaces, Huili Values and Identity
Tuition	Refer to the nursery website
Description	Huili Nursery focuses on the use of spaces, enhancements, and provocations to promote learning and development across various areas. Located in the New Bund area in Pudong, Huili Nursery represents a marriage of traditional values and evidence-based practice from the UK and China. Using a bilingual curriculum designed to deliver education through purposeful play, promoting recognized areas of learning and development, Huili offers each child a personalized learning journey.

shanghai-nursery.huilieducation.cn



Email:
admissions.hns@huilieducation.cn



Address:
215 Tongwan Road, Pudong New Area



Telephone:
+86 (21) 3158 0010

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Follow us on
WeChat



Shanghai
Family

Parents & Kids
SHANGHAI

虎媽牛娃
HUMANIUWA



Melodie International Preschool & Kindergarten

"Where learning is fun"



Date founded
Grade level
Curriculum
Languages taught
Tuition
Description

2005
Infant class, Preschool, Kindergarten
British EYFS, STEAM, Orff Music, Latin Dance, Karate.
English, Mandarin
¥7,000- ¥8,000/month
Melodie International has three private preschools and one kindergarten. Their mission is "to keep the children cheerful in a safe, supportive and comfortable learning environment. Here they can develop at their own pace, while having fun and keep intact the magic of their childhood." The curriculum combines both English and Chinese elements, but both are inspired by STEAM and the British EYFS. We advocate fun-based learning to create an environment where children are confident, adventurous and build life skills to be ready for their next step in education.



www.melodypreschool.com



Telephone:

Yongjia: +86 (21) 6472 0200
Xingguo: +86 (21) 6438 7603
Jianguo: +86 (21) 6422 7737
Changning: +86 (21) 6438 7603



Address:

Yongjia Campus: No.31, Lane 356, Yongjia Road, Xuhui District
Xingguo Campus: No.91A Xingguo Road, Xuhui District
Jianguo Campus: No.20, Lane 56, West Jianguo Road, Huangpu District
Changning Campus: 307 Changning Branch Road, Changning District

"Empowering learners with skills for life, through dramatically different education."



Date founded	2007 (Shanghai)
New for 2023	Weekend Camps at Joy Explorer Academy
Grade level	Toddler PlayNest & PlayClub Programmes: 6 months - entering nursery Bilingual Nursery and Kindergarten: 15 months - 6 years Speech & Drama, Sounds & Stories Programme (Weekend): 2 - 6 years Holiday Programme: 6 months - 6 years Weekend Camps: 4 months - 6 years
Curriculum	EduDrama® Approach
Languages taught	English and/or Mandarin
School strengths	Unique EduDrama® methodology, strong immersion bilingual education programmes, nurturing environment to empower children to be expressive, creative, and confident communicators.
Tuition	Nursery - Kindergarten: 200,000 - 250,000 RMB / school year
Description	A dramatically different learning journey, using Edudrama® as a collaborative process of wonder, curiosity, and self-discovery. Programmes are based on the ideal learning components of a warm, stimulating environment. We are committed to the holistic development of each child as a unique person and empower every learner to succeed in school and in life.

www.juliagabriel.com.cn



Email:
Admissions: enquiries@juliagabriel.com.cn
Careers: hr@juliagabriel.com.cn



Telephone:
+86 (21) 6418 5600



WeChat:
嘉宝嘉贝JuliaGabriel



Address:
Jiabei Nursery, Lujiazui: Bld. 5, 1550 Zhangyang Road
Jiabei Nursery, Qiantan: 1-2F, 195 Dongyu Road
Jiabei Nursery, Xuhui: 460 Yongjia Road
Jiabao Kindergarten, Qiantan: S3, 255 Dongyu Road
Jiabao Kindergarten, Xuhui: 75 Wuxing Road
Joy Explorer Academy: 3-4F, 195 Dongyu Road

A DRAMATICALLY DIFFERENT SCHOOL OF THOUGHT

Julia Gabriel
CENTRE



PlayNest & PlayClub

▶ 6 Months - Entering
Nursery

▶ Weekend Language-focused
Programmes

18 Months - 6 Years

Bilingual
Preschool
15 Months
- 6 Years

▶ Weekend Camps

4 Months - 6 Years

▶ Holiday Programmes

6 Months - 6 Years



+86 (21) 6418 5600

Careers: Joinus@juliagabriel.com.cn

Admissions: enquiries@juliagabriel.com.cn

Qiantan • Lujiazui • Xuhui





Magnolia Kindergarten 玛诺利娅主题幼儿园

"Magnolia Kindergarten is an official licensed kindergarten located in a 100-year-old manor in People's Square. The certified and experienced team is offering a complete education in a happy, home feeling, and creative environment."



Date founded	2014
Grade level	2 to 6 years, Two's to K levels and TPS to CP levels
Curriculum	Magnolia offers two bilingual sections: English/Mandarin combines British National Curriculum and Chinese Curriculum French/Mandarin Section combines the French National Curriculum and Chinese Curriculum
Languages taught	English, French, Mandarin
School strengths	Creative activities, monthly field trips, no screens, big class sizes in a cosy, family-like environment. English, French, and Mandarin teachers are dedicated full-time to each classroom.
Tuition	¥14,000/month for French/Chinese Section ¥16,500/month for English/Chinese Section
Description	The school's mission is to contribute to the development of internationally-minded, curious and enthusiastic children. Magnolia Kindergarten is a centre for happiness, high quality education, and discovery. The school size is 3,000 sqm. The positive development of children is in the heart of every moment of the day. Facilities include two libraries, one children's kitchen, one art and exhibition studio, one carpentry workshop, one large indoor playground, three outdoor playgrounds, one organic garden, one giant slide, and a tree top canopy play area.

www.magnolia-kindergarten.com



Email:
admin@magnolia-kindergarten.com



Telephone:
+86 (21) 6314 0012



Address:
57 Jianguyin Road, (close to North Huangpi Road),
Huangpu District



Admission



WeChat Account





Montessori School of Shanghai

上海私立蒙特梭利幼儿园

"MSS provides bilingual, authentic Montessori education to nurture children to become passionate citizens of the world".



Date founded

2004

Grade level

Infant: 6-18 months; Toddler: 1.5-3 years; Early Childhood: 3-6 years

Curriculum

Authentic Montessori Education accredited by AMS and MSA-CESS

Languages taught

English, Mandarin

School strengths

MSS campuses are accredited by the American Montessori Society (AMS) Level 10 and provide an authentic bilingual Montessori Education for children aged 6 months to 6 years.

Tuition

¥16,000-18,800/month

Description

The Montessori School of Shanghai (MSS) offers an engaging bilingual Montessori curriculum that nurtures children to become inquisitive global citizens. Teachers create nurturing and beautifully designed classrooms to encourage exploratory learning and discovery for curious minds. MSS is the only Montessori school in Shanghai accredited by the American Montessori Society (AMS) and accredited by the Middle States Association of Colleges and Schools (MSA-CESS). MSS leads the way in quality and standards in China.



www.montessorisos.com



Email:

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admission.minhang@montessorisos.com



Address:

West Hongqiao Campus: 586 Gaojing Road, Qingpu District
Xuhui Campus: 21 Donghu Road, Xuhui District
Minhang Campus: 3852 Duyuan Road, Minhang District



Telephone:

+86 (21) 5988 6688 (WHQ)
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Soong Ching Ling Kindergarten 宋庆龄幼儿园

"Providing children the foundations for living in an international, changing world. Our balanced curriculum enhances children's academic, social, emotional, and physical development."



Date founded	1991
Grade level	2 to 6 years
Curriculum	E.C.E. Curriculum, Montessori Curriculum
Languages taught	English, Mandarin
School strengths	Bilingual programme, outdoor areas, unique curriculum blend
Tuition	Half-day Nursery: ¥100,100/year Full-day Nursery: ¥130,000/year Kindergarten: ¥160,000/year
Description	The kindergarten was established by the China Welfare Institute in 1991. It is a non-profit kindergarten catering to children from ages 2 to 6. SCLK offers play-based learning activities covering learning objectives for the Early Years Foundation Stage and Key Stage One recommended by the British National Curriculum, as well as a 2-year Early Years Montessori programme. The aim of the curriculum is to support and extend children's development in all areas: cognition, socialisation, physical development and creativity.

www.sclkids.com



Email:
shsclk01@163.com



Telephone:
+86 (21) 6242 9851 ext. 25/71



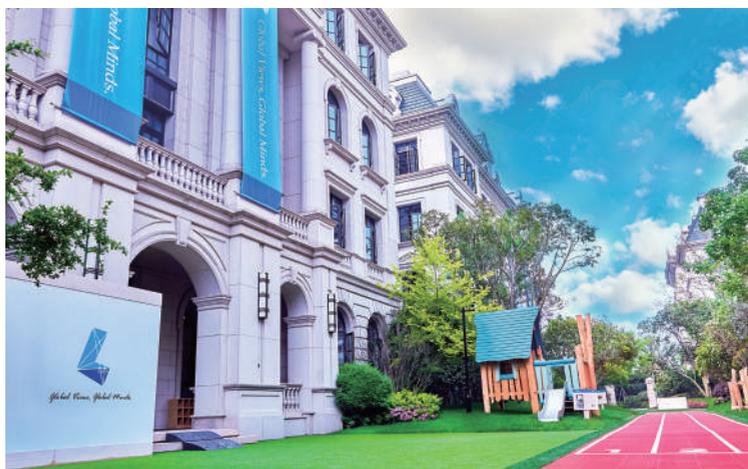
Address:
Changning Campus: 3908 Hongmei Road
Qingpu Campus: 1 Yehui Road, Sheshan



The Little Urban Center (LUC)

LUC儿童中心

“To inspire in your child a love of school. Our students should be confident, engaged, and independent learners.”



Date founded

2012

Grade level

Pre-Nursery to Year One

Curriculum

Innovative inquiry-based curriculum with EYFS framework

Languages taught

English, Mandarin

School strengths

Bilingualism, inquiry-based learning, character education, Art and STEM exploration, Good teacher-student ratio. Multinational community.

Tuition

¥168,800/year

Description

LUC thrives to provide all of our learners with quality learning experiences and we believe that every learner at LUC is unique, and is constantly learning and can be resilient, capable, confident and self-assured. The school is built on the premise that children learn and develop well in enabling environments, in which their experiences respond to their individual needs and administrators continually work for a strong partnership between the school and a child's family.



www.luc-china.com



Email:

admission@luc-china.com



Telephone:

+86 (21) 6110 0155 ext. 8007

+86 177 0215 8659



Address:

Junior Campus: 230-231 Regency Palace, 779 Fangdian Road, Pudong New Area

Senior Campus: Bldg 10, 1000 Lingshan Road, Pudong New Area



WeChat:

Official School: LUC儿童中心



Tiny Tots International Pre-School and Kindergarten

上海泰宁外籍人员子女幼儿园

"Tiny Tots is where successful learning begins."



Date founded 1997

Grade level 2-6 years

Curriculum Tiny Tots uses an American curriculum called World of Wonders for 3 to 5-year-olds and Wonders for 5 to 6-year-olds. It is a developmentally appropriate, research-based curriculum providing structure and support to all young learners. The curriculum builds a strong foundation in all the developmental domains. The Nursery classes (2-3 years) use the American Creative Curriculum to build a foundation for confident and competent children.

Languages taught Tiny Tots is an English immersion school, where all classes are taught in English. Chinese classes are offered in class and as an extra-curricular activity.

Tuition 2023-24 School Year: full-day ¥169,000; half-day ¥139,500

Description For 26 years, Tiny Tots has been an inspiring and caring environment for young children. The school has been kept small to provide children with small class sizes and individual attention. Tiny Tots is a family oriented, diverse and inclusive community of learners. They offer a strong academic program with broad learning opportunities. Tiny Tots remains the only licensed English-language international kindergarten in Shanghai.



www.tinytots.com.cn

 **Email:**
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 **Telephone:**
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Minhang: +86 (21) 6480 8933

 **Address:**
Xuhui Campus: 43 West Fuxing Road
Minhang Campus: 50 Gumei Road

 **WeChat:**
TinyTotsShanghai



Vanke DTD Kindergarten 万科德英乐幼儿园

"Enlighten the Mind,
Inspire the Potential,
Embrace the Future,
to Foster Chinese
Talents to Stand Out
in the World."



Date founded	2017
Grade level	Nursery Class, Preschool, Pre-Kindergarten, Kindergarten
Curriculum	GLLASS Curriculum System: Game, Life Skills, Learning, Art, Science, Sports
Languages taught	English, Mandarin
Tuition	¥12,800 - 14,000/month
Description	DTD Education has five private kindergartens and two nurseries. Their mission is to "Inspire the potential, enlighten the mind, embrace the future, and foster them to be: Chinese talents that stand out in the world." DTD Early Childhood Education has developed the "GLLASS" (Games, Life Skills, Learning, Art, Science, Sports) system to be the core of our learning activities. We advocate student-centred learning to create an environment in which learning naturally occurs. By immersing our students in project-based learning they are able to spark their interest in learning and develop their core abilities.



<http://kt.dtd-edu.cn>



Telephone:

177 4086 1864 (Minhang)
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+86 (21) 5811 1759 (Zhoupu)
+86 (21) 6605 0651 (Jing'an)



Address:

Vanke Kindergarten, Minhang: 356 Xingzhan Road, Minhang
Vanke Kindergarten Pudong: 700 Kangqiao Road, Pudong
DTD Kindergarten, Zhoupu: 408 Zhoukang Road, Pudong
DTD Kindergarten, Jing'an: 2310 Changzhong Road, Jing'an

"Play is the new
SUPERPOWER"



Date founded	2000
Grade level	8 months - 6 years old
Curriculum	P&P, Daycare
Languages taught	English, Mandarin
Tuition	¥7,200- ¥53,800/Term
Description	Victoria A+ Eduplay (Shanghai Playnatorium) is affiliated with the Victoria (China) Educational Group, a well-known international education brand founded in 1965. It is famous for its continuous research, exploration and practice of advanced education. The school values at A+ are to provide a stimulating learning environment where children are inspired to learn. Through interactive and play-based activities; A+ is dedicated in fostering children's intellectual, emotional, social and artistic development through fun, educational, play-based activities. Children deserve many opportunities to experiment, explore, learn, observe, play and grow.



www.apluseduplay.com.cn



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Shanghai (Xuhui): 1-3/F, 1498 Huaihai Middle Road, Xuhui District
Shenzhen (Futian): Unit 101, 1/F, DK Fortune Gate, 20-1 Futian Road
Hong Kong (OIS): Rm 907-915, One Island South, 2 Heung Yip Road, Wong Chuk Hang
Hong Kong (TST): Suites 604-607, World Commerce Centre, Harbour City, Kowloon

Around Shanghai

Learn about school
options near Shanghai
and their respective
curriculums





华东康桥国际学校
KANG CHIAO INTERNATIONAL SCHOOL
高中 / 初中 / 小学 / 幼儿园

Kang Chiao International School East China Campus 华东康桥国际学校

"Nurturing
International Leaders,
Preparing Students for
a Beautiful Future."



Date founded

2014

Grade level

K-12

Curriculum

Primary School (G1-G6): Integrated Curriculum
Secondary School (G9-G12): MYP, IBDP, AP, IGCSE, A-Level

Languages taught

Mandarin, English

School strengths

International Perspective, Leadership, Lifelong Learning, Humane Caring

Tuition

¥75,000 - 128,000/year

Description

Kang Chiao is a cross-strait school which has an East China and Taipei campus. The East China Campus was formally introduced to the mainland of China by invitation of the People's Government of Kunshan in 2012. This new school aims to provide an excellent education and a culturally stimulating environment that promotes diversity and inspiration for students. Our students are encouraged to acquire and reinforce skills needed to be active, lifelong learners. KCISEC provides a coherent learning experience from kindergarten to high school by utilising innovative pedagogical methods based on a balanced international curriculum.



www.kcisec.org



Email:

enquiry.shpd@ywies.com



Telephone:

400 646 9833

+86 (21) 5218 1728



Address:

500 Xihuan Road, Huaqiao Economic Development Zone,
Kunshan City, Jiangsu



Sino-Canada School

中加枫华国际学校

"Inspiration,
Exploration, Excellence,
Elegance"



Date founded

2003

Grade level

Kindergarten to High School

Curriculum

High School: BC, IGCSE, A-Level, AP
Kindergarten to Secondary School: Bilingual education

Languages taught

English, Japanese, French, Mandarin

Tuition

Primary School: ¥50,000/year; Secondary School: ¥66,000/year;
High School: ¥96,000/year

Description

Established in 2003, Sino-Canada School is an international school authorized by both the British Columbia and Jiangsu Education Ministry. Sino-Canada school provides British Columbia high school curriculum and is eligible to issue BC high school diplomas. The school is in Wujiang District, Suzhou, and currently has more than 2,700 students aged from 3 to 18. The school registers with the BC Ministry of Education and is inspected annually by representatives from the ministry. From 2016 to 2022, Sino-Canada's BC program has continuously obtained full mark in its annual inspection. Sino-Canada School is recognized as one of the top BC offshore schools in China.



<https://www.sinocanada.cn/>



Email:

mkt@sinocanada.cn



Address:

1 Kangli Ave., Wujiang District, Suzhou, Jiangsu Province



Telephone:

400 188 5070



威雅学校
WYCOMBE ABBEY SCHOOLS
INTERNATIONAL

Wycombe Abbey Schools International

威雅学校

"Day and boarding school - every child can excel"



Date founded

Changzhou Campus: 2012; Hong Kong Campus: 2019;
Hangzhou Campus and Nanjing Campus: 2021

Grade level

Kindergarten to Year 13

Curriculum

EYFS, Key Stage 1 to 4, IGCSE, A-Level, Chinese National Curriculum

Languages taught

English, Mandarin

School strengths

A holistic education focusing on globally recognised IGCSE and A-Level courses with highly experienced foreign teaching staff in a small class environment. Tutoring system is provided, as well as traditional boarding system.

Tuition

(Changzhou Campus) Kindergarten: ¥116,000/year; Primary: ¥145,000/year; Secondary: ¥154,000 - 176,000/year; (Hangzhou Campus) Kindergarten: ¥159,500/year; Primary: ¥190,000/year; Secondary: ¥210,000 - 250,000/year; (Nanjing Campus) Kindergarten: ¥116,000/year; Primary: ¥145,000/year; Secondary: ¥154,000 - 176,000/year

Description

Wycombe Abbey Schools International are the sister schools in Asia of Wycombe Abbey UK, which is internationally renowned for its excellent academic results. They have successfully supported pupils winning places in many leading universities such as Oxford University, Cambridge University, Imperial College, New York University, Parsons School of Design etc.



www.waiscz.com



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info@waiscz.com



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+86 (519) 8888 0681



Address:
Changzhou Campus: 9 Huanhu North Road, Wujin Economic Zone, Changzhou, Jiangsu Province
Hong Kong Campus: 17 Tin Wan Street, Aberdeen, Hong Kong
Hangzhou Campus: Xiaoshan District, Hangzhou, Zhejiang Province
Nanjing Campus: Tangshan District, Nanjing, Jiangsu Province

Concord Music

Concord Music is a music school trusted by expat families with nine years of reputation. We just recently moved to our new site in Wuzhong Lu, in the heart of 'Korean Town' with better facilities! Our teachers are world-class musicians who have graduated from the world's most prestigious conservatories. We offer professional 1-on-1 instrumental lessons, early-years music lessons (18mo-5yr), instrument group classes as well as seasonal instrument and music camps. We also offer performing opportunities for all students with workshops and intensive programs to motivate our students' interests. *Address: Suite 626, 1189 Wuzhong Road; Tel: 5235 7398, email: info@concord-music.com, WeChat: concord_admission; Website: www.concord-music.com.*

ICONX

ICONX offers skateboarding lessons, after-school programmes, and camps from professional instructors with a lifelong background in skateboarding. Their goal is to share their passion for skateboarding and help nurture the growing sport in China. So far they have successfully taught nearly 4,000 multicultural students. ICONX is known for building Shanghai's first indoor skate park, which is renowned amongst schools, parents, and all-ages of skaters. If you or your kids want to learn how to skateboard, get in touch with these guys and you'll be busting out Tony Hawk moves in no time. *Jing'an Skate Park, 151 Kangding Road; Puxi - Poly SunnyWalk Mall, B2,230 Ruiping Road; Pudong - Unit B, 49 Jingyan Road; info@iconx.cn; www.iconx.com.*

Sports Force

Sports Force provides coaches for private educational institutions seeking additional support for their sports curriculum programmes. They offer ideal solutions for CCAs or after school activities. Founded in 2017, Sports Forces offers expert coaching services for sports such as basketball, volleyball, football/soccer, cross-country, tennis, swimming, track & field and many more. *Yueshang Plaza, 1 South Wuning Road, Jing'an; ProTeam@sportsforce-china.com; 186 1690 8035, 180 1787 1712.*

Oogie Art

For over twenty years, Oogie Art has inspired students to reach greater heights of creativity. A global art school with locations in New York, Boston, Busan, and Shanghai, Oogie Art has received widespread recognition for its teaching methods and results. Oogie Art's award-winning programmes and expert teachers nurture young artists in developing the techniques, creative thinking, and artistic confidence to make unique artworks that help them win prestigious art awards, receive college scholarships, and gain acceptance into top art colleges and universities. Classes run during weeknights, weekends, and holiday breaks. *contact@oogieart.cn; Tel: 135 0193 1095; WeChat: oogieart; Tuition: ¥200-300/hour.*

Glossary

ACT: A standardised test for high school achievement used in the United States assessing student learning in English, Mathematics, Reading, Science, and Writing. An alternative to the SAT for college applications.

Advanced Placement (AP): These are exams for senior students run by a US-based College Board. AP aims to emulate first year college courses, enabling high school students to earn college credit.

American Curriculum: A US curriculum based on Common Core State Standards for the core subjects English Language Arts, Math, History and Geography, and Sciences.

AP Capstone: AP diploma programme built on the AP Seminar and AP Research, designed to complement in-depth, discipline specific study provided through the AP courses.

British Curriculum: Follows the National Curriculum of England where learning materials are produced in the UK. It culminates with IGCSE and A-Level certification.

EAL/EFL/ESL: These programmes offer assistance for students learning English as a second language, with half or full-day programmes and individual tutoring during non-school hours.

IB (PYP) (MYP) (DP): The International Baccalaureate Programme includes Primary Years, Middle Years, and Diploma Programmes. IB fosters critical thinking, problem solving, research, and writing skills. The DP requires six courses, Theory of Knowledge (philosophy), and a 4,000-word extended essay. The IBDP is accepted in college applications worldwide.

IGCSE: The International General Certificate of Secondary Education is taken between the ages of 14 and 16. Students are required to study core topics along with a select number of over 70 optional topics. Typically, qualified students move on to study AP or IB and occasionally A-Levels.

Montessori: Theory of education characterised by freedom within limits, thus facilitating the development of the child's independence. Methods focus on the child's natural learning process, honed by independently working with materials rather than direct instruction.

SAT: An test used in the US for college applications. The test comprises three parts: Evidence-based Reading, Writing and Language, Maths, and an optional Essay.

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School Visit Checklist



Cut out and make several copies to bring along to each school.

School name: _____

Address: _____

Phone: _____

School size: _____ Student nationalities: _____

The school offers:

- | | | |
|--|---|---|
| <input type="checkbox"/> Air purification system | <input type="checkbox"/> Competitive sports | <input type="checkbox"/> Library |
| <input type="checkbox"/> AP courses | <input type="checkbox"/> Computer lab | <input type="checkbox"/> PTA/PTO |
| <input type="checkbox"/> Band/music classes | <input type="checkbox"/> Counselling services | <input type="checkbox"/> Safe & secure campus |
| <input type="checkbox"/> Boarding | <input type="checkbox"/> ESL/ESOL/EAL | <input type="checkbox"/> Sports fields/courts |
| <input type="checkbox"/> Buses for after-school activities | <input type="checkbox"/> Gymnasium | <input type="checkbox"/> Swimming pool |
| <input type="checkbox"/> Clean facilities | <input type="checkbox"/> IB Programme | <input type="checkbox"/> Theatre/auditorium |

Your observations:	Notes:
1. Are students engaged, attentive, and happy?	
2. Do students treat others with respect?	
3. Do students seem prepared for class?	
4. Describe the overall "look & feel" of the school.	
5. How does your child feel about the school?	

Questions to ask administrators:	Notes:
1. What sets your school apart from the others?	
2. What are your academic and behavioural expectations for students?	
3. Do you have resources for students with learning disabilities?	
4. What is your teacher-to-student ratio?	
5. How do you hire teachers?	
6. How do you assess teacher performance?	
7. In what ways are parents involved at school?	

PARENTS & KIDS

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it starts here.

25

Concordia

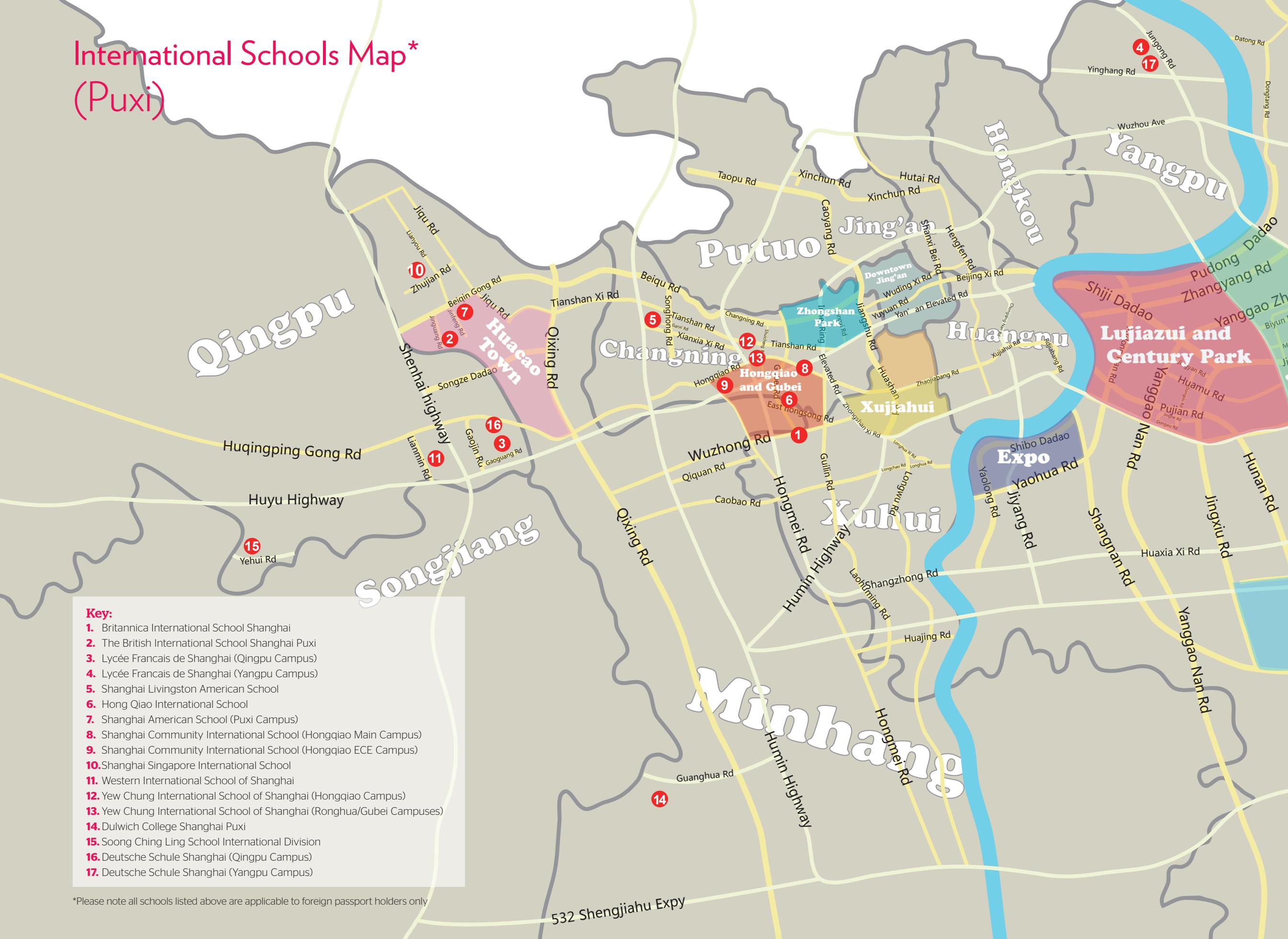
INTERNATIONAL SCHOOL SHANGHAI

上海协和国际外籍人员子女学校

Learn more



International Schools Map* (Puxi)



Key:

- 1. Britannica International School Shanghai
- 2. The British International School Shanghai Puxi
- 3. Lycée Français de Shanghai (Qingpu Campus)
- 4. Lycée Français de Shanghai (Yangpu Campus)
- 5. Shanghai Livingston American School
- 6. Hong Qiao International School
- 7. Shanghai American School (Puxi Campus)
- 8. Shanghai Community International School (Hongqiao Main Campus)
- 9. Shanghai Community International School (Hongqiao ECE Campus)
- 10. Shanghai Singapore International School
- 11. Western International School of Shanghai
- 12. Yew Chung International School of Shanghai (Hongqiao Campus)
- 13. Yew Chung International School of Shanghai (Ronghua/Gubei Campuses)
- 14. Dulwich College Shanghai Puxi
- 15. Soong Ching Ling School International Division
- 16. Deutsche Schule Shanghai (Qingpu Campus)
- 17. Deutsche Schule Shanghai (Yangpu Campus)

*Please note all schools listed above are applicable to foreign passport holders only

International Schools Map* (Pudong)



- Key:**
- 1. Nord Anglia International School (NAIS)
 - 2. Concordia International School Shanghai
 - 3. Dulwich College Shanghai Pudong
 - 4. Shanghai American School (Pudong Campus)
 - 5. Shanghai Community International School (Pudong Campus)
 - 6. Wellington College International Shanghai
 - 7. Yew Chung International School of Shanghai (Regency Park Campus)
 - 8. Yew Chung International School of Shanghai (Century Park Campus)
 - 9. Harrow International School Shanghai

*Please note all schools listed above are applicable to foreign passport holders only