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# SCHOOL DIRECTORY 2024 - 2025

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2024

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On April 17, 2024, we had the pleasure of hosting a special edition of the Student Voices English Speech Competition in partnership with Petronas and Mercedes-AMG Petronas Formula 1 Team. The highlight of the event was special guest F1 driver Lewis Hamilton.

The event started with a beautiful guzheng performance performed by four young students. Later on, three outstanding Student Voices teams gave their presentations about sustainability and the topic “Transform into Green, Thrive With Dream.” The audience of journalists, parents, and special guests all had a wonderful afternoon at the Pudong Shangri-La, Shanghai.



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## editor's note

Education is undergoing a big revolution with the introduction of Artificial Intelligence technology. We look at how to prepare for the changing nature of the workplace and how schools can prepare students for the future of work in our cover story **(10)**. We also dive deeper into AI's influence on college admissions essays **(28)**. Through both of the articles, we discover that despite technological advancements, uniquely human traits will be even more valuable in the future.

Some fundamentals of education are still unchanged. We compare and contrast the different types of international secondary curriculums offered by schools around Shanghai, and go in-depth with individual international school listings **(30)**, bilingual school listings **(52)**, and kindergarten listings **(68)**. New for this year, we also explore supplemental and specialized education in the enrichment section **(87)**.

To further help guide parents and students through their education journey, we look at the different types of learner profiles **(50)** and provide tips for maximizing learning. We also explore how to know when a school is a good fit for your child, and signs it might be time to change schools **(66)**.

Elsewhere, we celebrate the hard work of the graduating class of 2024 **(16)** as they reach this big educational milestone. We wish them all the best on their journeys ahead!

Wherever you are on your education journey, we hope this School Directory guide can help inform your decisions.



Lynn Yen,  
Executive Editor





# Caring for your hearts



## Parkway Shanghai Hospital

Parkway Shanghai Hospital (opening on February 18, 2023) is a nearly 500-bed multi-specialty tertiary hospital, codeveloped by Parkway Pantai and Shanghai Hongxin Medical Investment Holding Co Ltd, the hospital will provide integrated healthcare services for residents in the Yangtze River Delta and beyond.

Parkway Shanghai Hospital offers a comprehensive range of specialties and healthcare services, with a focus on key specialties: Pediatrics, Internal Medicine, General Surgery, Cardiology, Health Management center, and Vaccination Center, etc.

feature



# Preparing Kids for a Future **AI Coworker**

*The future is right around the corner. By Lynn Yen*





The intense interest is justified. The AI revolution is set to be the biggest shake-up we have seen since the advent of the internet. It is generation-defining and full of possibilities, dangers, and unknowns. This revolution will change how we do things. Already there is AI software designed to answer emails. Or generate book reports like magic without having read the book.

Here, we will shed some light on the unknown and look at the impact artificial intelligence is already having on us, particularly in schools, the changes we see in the way we do our jobs, and ultimately how to prepare young kids today for the future work landscape they will one day enter.

### AI in Education

The possibilities of AI are boundless. Artificial intelligence technology is revolutionizing traditional

learning. Let's dive in to see the ideal way AI can be used and is already being used inside schools.

In the not-so-distant future, teachers can use AI tools to personalize learning to individual students, increase efficiencies in their teaching, and improve the educational outcomes of their pupils. An AI teaching assistant will help teachers with time-consuming tasks like grading and help them generate learning materials and worksheets. With more free time, teachers can focus on higher-order tasks such as curriculum design, mentoring students, and fostering critical thinking skills.

Students can use AI chatbots to quiz themselves. Through online courses, virtual classrooms, and interactive tutorials, AI can enable students to learn anytime, anywhere, and at their own convenience. This flexibility in learning

Everywhere you go it seems, the topic of Artificial Intelligence is being discussed. At education summits, everyone is talking about integrating artificial intelligence into learning. At social dinners, the topic of artificial intelligence always finds a way to pop up in conversation. You hear it everywhere.

We are all still trying to understand the monumental impact that artificial intelligence technology is having on our lives, specifically in two main areas: education and the workplace.



## feature

is especially beneficial for adult learners, working professionals, and students with special needs.

One key aspect of preparing kids for an AI future is focusing on essential skills that complement AI capabilities. While AI excels in tasks such as data analysis, pattern recognition, and automation, there are uniquely human skills that remain invaluable. Critical thinking, creativity, problem-solving, and emotional intelligence are areas where humans surpass machine capabilities. By nurturing these skills in children from a young age, schools can help them gain a competitive edge in the future AI-influenced job market.

Furthermore, introducing children to AI concepts and technologies early on can demystify the technology and inspire interest. Educational programs that incorporate

AI education, coding classes, and robotics workshops, can help children develop a deeper understanding of how AI works and its potential applications. Hands-on experience with AI platforms can empower kids to harness the power of AI for problem-solving and creative endeavors.

While the potential of AI in education is vast, it is essential to address the ethical dilemmas that can arise. A complete AI curriculum must also include instruction on the right way to use this technology and point out the pitfalls of AI such as algorithm bias and plagiarism. Educators need to ensure that AI is used responsibly. This radical new technology calls for a reassessment of the foundation of what education is intended to do. The goal should be to use AI as a tool to get more done, rather than a crutch to be even lazier.

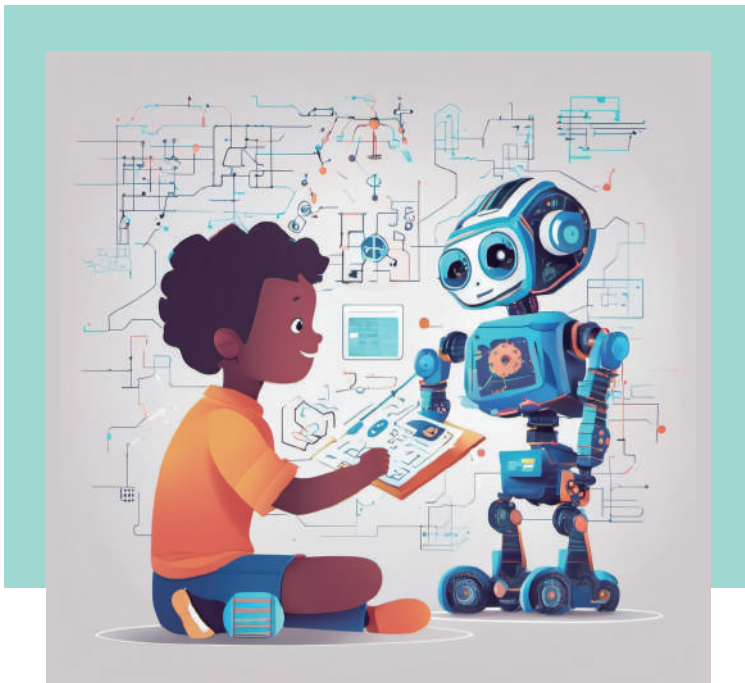
Our existing understanding of ethics can help to navigate the new world of AI. Ethics of plagiarism are more important than ever. It is important to talk to students about what is allowed and what isn't allowed with AI use. Using AI to help with studying is a smart tool. Using AI to help you brainstorm is okay, but maybe you need to think of some ideas first before consulting AI. It isn't just morals and right and wrong, over-dependence on AI is detrimental to developing the valuable human skills of independent and critical thinking, along with imagination and brainstorming. Skills that are ever more valuable in the world of AI.

Media literacy is also ever more important. The challenges of finding true information and deciphering between fake news and real facts are even more difficult to do with generative AI's ability to create fake images, fake text, and fake videos. These are the new subject areas needed in education.

### The New AI Natives

Generation Alpha, those born after 2010, are the new AI natives. While the digital natives that preceded them unlocked the capabilities of social media and created new industries like social media marketing, we are primed for an AI native generation that adopts the technology into their daily lives from an early age and creates new possibilities. Students today will graduate into a workplace of advanced AI counterparts, and they will need to communicate with AI.

In a Fortune article from July 2023, Bank of America research analysts observed that Gen Alpha "will grow up in a world where the norm







will be AI assistants that learn and grow alongside children, slowly being tailored to their specific needs.”

The analysts go on to cite Timothy Papandreu, an advisor to Alphabet’s research and development organization, X (formerly GoogleX), who predicts that we will transition from the current generation of programmers into a generation of perfect prompters where kids learn how to optimally utilize generative AI as they grow up.

It’s the same as past generations focusing on Search Engine Optimization keywords, except now we will learn how to best communicate with AI assistants and how to best write our commands and questions to get desired results. There are already lists of tips and pointers for writing generative AI prompts such as being specific to set boundaries for your request

or starting with the phrase “act as if.” Harvard University’s IT department gives the example of creating a better dinner recipe by starting with “act as if you were my personal trainer” to generate a healthier meal plan and telling the AI a list of ingredients you don’t want to include.

### How Parents Can Help

It can be bewildering as a parent, trying to set limits on how your child uses generative AI technology, especially if you don’t understand the technology yourself. Older generations have been taught to do research from books then websites and research article portals. When we were in school, we were drilled on plagiarism and copying. But now with AI chatbot tools, it can seem like the rules are all being thrown out. The old structure and ethical guidelines are being questioned and turned

irrelevant. Therefore it is important for parents to train themselves in using AI, like one parent I heard at a recent education symposium, who schedules 15 minutes a day for her kid and herself to study AI. The more parents know and understand about AI, the better they can relate to their kid’s AI use and help them to use this technology in the best way.

### The Future of Work

When I was a student, I was told by teachers, “The job you’ll have in the future probably doesn’t exist yet.” Such is the rapid development of technology that, try as we all might to prepare kids for the future, we don’t have a crystal ball to know exactly what the job market or the very nature of work will look like in 20 year’s time when kids today will start their careers.

That doesn’t stop us from guessing though, and asking, which job fields to pursue. Which will be in high demand? What jobs will automation replace? These questions are particularly important to parents of young kids, who are trying to set their children up for success.

Let’s take a look at what current industry leaders think about the big AI-led change. The World Economic Forum gave their predictions from 2023 that outline the major changes AI will have on work in the near future.

According to the WEF, AI will drive growth in AI-related roles in the next five years for jobs like data scientists, big data specialists and business intelligence analysts. The automotive and aerospace industry will see the biggest initial

growth, followed by research, design and business management services, information and technology services and electronics sectors. On the other hand, real estate, media, entertainment, sports, and production of consumer goods industries are predicted to see decreases in employment.

But the research out there isn't conclusive. Due to the incredibly fast pace of AI development still to come, there have been studies predicting that low-skilled labor will be replaced by automation and technological development. While on the other end of the spectrum, other studies predict that instead, it is highly educated professions that are likely to be most affected by AI. Contradicting views exist that say AI will boost technology sector jobs like coders and data scientists. Others say these are easy to automate and already are.

A Forbes article titled "How AI is Changing the Future of Work," queries experts who say that AI will empower one person to do the work of many, and in the longer-term view, fewer work soldiers such as coders and data scientists will be needed, as AI will be able to take over their tasks.

Automation has already started, and we are sure to have even more automation from AI and robots. Technology creates work efficiencies, and this new technology revolution will be another big leap forward in timesaving. But what will be left for humans to do?

### **Tailoring Job Skills for the Future**

The fact is, AI will be better at doing things than humans. They



don't get tired, they don't get sick, they don't have interpersonal problems that humans do.

OpenAI CEO Sam Altman said, "A lot of people working on AI pretend that it's only going to be good; it's only going to be a supplement; no one is ever going to be replaced." But, he adds, "jobs are definitely going to go away, full stop."

So it seems that humans are left with specializing in human-centric tasks.

The World Economic Forum's 2023 Future of Jobs report that surveyed 800 global business leaders said that for the present time until around 2030, AI and big data rank behind only analytical and creative thinking skills as most prioritized. Only information gathering and simple decision-making are likely to be fully automated, while

the need for leadership and imagination skills will be largely unaffected by AI. Therefore, human skills of analysis, creative thinking, leadership, and imagination still reign supreme over automation and indicate the areas where humans are still needed in the job market.

Many articles have been published touting the need for more human skills in the face of AI adoption. Like a story from Wired aptly titled "The AI-Fueled Future of Work Needs Humans More Than Ever," wherein CEO of LinkedIn Ryan Roslansk says, AI is ushering in a world where people skills like problem-solving, empathy, and active listening are more important to career success.

Roslansk argues that "AI doesn't replace people, it allows them to do their job more effectively, leaving



them time to focus on the more valuable—and more human—parts of their jobs. For instance, a software engineer can have AI help with the more routine or repetitive coding that's regularly required, giving them more time to innovate on new ideas.”-

This is great news for liberal arts and art students, as well as parents who can be skeptical of the career prospects and earning potential a drama degree provides. But ultimately how AI shapes the future is determined by how we let it shape our world.

### Challenges of AI and Reigning in AI

The Hollywood actor's and writer's strikes in 2023 were fought in large part to protect the creative industry from the encroachment of Artificial Intelligence. Technology can now mimic a human's likeness and voice. Want a song sung by a

famous artist? You can now import their voice, and have it sing the words you write and in the tone and style you want, eliminating the need to spend money and arrange the time for hiring the artist. Movie and television scripts can be written by AI, eliminating the need for hiring so many writers. Famous actors or background actors can have their likeness scanned and reused forever in films.

We already have a difficult time determining between what is real and what is AI-generated. Images and videos can be created that are historically inaccurate or totally make-believe. There is a rise of deep fakes, propaganda, and copyright and intellectual property infringement.

The need for laws and regulations regarding the ethical use of AI is essential. On a personal level that means teaching and practicing

good digital citizenship, or the ability to use technology responsibly, safety, and respectfully.

AI is still so new. We are still trying to make heads and tails of it and set up best practices. It is challenging our morals and requiring the establishment of new guidelines. We still don't know how it will truly impact everything. In the near future, many jobs are under threat of becoming partially or even fully automated, and it makes us re-think the very purpose of work for humans.

Like other technology revolutions in the past, there is a mix of both excitement and fear. Just look back to the Y2K problem of the last internet revolution, when we feared all the computers would stop. How silly it can all seem, now that we are safely on the other side of the year 2000. AI and automation also hold their own combination of excitement, fear, and hope. In 20 years, we may just look back at this time and laugh about it. **SE**



*feature*

# Star Students of 2024

Three cheers to the graduating class of 2024! This crop of bright students has put in the hard work, contributed to their school communities, and set themselves on a path toward a promising future. Let's hear from a few students as they reflect on their journeys so far, and their goals as they prepare for the next steps. Congratulations graduates!





## Concordia International School Shanghai

### Please tell us why you chose your university and major.

One of the biggest aspects was that Berklee has a big focus on contemporary music. At other universities, like Juilliard or the Curtis Institute of Music, they train students more classically, whereas Berklee is rooted in jazz and is now reaching out into pop music and has different majors, which you don't get in another type of classical conservatory.

### What is a goal you hope to accomplish in the future?

I hope to create an EP, or a short collection of songs, by the end of the school year and finish two albums while I'm in college. I also plan to grow a YouTube channel that will have around ten thousand subscribers by the time I have graduated from college.

### What class or experience did you find the most valuable, why?

AMIS Choir was the most valuable experience I've ever had. Singing with people from 20 other schools all across Asia at such a high level under Grammy Award-winning conductor Jeffrey Murdock has shown me what skillful musicianship sounds like, and has also allowed me to make so many friends.

### What advice would you give your younger self entering high school?

Don't take yourself too seriously and really enjoy the moment. Be competitive, hard working, and goal oriented as you should be, because those things are very important. But at the same time, make sure to enjoy the moment and let yourself be happy, because you never know when you're going to have those types of memories again.



**Ian Tam**  
**Nationality**

*Chinese (Hong Kong)*

**College/University**

*Berklee College of Music*

**Intended Major**

*Music Production and  
Songwriting*



**Hanjing Wang**

**Nationality:** Canadian

**College/University:** TBD

**Major:** Comparative Literature/PPE (Philosophy, Politics, and Economics)

**Please tell us why you chose your university and major.**

I'm interested in comparative literature because I love studying English literature, but I also want to continue learning the stories of my childhood and the complexities of my mother tongue. As for PPE, I'm intrigued by its unique comprehension of the world through exploring intersections between subjects I already love.

**What is a goal you hope to accomplish in the future?**

In the distant future, a goal I have is to become a person who can bridge the gaps between cultures, encouraging people to speak out, listen, and feel inspired by what others have to say. In the near future, I want to learn how to drive!

## Shanghai American School Puxi Campus

**What class or experience did you find the most valuable, why?**

Atramento, our school's literary magazine, will always hold a special place in my heart. Being featured in its volumes for the first time motivated my sophomore self to continue pursuing creative writing. Having the honor of reading submissions this year as its Editor-in-Chief made me appreciate Atramento's vibrant community even more.

**What advice would you give your younger self entering high school?**

Don't be afraid to advocate for yourself. I used to shy away from running for leadership positions, but retrospectively, I think the experience of sharing your passions and goals has been incredibly eye-opening, regardless of outcome. The support and kindness that people are willing to give continues to blow my mind.

## Shanghai American School Pudong Campus



**Ariel Qi**

**Nationality:** American

**University/College:** University of Pennsylvania, Wharton

**Major:** Business

**Please tell us why you chose your university and major.**

I became interested in business after a set of online business courses I took in eighth grade. This was right after COVID-19 hit, and I was looking for something to do. I continued exploring this after I entered high school by taking related summer programs, competitions, and courses.

**What is a goal you hope to accomplish in the future?**

I want to mix my business education with another area such as policymaking, ethics, or law. This can provide me with a nuanced understanding of the business realm. With this, I could improve firms' corporate social responsibility (CSR) practices, startup my own business, or even earn a law degree.



## Shanghai Community International School

### Please tell us why you chose your university and major.

Just as Georgia O'Keeffe said, "I found I could say things with color and shapes that I couldn't say any other way - things I had no words for," during the creation and showcase of my artworks, I gradually found that I could make more sense with the world through arts more than anything else.

### What is a goal you hope to accomplish in the future?

After university, I wish to continue to create works that inspire people. Not only that, but as I noticed how this fast-paced society has omitted too many sentiments and perspectives from different demographics, I would also want to have arts as mediums where they can connect and speak up for people.



**Charlie Sun**

**Nationality**

*Swedish*

**College/University**

*Undecided*

**Intended Major**

*Graphic Design/*

*Fine Arts*

### What class or experience did you find the most valuable and why?

Going into lockdown in 2022 seemed, at first, a curse. Yet it not only forced me to stay disciplined and optimistic, but also made me appreciate everything (and everyone) around me a lot more. It was also an important period for self-improvement and reflection for me.

### What advice would you give your younger self entering high school?

Stay true to yourself. There are many external pressures in high school. This is true of both academic pressures - the increasingly competitive mindset towards college, the "race to the top" - and non-academic pressures - the party scene, dating scene. Ultimately, continue to stay grounded in your own beliefs.

### What class or experience did you find the most valuable, why?

In summer, I took an internship job in a specialized creative agency Yaeen Design as a graphic designer. Being assigned with a variety of design tasks that are different from what I was used to, I came to understand art's functional role in real life and how to make works that are for diverse purposes and audience groups.

### What advice would you give your younger self entering high school?

I have a whole list: be braver,

change your hair, train vertical jump so that you can dunk, join the volleyball team earlier, apologize to people when there's still a chance, don't judge people at first glance, think more before choosing Math AA HL, and eat more cheeseburgers.

## Dulwich College Shanghai Pudong

### Please tell us why you chose your university and major.

From its bustling streets to its renowned faculty, NYU intrigues me with its blend of academic excellence and unparalleled diversity. As for law, I've always been beyond excited, unraveling the mysteries of justice and wielding the power of the written word within our complex society.

### What is a goal you hope to accomplish in the future?

I hope to become a lawyer, always critically thinking and putting together indestruct-

ible arguments to advocate for justice and defend the rights of those individuals and communities close to me. I'd love to give my expertise to different people and get in touch with all kinds of careers.

### What class or experience did you find the most valuable, why?

Being the Head of House has to be one-designing events that sparked students. I'll never forget when sports day was a whirlwind of cheers, sweat, and victory dances and the lunch-time chess competitions that



Lucas

Dominguez

**Nationality:** Brazilian

**University/College:**

HKUST

**Major:** Economics

### Please tell us why you chose your university and major.

After learning about Behavioral Economics, my understanding of how us humans make decisions completely changed. I was fascinated about how theory learned in class was applicable even in places such as a grocery store. I

## Yew Chung International School of Shanghai

thus decided to pursue an Economics university programme in Hong Kong, Asia's financial hub, at HKUST.

### What is a goal you hope to accomplish in the future?

I can envision myself as an economic consultant or policy analyst for a private firm, helping to analyze trends and make predictions based on a series of economic data. Working within the economics sector is a goal of mine that with great dedication will hopefully be realized in the future.

### What class or experience did you find most valuable, why?

I personally found writing an Ex-

tended Essay in Economics to be a rather valuable experience. This is because, not only did it teach me more about researching and data compiling, but for the first time I gathered, broke down and analyzed economic data for a research project of my choice.

### What advice would you give your younger self entering high school?

I would tell myself to reserve a small space each day to revise and study additional subject areas, even if only for half an hour per day, as I believe that if you start earlier it is easier to adapt. With hard work comes great remunerations in the future!





**Mimi Pang**

**Nationality:** Chinese  
(Taiwan)

**University/College:** New  
York University

**Major:** Undecided/pre-law  
track in the College of  
Arts and Sciences

were a battle of minds, where checkmates were celebrated with triumphant fist pumps.

### What advice would you give your younger self entering high school?

I wish to say dream bigger because you can achieve more than you think. Enjoy the present because every moment is worth cherishing. Have fun while you're young, and most importantly surround yourself with positivity and those who will always make you laugh and grow.

## Lycée Français de Shanghai

### Please tell us why you chose your university and major.

I chose to apply for this dual degree between Science Po Paris and the university of Sydney because the curriculum is in English and it is halfway between the very demanding French "classe prépa" and a more classic university.

Science Po is also rated as the 3rd best university in the world for social sciences and it offers a comprehensive curriculum covering subjects such as Economics, Law, History, Humanities, Political Science and also allows me to carry on studying Chinese at a high level.

### What is a goal you hope to accomplish in the future?

I would love to work in diplomacy as I am fluent in four languages and devote my time to the conservation of seas and oceans.

### What class or experience did you find the most valuable and why?

I loved being at LFS and although all classes are both valuable and demanding, I particularly like my HLP class (Humanities, Literature and Philosophy) and History and Geopolitics class.

These two classes are complementary and have allowed me to tremendously develop my knowledge and analysis of both French and world literature and have given me the tools to



**Selena Keats**

**Nationality:** British and  
French

**University/College:** Dual  
degree with Science Po Paris  
(Le Havre campus ) France and  
the University of Sydney

**Major:** Political science,  
Social sciences

analyse and understand the contemporary world.

In terms of experience, I loved our trip to Australia to represent my school in the Asia Pacific swimming championship.

### What advice would you give your younger self entering high school?

Listen to your teachers' and parents' advice. Anticipate so as not to be overwhelmed with work because the expectations and workload is heavy especially when studying in the international section. Also set a time limit on your phone and get as much sleep as you can!

# Bone Fractures in Children

***Parkway discuss common types of childhood bone fractures.***

Childhood is full of slips, bumps, and falls. An injury may make for a good story as you get older, but in the moment the tears are real. Here we take a look at the common types of bone fractures children get, distinguish between a sprain and a broken bone, and learn how to reduce the risk of fractures.

Most childhood fractures result from mild to moderate trauma that happens while at play or during

sports. The arms are the most common location for fractures.

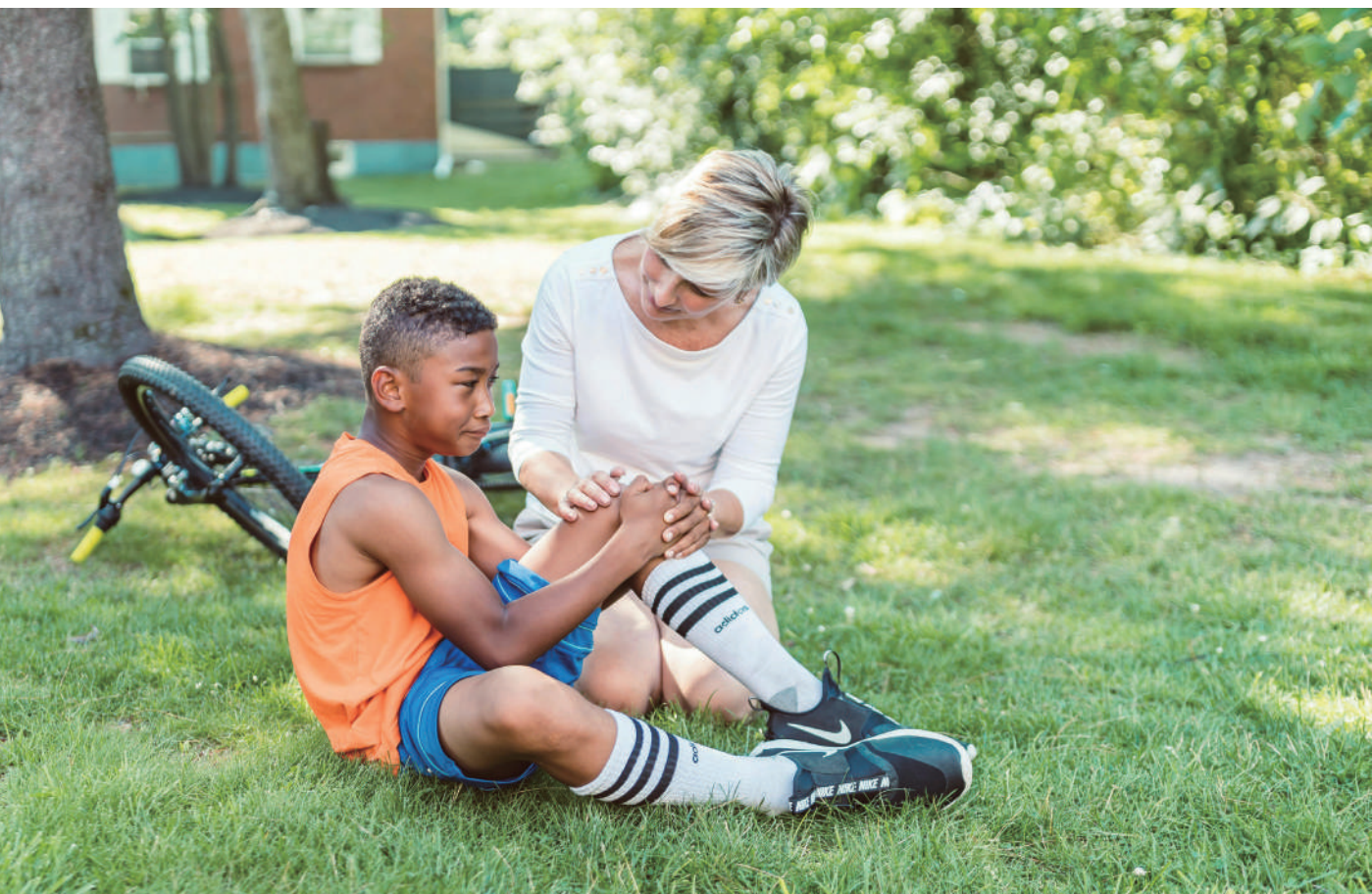
## **Other common fractures in children include:**

**Broken elbow.** Supracondylar fractures (elbow fractures or monkey bar fractures) can be common, especially for children between the ages of four and seven.

**Broken collarbone or shoulder.** A collarbone fracture is common after a collision or fall onto the shoul-

der. This can happen in sports or when a child falls from playground equipment or out of bed.

**Broken wrist.** The bones in the wrist are the most commonly broken bones in the arm. The most common type of fracture involves the larger bone in the forearm (radius). It often occurs when a child falls on an outstretched hand that is extended backwards or among those who play contact sports, biking and skiing.





**Broken thighbone.** The thighbone is the longest, largest, heaviest and strongest bone in the body therefore a fracture in the thighbone only occurs when it comes under significant force. Nevertheless, a fractured thighbone in children is not uncommon.

**Broken knee.** Knee fractures can involve the kneecap, the shinbone or the thighbone where they join with the knee. It is commonly caused by falling on the knee or car accidents.

**Broken ankle.** Ankle fractures in children usually involve the tibia and fibula, the two long bones that make up the ankle joint. Many ankle fractures occur when a child's leg is planted in place and suddenly twisted, such as when playing football, hockey, and basketball. It can also be caused by falls from trampolines or swings.

If you think your child may need treatment for a bone fracture, speak to an orthopaedic specialist.

### How do I differentiate a simple sprain from a broken bone?

In both a sprain and a broken bone, there is pain, swelling and difficulty moving the injured area in a normal manner. With a broken bone, it may be accompanied by other symptoms.

#### Symptoms of a child fracture or broken bone:

- Deformity (unusual shape) of the bone
- Difficulty placing weight on the area
- Persistent bruising, warmth or redness

Fractures occur when the bone is



subjected to more force than it can absorb. Bones are weakest when they are twisted. Overuse injuries, falls, trauma or a direct hit to the body can all cause bones to break.

### Child Fracture Risk

**Fractures are commonly associated with the following factors:**

- Sport accidents
- Falls from heights
- Accidents
- Poor nutrition
- Low calcium diet
- Obesity

**There are some steps you can take to reduce your kids' risk of getting a broken bone:**

- Ensure that they put on the right protective equipment when they are taking part in any games or outdoor activities.
- Calcium and vitamin D are the building blocks for healthy bones. Having a healthy diet will ensure that they get these miner-

als in sufficient amounts.

- Limit carbonated beverages and soda for healthy bones.
- Encourage your kids to be active and to take part in a variety of sports. Playing a single sport all year round puts repeated stress on the same bones and joints and therefore increases the risk of overuse injuries.

With these tips, take care so you don't get stuck with an itchy cast.



#### Dr. David Jiang

Orthopedic Surgeon of Parkway

**Address:** 1172 Jile Road

**Tel:** 400 819 6622

# Fatty Liver is on the Rise

*Jiahui tells us about the risks of fatty liver disease.*



With the improvement of people's living standards, changes in dietary structure, and increased alcohol consumption, fatty liver has become the leading chronic liver disease in China.

Approximately 25% of adults have fatty liver disease, with it affecting slightly more men than women. It can be classified into two categories, namely alcoholic fatty liver and non-alcoholic fatty liver.

## Who is prone to fatty liver disease?

People who are prone to suffer from fatty liver are those who are obese, those with dyslipidemia or diabetes, people who abuse drugs or drink excessive amounts of alcohol, as well as those who do not get sufficient sleep or lose weight too quickly. Risk factors that induce fatty liver disease in-

clude an unbalanced diet (such as excessive dieting and a vegetarian diet), bad eating habits, alcoholism, insufficient exercise, insulin resistance, pregnancy, etc.

It is important to note that fatty liver disease is not exclusive to overweight people. In addition, those who are slim but have a larger than normal abdominal circumference are more likely to develop fatty liver disease. Therefore, the

larger the waist circumference, the greater the body mass index, the higher the body fat content, and the greater the risk of fatty liver.

## Symptoms to be aware of

Fatty liver is closely related to long-term excessive intake of a high-fat diet. If a high-fat diet is consumed for a long period, the brain does not receive the signal to indicate satisfaction. This means that people unconsciously eat more.

## Test your risk of fatty liver

Calculate your body mass index.

$$\text{BMI} = \text{weight (kg)} / (\text{height} \times \text{height}) (\text{m}^2)$$

- The normal range is 18-24kg/m<sup>2</sup>, > 24kg/m<sup>2</sup> is overweight, > 28kg/m<sup>2</sup> is obese.
- The normal body fat content for women is 20-25%, and waist circumference should not exceed 80cm.
- The normal body fat content for men is 9-15%, and waist circumference should not exceed 85cm.



After the liver becomes more fatty, the amount of bile discharged into the intestine is reduced, which causes digestive dysfunction. If the food ingested cannot be broken down in time it accumulates in the intestines, causing frequent defecation. In this case, the feces is mud-like and sticks to the walls of the toilet, making it difficult to flush away.

### Dangers of fatty liver

The onset of fatty liver is relatively hidden and has no special symptoms. It is often discovered by physical examinations and not taken seriously, leading to delayed diagnosis and treatment.

In the early stages, only fat deposits in the liver are present. Approximately 25% of simple fatty livers can transform into steatohepatitis, which may progress to cirrhosis or liver cancer. In severe cases, complications such as massive gastrointestinal bleeding, liver failure, and hepatic encephalopathy may occur, which may be life-threatening.

Fatty liver is often closely related to

the occurrence of atherosclerosis, type 2 diabetes, hyperlipidemia, hypertension, coronary heart disease, and sarcopenia. It may also induce the occurrence of colorectal polyps and colorectal tumors.

### Increased potential for colorectal polyps and cancer

People who eat low-fiber, high-fat, and high-protein foods for extended periods are more likely to develop intestinal polyps than those who eat high-fiber foods.

Those who drink large amounts of alcohol and enjoy spicy foods are prone to chronic inflammation in the intestines, inducing the formation of intestinal polyps.

Data shows that 70-85% of colorectal cancers evolve from polyps, and it takes about 5-10 years for polyps to evolve into cancer. Early screening and regular colonoscopies can reduce the risk of cancer.

Most guidelines recommend that people with a family history of colorectal cancer or asymptomatic adults over 40 years old undergo colonoscopy screening. Patients with fatty liver disease should undergo a colonoscopy as early as possible. If polyps are found, it is important to remove them.

### How to reduce fatty liver disease

#### Control weight and reduce waist circumference

Research shows that if weight is reduced by 10%, fatty liver can be reversed by 90%. It is recommended to lose 0.5-1kg per week to reduce body weight by 5% within one year until the recommended weight and waist circumference are reached.

### Eat a regular and balanced diet and limit caloric intake

Eat three meals a day and follow a Mediterranean diet. Reduce intake of high-fat foods, highly processed foods, desserts, sugary drinks, snacks, etc. Calculate and adhere to individualized calorie requirements based on body weight and ensure carbohydrate intake does not exceed 40% of total energy.

### Exercise regularly

Exercise at least 5 times a week, for 30-60 minutes each time. The maximum heart rate during exercise should reach  $(170 - \text{age})$  times/minute. It is recommended to combine aerobic and anaerobic exercises. Aerobic exercises include jogging, brisk walking, cycling, swimming, ball games, etc., and anaerobic exercise includes Tai Chi, stretching, etc.

### Avoid alcohol, tobacco, etc.

Stay away from alcohol and tobacco and avoid the misuse of medication.

### Get sufficient sleep

Ensure you get sufficient sleep and maintain mental wellbeing.

### Supplementation

Supplement appropriate amounts of probiotics and prebiotics.



**Dr. Xia Lu**

Director of GI Service

**Tel:** 400 868 3000 (Jiahui Health 24/7 hotline)



# International School Curriculums at a Glance

Learn the lingo of high school curriculum. *By Abbie Pumarejo*

**W**hen choosing an international school for your child, families should consider the bigger picture and whether they will be returning home or if another international move is in their future. To help parents in selecting the appropriate curriculum for their child, here is a quick guide.

## International Baccalaureate

International Baccalaureate Organization (IB) offers programmes at four different levels: PYP (Primary Years Programme, ages 3-12), MYP (Middle Years Programme, ages 11-16), DP (Diploma Programme for secondary school, ages 16-19) and CP (Career-related Programme).

- The IB programme encourages students to think critically and independently, with inquiry-based tasks. IB Diploma candidates will focus on six individual topics for graduation of secondary school.
- IB Diploma graduates, depending on their final test scores, can have classes taken applied to university credits. However, it is important to do your due diligence, as each university will have different policies about credit transfers.
- This European-based diploma certification is recognized worldwide.

## Advanced Placement

Advanced Placement (AP) is a program developed and administered by the College Board, the organization responsible for the SAT (formerly known as the Scholastic Aptitude Test), allowing students to obtain college credits while still in high school.

- AP classes give students the experience of an introductory level college class that qualifies learners for more advanced classes upon entrance to North American colleges.
- Nearly all American and Canadian universities accept AP scores for credit. Again, it is important to do research, as each university will have different policies about credit transfers.
- It is not a two-year requirement compared to the IB Diploma programme or A-Levels.
- It is an American-based diploma certification recognized mainly in the USA and select universities worldwide.

## IGCSE

The International General Certificate of Secondary Education (IGCSE) is a British curriculum which prepares students for the IB and A-Level examinations. English language is the heart of the curriculum, ensuring students' ability to communicate fluently in the world's most widely spoken language.

- The IGCSE programme is a precursor to A-Level, AP, and IB certification, and is completed in the first two years of high school.
- It is an exam-based curriculum that tests the knowledge of individual subjects, awarding one IGCSE qualification for each successful subject exam.
- There are three types of board exams for the IGCSE: Cambridge IGCSE, Pearson Edexcel International GCSE and Oxford AQA. They all take place during different times of the year.

## A-Levels

A-Level exams are subject-based qualifications achieved as part of the General Certificate of Education (GCE) offered in the UK curriculum courseware. This is particularly relevant for students in secondary schools.

- A-Levels are required for university entrance, and conditional acceptance by UK post-secondary institutes are based on students' grades.
- Students can expect to take three A-Levels in order to obtain offers from various universities, and most pick courses based on their desired degree.
- Many of the higher-level degree subjects do require specific A-Levels for acceptance to the programme, so it is important to research university requirements before starting the programme. **SF**



# International Schools

Learn about international school options, from preschool to high school

# AI and College Application Essays

**The value of human touch in writing.** *By Margie Chiang*



**T**here isn't a day that goes by when speculation of AI's impact is not highlighted.

Following suit, I delved into the impact of AI on college admissions as we embark on the onset of the college application season. Specifically I looked at the essay writing component, which is extensive with a personal statement of 650 words and for those applying to the University of California (UC) system, it would include four personal insight essays at 350 words each. In addition, many colleges have supplemental essays ranging from 100 to 650 words per essay.

I've had many inquiries about a college admission officer's ability to detect AI aids such as ChatGPT in college application essays. ChatGPT and similar AI tools can manifest essays, stories, reports, and excerpts in seconds. The technological development is at the stage where the created text is logical in framework and premium in wording. However, in the context of a college application essay that is appreciated for emphasizing the core values of the student, it struggles as AI models miss the intricate details of personal experience that only the writer who underwent such experiences could authentically capture.

Admission officers are trained to evaluate applications and review thousands of essays every year. Just through their lengthy experience, they can differentiate authentic essays from AI-generated ones. Through their knowledge of AI models, they can distinguish the patterns of sentences and standard phrases that surfaces with AI-generated content.

Yet the most distinctive tell-tale sign is the lack of insightful details that can be conjured if the writer personally underwent the experiences. As such, AI-generated content may lack the emotional depth



and vulnerability that comes from introspection and the resulting human connection needed to demonstrate authenticity.

Regarding the AI detection aids, here are some software tools that help admission officers navigate through college application essays:

1. **Linguistic analysis:** The software analyzes sentence structuring, vocabulary, and grammar - seeking AI-generated, accurate, yet complex content.
2. **Content integrity verification:** These tools employ sophisticated plagiarism detection algorithms to check for similarities between an essay and existing AI-generated content from past essays. This helps to find cases where AI-generated material has been used in an application essay.
3. **Context analysis:** The software analyzes an essay's context and coherence. It seeks gaps in logic patterns and sudden shifts in tone, both likely determinants of AI-generated content.

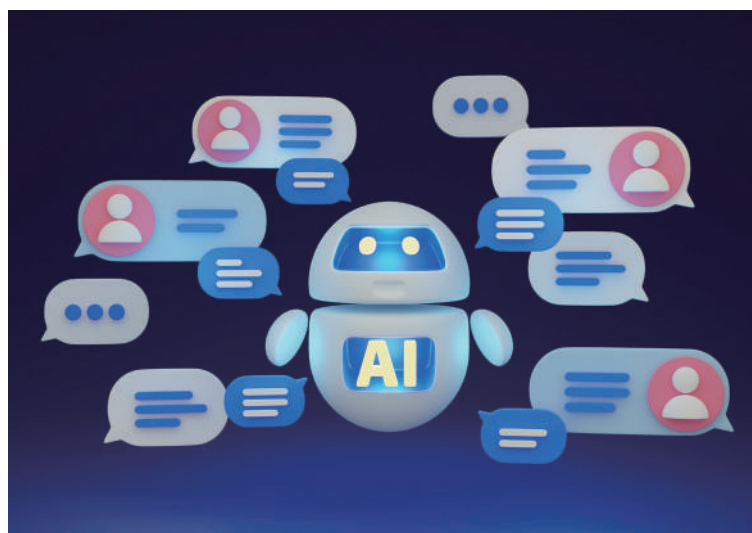
Admittedly, the detection aids are far from perfect, yet they are swiftly evolving to capture the subtle nuances of AI-generated content embedded in human written passages.

The takeaway from all this is instead of second-guessing how to use ChatGPT and similar AI tools; it would be helpful to your application and your mental well-being to dedicate meaningful time to your college personal statement and related essays beginning from self-reflection to brainstorming to frameworking and draft crafting to actualize authentic pieces that share your personal stories. The writing journey is a search within

one's self that can actualize more than just essays but a more profound sense of self and purpose that no AI tool can actualize.

That genuineness captured in the sharing of core values, experiences, inspirations, and aspirations will make you shine in college application essays and life in general. **SE**

*Margie Chiang is a founding partner at Joyview Education. As an education coach, Margie integrates her leadership coaching experience and marketing savviness to coach middle and high school students on successfully navigating the college applications process and life. Her students have earned admissions into Top 20 schools such as Brown, Northwestern, Vanderbilt, Rice, UCLA, Wellesley College, and more. Margie graduated from USC and the Kellogg School of Management at Northwestern University.*



# Quick Compare

Schools	Area/District	Age Range	Tuition	IB	AP	A Level	IGCSE	Curriculum
Britannica International School, Shanghai	Minhang	Pre-Nursery to Year 13	¥232,000 - ¥328,000/year			✓	✓	English National Curriculum
Concordia International School Shanghai	Pudong	Preschool to Grade 12	¥236,000 - ¥313,000/year		✓			American Curriculum
Deutsche Schule Shanghai	Yangpu/Qingpu	Preschool to Grade 12	Nursery: ¥166,500/year School: ¥208,600/year					German Curriculum
Dulwich College Shanghai Pudong	Pudong	Toddler to Year 13	¥255,700 - ¥374,900/year	✓			✓	English National Curriculum
Dulwich College Shanghai Puxi	Minhang	Toddler to Year 13	¥132,500 - ¥374,900/year	✓			✓	English National Curriculum
Harrow International School Shanghai	Pudong	18 months to 18 years	¥260,000 - ¥360,000/year			✓	✓	Harrow Early Years Curriculum & English National Curriculum
Lycée Français de Shanghai (Shanghai French School)	Yangpu/Qingpu	Kindergarten to Grade 12	¥118,000 - ¥197,570/year					National French Curriculum; 5 language streams
Shanghai American School (SAS)	Pudong/Minhang	Pre-Kindergarten to Grade 12	¥272,300 - ¥329,500/year	✓	✓			American Core Curriculum
Shanghai Community International School (SCIS)	Changning/Pudong	Nursery to Grade 12	¥141,500 - ¥310,500/year	PYP, MYP & DP				International Baccalaureate
Shanghai Hong Qiao International School (HQIS)	Changning	18 months to 18 years	¥173,500 - ¥247,800/year	PYP	✓			Emergent Curriculum; PYP Programme; American Curriculum
Shanghai Livingston American School	Changning	Nursery to Grade 12	¥133,825 - ¥221,823/year		✓			Common Core aligned California Curriculum
Shanghai Singapore International School (SSIS)	Minhang	2 to 18 years	¥200,000 - ¥300,000/year	IBDP			✓	Singapore-based Curriculum
Soong Ching Ling School International Division	Qingpu	Grades 1 to 12	¥140,000 - ¥200,000/year		✓			A curriculum following the US Common Core Standards&NGSS
The British International School Shanghai (BISS) Puxi	Minhang	2 to 18 years	¥252,200 - ¥359,870/year	✓			✓	English National Curriculum
Wellington College International Shanghai	Pudong	Nursery to Year 13	¥283,900 - ¥379,600/year	IBDP			✓	English EYFS curriculum, English National Curriculum
Yew Chung International School of Shanghai (YCIS)	Changning/Pudong	Kindergarten (K2) to Year 13	¥162,000 - ¥348,600/year (2023/2024)	IBDP			✓	Internationalised English National Curriculum

Information is for reference only, please contact the school directly for detailed prices and policies



# Britannica International School, Shanghai

## 上海不列颠英国外籍人员子女学校

"An inspiring place of learning focused on creating internationally-minded leaders of tomorrow, who are dedicated to realising their full potential through a supportive, collaborative, and inclusive international school community."



<b>Date founded</b>	2013
<b>Grade level</b>	Pre-Nursery to Year 13
<b>Curriculum</b>	English National Curriculum, IGCSE, and A-Level
<b>Languages taught</b>	English including EAL programme, French, Japanese, Korean, Mandarin, Spanish, Italian, and Hebrew
<b>School strengths</b>	Personalised education, co-curricular activities, location & facilities, world languages programme
<b>Tuition</b>	¥232,000 - ¥328,000/year

### Description

Located in the heart of the city, Britannica International School, Shanghai delivers the English National Curriculum, adapted to meet the needs of international students from 2 to 18 years of age. We are British owned and led by experienced British education experts, with the vast majority of our teaching staff being native British teachers. Our personalised approach to teaching and learning makes us an excellent school choice for international families in Shanghai.



[www.britannicashanghai.com](http://www.britannicashanghai.com)

**Email:**  
admissions@britannicashanghai.com

**Telephone:**  
+86 (21) 6402 7889

**Address:**  
1988 Gubei Road, Minhang District

**WeChat:**  
britannica\_shanghai



# Concordia International School Shanghai

## 上海协和国际外籍人员子女学校

"We educate the whole child—intellectually, physically, emotionally, socially, and spiritually. Life success starts with Concordia."





<b>Date founded</b>	1998
<b>Grade level</b>	Preschool to Grade 12
<b>Curriculum</b>	American Curriculum with Advanced Placement
<b>Languages taught</b>	English, Mandarin, Spanish
<b>School strengths</b>	Academics, Athletics, Fine arts
<b>Tuition</b>	Preschool and Pre-Kindergarten: ¥236,000/year; Kindergarten to Grade 5: ¥299,000/year; Grade 6 to 8: ¥306,000/year; Grade 9 to 12: ¥313,000/year
<b>Description</b>	Concordia is located in Jinqiao's Green City, one of Shanghai's largest international communities. The school is recognized for its dedication to academic excellence and for providing well-developed sports, fine arts, cultural, and service learning programs. Our graduates go on to attend top colleges and universities around the world. At Concordia, we welcome the whole family and value parent participation. Our ever-growing and vibrant community provides the foundation for the entire family's success.




[www.concordiashanghai.org](http://www.concordiashanghai.org)

 **Email:**  
admissions@concordiashanghai.org

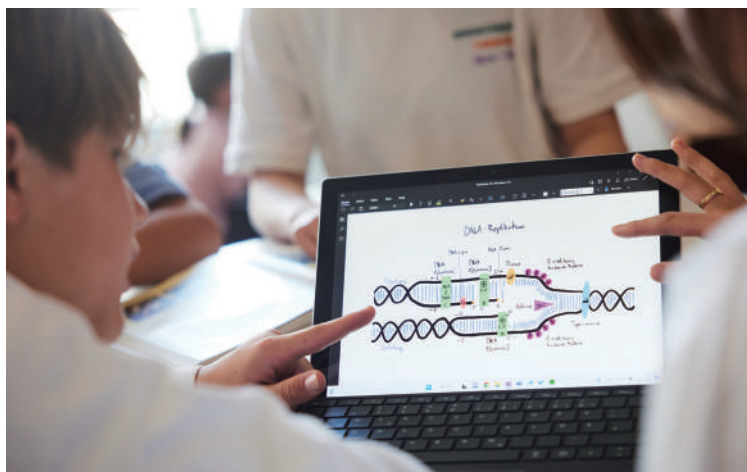
 **Telephone:**  
+86 (21) 5899 0380

 **Address:**  
999 Mingyue Road, Jinqiao, Pudong New Area

 **WeChat:** ConcordiaSH协和  
**Admissions contact:** Vina Peng



"This world's largest German-speaking 'Excellent German School Abroad' with two Eurocampuses in Shanghai provides a welcoming culture and caring environment for our children to endeavor, experience, and discover the world and the universe together."



**Date founded**

1995

**Grade level**

Nursery to Grade 12

**Curriculum**

Deutsches Internationales Abitur (DIA), German curriculum with German international high school diploma

**Languages taught**

German, Mandarin, English, French, Spanish, Latin

**School strengths**

Children's holistic personality development, STEM-friendly School

**Tuition**

Nursery ¥166,500; Kindergarten: ¥153,600/year; School: ¥208,600/year; DaF (German as Foreign Language) Program ¥65,000/year

**Description**

The DIA is an internationally acclaimed college prep curriculum and diploma issued exclusively for German schools abroad. In kindergarten, the Berlin Education Program teaches health, social and cultural life, mathematics, art, nature, environment, technology and communication. The school has developed a curriculum for children to learn methods for analyzing, shaping, and developing their own learning experience. From 2022-23, a German language program is offered for those not at a sufficient level. The program is intensive classes with native speakers trained and certified in Germany. Afterwards, students are fully integrated into the regular German curriculum.



[www.ds-shanghai.de](http://www.ds-shanghai.de)



**Email:**

admissions@ds-shanghai.de (general inquiries)  
info.yp@ds-shanghai.de (Yangpu campus)  
info.hq@ds-shanghai.de (Hongqiao campus)



**Telephone:**

+86 (21) 6897 5508 ext. 355 (Yangpu campus)  
+86 (21) 3976 0555 ext. 355 (Hongqiao campus)



**Address:**

758 Jiangwancheng Road, Yangpu District (Yangpu campus)  
350 Gaoguang Road, Qingpu District (Hongqiao campus)



**Admissions contact:**

Mrs. Bi (Yangpu & Hongqiao campus)



"Our students have the skills and motivation to make a positive difference in the world."



## Dulwich College Shanghai Pudong

### 上海德威外籍人员子女学校(浦东)



**Date founded**

2003

**Grade level**

Toddler to Year 13

**Curriculum**

English National Curriculum, IGCSE, and IB Diploma

**Languages taught**

English, Mandarin, French, Spanish

**School strengths**

Top academic results, Performing Arts, STEAM, Sports, Global Citizenship

**Tuition**

¥255,700 - ¥374,900/year

**Description**

Founded in 2003, Dulwich College Shanghai Pudong is recognised for its outstanding academics based on robust holistic education that prioritises student wellbeing. Dulwich Pudong IB students consistently achieve results significantly above the global average and have alumni matriculated at Oxbridge, Ivy League and other leading universities across the world. Extra-curricular activities range from music, sports, technology as well as opportunities in service, sustainability and leadership. Forty-three nationalities create a vibrant intercultural environment for students to develop a truly global outlook.



<https://shanghai-pudong.dulwich.org>



**Email:**

admissions.shanghaipudong@dulwich.org



**Telephone:**

+86 (21) 3896 1200



**Address:**

*Main campus:* 266 Lan'an Road, Jinqiao, Pudong New Area  
*DUCKS campus:* 425 Lan'an Road, Jinqiao, Pudong New Area



**Admissions contact:**

Anna Nikonenko, Head of Admissions





"We provide a truly holistic education that emphasises academic excellence coupled with a rich extracurricular programme. Our students Live Worldwide, and are leaders in sustainability and global citizenship"



## Dulwich College Shanghai Puxi

### 上海德威外籍人员子女学校(浦西)



<b>Date founded</b>	2016
<b>Grade level</b>	Toddler to Year 13
<b>Curriculum</b>	English National Curriculum, IGCSE and IB Diploma
<b>Languages taught</b>	English, Mandarin, Spanish
<b>School strengths</b>	Dulwich is academically selective and students are incredibly well supported by highly professional and caring teachers. The College is very green with state-of-the-art play and academic facilities, including an Olympic-size swimming pool and 500-seat theatre.
<b>Tuition</b>	¥132,500 – ¥374,900/year
<b>Description</b>	Dulwich College Shanghai Puxi offers an international education at its best, catering for families in the west of Shanghai who seek a world-class holistic education. Our curriculum is rigorously designed to ensure academic, physical, social, and emotional growth in each and every student. Our students uphold our College values at all times: Aim High. Work Hard. Be Kind and Respectful. Make a Difference.



[www.shanghai-puxi.dulwich.org](http://www.shanghai-puxi.dulwich.org)



**Email:**  
admissions.shanghaipuxi@dulwich.org



**Address:**  
2000 Qianpujing Road, Maqiao, Minhang District



**Telephone:**  
+86 (21) 3329 9310



"Educational  
Excellence for Life  
and Leadership"



# Harrow International School Shanghai

## 上海哈罗外籍人员子女学校



**Date founded**

August 2016

**Grade level**

Harrow Cubs to Year 13 (18 months to 18 years)

**Curriculum**

Early Years follows the Harrow Early Years Curriculum (AHEYC). Pre-Prep and Prep are based on the English National Curriculum, culminating in IGCSE for Year 10 and Year 11; A Level at Sixth Form (Year 12 and Year 13)

**Languages taught**

English, Mandarin, Spanish

**School strengths**

450 years of Harrow heritage, tradition, and global excellence; Mandarin Core Curriculum; Leadership and Service Programme; Academic Excellence: 58% of grades achieved A\* and 90% of grades achieved A/A\* in A Level 2022; All school leavers were accepted by their first-choice university including Cambridge University; Unique learning opportunity for children aged between 18 months to 24 months at Harrow Cubs.

**Tuition**

¥260,000 - ¥360,000/year

**Description**

A Harrow Shanghai education is based on the same ethos and identity that has characterised a Harrow education in the UK for centuries and here you will find a school where the best of Western and Eastern traditions, history and heritage are seamlessly fused.



[www.harrowshanghai.cn](http://www.harrowshanghai.cn)



**Telephone:**

+86 (21) 6881 8282 ext. 210/280



**Address:**

588 Gaoxi Road, Pudong New Area



**WeChat:**

HarrowSH哈罗上海

**Facebook:**

Harrow International School Shanghai

"Today in Shanghai  
excellence for  
everyone. Tomorrow  
in the world, success  
for all."



**Date founded**

1995

**Grade level**

Pre-Kindergarten to Grade 12 (2 years old to 18 years old)

**Curriculum**

4 language streams (General, International American, European English, international Chinese). We also have our unique FLSCO (French As The Language Of Instruction) program for non-French speaking students.

**Languages taught**

Three mandatory languages: French, English and Mandarin, German or Spanish from Grade 7. International language certifications (Cambridge and IGCSE in English, DELF in French, HSK in Chinese, Dele in Spanish, or Goethe exams in German). Shanghai French School is also a SAT center.

**School strengths**

Emphasis on plurilingualism, critical thinking, creativity, cultural immersion, academic rigor, European campuses shared with German school, international and diverse community, extra-curricular activities.

**Tuition**

¥118,000 – ¥197,570/year

**Description**

Shanghai French School belongs to the Agency for French Teaching Abroad network. It is an international nonprofit school which welcomes over 1,370 students of more than 45 nationalities, from Pre-kindergarten to the French Baccalaureate on its Qingpu and Yangpu campuses. The French Baccalauréat is widely recognized internationally. The world-renowned universities students go to every year include Oxford University, Cambridge University, Tsinghua University, Shanghai Jiaotong University, Sciences Po, and others.



[www.lyceeshanghai.com](http://www.lyceeshanghai.com)



**Email:**

admissions@lyceeshanghai.com  
Online registration: <https://lfs.eduka.school/>



**Telephone:**

+86 (21) 3976 0555 ext. 501  
+86 (21) 6897 6589 ext. 758



**Address:**

*Qingpu campus:* 350 Gaoguang Road, Qingpu District  
*Yangpu campus:* 788 Jiangwancheng Road, Yangpu District



**WeChat admission:** LFSadmissions

*WeChat official account:* French\_school





SHANGHAI AMERICAN SCHOOL

"Since we think  
we can, we can."



## Shanghai American School (SAS)

### 上海美国外籍人员子女学校



**Date founded**

1912

**Grade level**

Pre-K to Grade 12

**Curriculum**

American core curriculum, AP and IB diploma programmes

**Languages taught**

English, Mandarin, French, Spanish

**School strengths**

The oldest and most established international school in Shanghai, university-level facilities across Pudong and Puxi campuses (aquatic centers, performing arts centers, four black box theaters, nine design-maker spaces, gyms, Olympic-style tracks, and playing fields), world-class educators (73% of faculty hold master or PhD degrees), distinguished signature programs (Microcampus, Innovation Institute, TheEleven), 300+ clubs and activities, and a welcoming and truly global community.

**Tuition**

Pre-K3 to Pre-K4: ¥272,300/year; Elementary: ¥305,300/year;  
Middle: ¥312,950/year; High: ¥329,500/year

**Description**



SAS is the kind of school you wish you attended as a kid. The academic curriculum helps students go "from here to anywhere." As a non-profit, all revenue goes back into the school, resulting in world-class facilities. An emphasis on Diversity, Equity, Inclusion & Belonging and Social Emotional Learning helps students develop emotionally alongside academic and extracurricular pursuits, allowing SAS students to flourish wherever life may lead.



[www.saschina.org](http://www.saschina.org)



**Email:**

[admissions@saschina.org](mailto:admissions@saschina.org)

**Book a tour :**

<http://www.saschina.org/admissions/plan-a-visit>



**Telephone:**

+86 (21) 6221 1445 ext. 3305 (PD) 2152 (PX)



**Address:**

*Pudong:* 1600 Lingbai Road, Pudong New Area  
*Puxi:* 258 Jinfeng Road, Minhang District



**WeChat:**

SASEagles

"Where Lifelong Learning Begins"



**Date founded**

1997

**Grade level**

Nursery to Grade 12 (18 months to 18 years old)

**Curriculum**

Emergent Curriculum (18 months – 3 years old), IB-PYP (3 – 12 years old), American Curriculum Standards (Common Core & AP, 12 – 18 years old)

**Languages taught**

Language of Instruction: English; Additional Language: Mandarin, Japanese, Korean, French

**School strengths**

First-class international education; 100% progression to top universities; Fully comprehensive K-12 curriculum; Small classes; Modern facilities and green design; College counseling; Located in cosmopolitan Gubei area

**Tuition**

¥173,500 – ¥247,800/year

**Description**



HQIS offers a balanced curriculum from nursery to high school based on IB PYP and AP, supported by personalized college and career counseling. There are built-in opportunities for students to develop themselves through student societies and service committees. The curriculum offers academic challenge, breadth, and modern skills. The campus has world-class facilities with a green school design. Students are encouraged to be guardians of the planet and ambassadors to the community, to lead with their hearts, achieve with their minds and grow in knowledge and skills. HQIS believes in inclusion, the development of character, identity, respect, and global leadership.



[www.hqis.org](http://www.hqis.org)



**Email:**  
admissions@hqis.org



**Telephone:**  
+86 (21) 6268 2074; +86 (21) 6268 9773



**Address:**  
218 South Yili Road, Changning District



**WeChat:**  
RBIS-HQIS



# Shanghai Community International School

## 上海长宁国际外籍人员子女学校

"To develop inquiring, knowledgeable, and caring learners who contribute positively to their communities."



**Date founded**

1996

**Grade level**

Nursery to Grade 12

**Curriculum**

International Baccalaureate - Primary Years Programme, Middle Years Programme & Diploma Programme

**Languages taught**

Primary Language Programmes: English. Additional Language: Mandarin, French, Spanish, Korean, and Dutch

**School strengths**

Rigorous academic programmes, Authorised IB Continuum World School, Expansive extra-curricular opportunities, Truly international and diverse community, Welcoming atmosphere, Holistic approach to education, Inquiry-based learning, Focus on student well-being, Differentiated learning, Student Support.

**Tuition**

¥141,500 - ¥310,500/year

**Description**



SCIS is an authorised IB Continuum World School with three campus locations spanning across Shanghai. SCIS offers a truly international experience, with an unparalleled community consisting of a diverse mix of outstanding teachers, students, and parents representing over 60 nationalities and cultures. SCIS leverages this unique community to provide a personalised approach to holistic education, ensuring all students have the opportunity to be successful, and develop as life-long learners.



[www.scis-china.org](http://www.scis-china.org)



**Email:**

[admissions@scis-china.org](mailto:admissions@scis-china.org)



**Telephone:**

+86 (21) 6261 4338 (HQ)

+86 (21) 6295 1222 (HQ ECE)

+86 (21) 5812 9888 (PD)



**Address:**

*Hongqiao campus:* 1161 Hongqiao Road, Changning District

*Hongqiao ECE campus:* 2212 Hongqiao Road, Changning District

*Pudong campus:* 198 Hengqiao Road, Zhoupu, Pudong New Area



**WeChat:**

SCIS-CHINA



# The Importance of Business Management in the IB Programme: Cultivating Holistic Thinkers for a Dynamic World

*By Dr. Nick Spring-Peers, DP Business Management Teacher  
at SCIS Hongqiao*

The International Baccalaureate (IB) Programme offers a comprehensive educational framework that equips students with a range of knowledge and skills. Among the array of subjects offered, Business Management stands out to me as a vital course in preparing students for the challenges and opportunities of the modern world. The key areas of the course which make it such a valuable component of the Diploma Programme (DP) are understanding the various concepts of investment analysis, developing financial literacy skills, within both a business and personal context, exploring job industries with high growth prospects, and embracing technological innovations like AI and robotics.

Business Management in the IB Programme fosters a deep understanding of investment principles. Students learn to analyze financial markets, evaluate risks, and make informed investment decisions. This knowledge empowers them to navigate the complex world of finance, fostering responsible and strategic investment thinking. By studying investment concepts, students gain insights into the allocation of resources, wealth creation, and the impact of economic factors on business decision-making. This also serves as a catalyst for interest in investing, which is a

cornerstone for building wealth. This aspect of the course is what excites me most; when students get switched on early, they have the advantage of time on their side, which is key for compounded investment returns.

The course equips students with essential knowledge of managing personal finances and understanding the financial operations of businesses. Students learn about budgeting, financial planning, and financial responsibility, both personal and professional. This understanding enables them to make informed financial decisions, develop effective budgeting strategies, and appreciate the financial implications of various business activities. A teacher's most important responsibility is to leave students with tools for life, such as skills and abilities that will enable them to succeed as independent adults. I believe that the topics and concepts we cover most certainly accomplish this.

Business Management also provides students with insights into various job industries and their growth prospects. Through case studies, research, and analysis, students gain an understanding of emerging industries and the factors driving success. This knowledge aids in career planning, as students can identify job sectors



*Dr. Nick Spring-Peers*

with high growth potential and align their skills and interests. Additionally, by studying successful businesses and industry trends, students develop a forward-thinking mindset that prepares them for the dynamic global job market.

In today's rapidly evolving world, innovations like artificial intelligence and robotics are transforming industries and reshaping business landscapes. We introduce students to the impact of technology on organizations, encouraging them to think critically about its implications. Students learn about integrating technology in various business functions, such as marketing, operations, and supply chain management. They also explore ethical and societal impacts of technological advancements. Students are equipped to adapt to technological changes and leverage solutions in a responsible manner.

Teaching this course has been extremely rewarding and I encourage Grade 10 students to consider the course in their DP journey.



# Shanghai Livingston American School

## 上海李文斯顿美国外籍人员子女学校

"The mission of Shanghai Livingston American School is to prepare students for academic and personal success."



**Date founded**  
**New for 2024**

2003

SLAS has been providing an excellence in education for over 20 years. They have installed new cutting-edge equipment in the primary years computer lab and added several online learning platforms for students. SLAS has adopted the latest Next Generation Science Standards (NGSS) to ensure students are receiving the most up to date material.

**Grade level**  
**Curriculum**

Nursery to Grade 12

Common Core aligned California Curriculum with Advanced Placement (AP) accredited by WASC

**Languages taught**

English, Japanese, Mandarin, Spanish

**School strengths**

Small class size, location, financial aid available, dedicated service

**Tuition**

¥133,825 - ¥221,823/year

**Description**

With instruction and activities guided through four core values (proficient communicator, confident individual, creative thinker, compassionate citizen), Shanghai Livingston American School (SLAS) creates an environment of enquiry set against American culture fused with an international perspective, resulting in students receiving an education that prepares them for academic and personal success as global citizens.



**CollegeBoard**



[www.laschina.org](http://www.laschina.org)



**Email:**  
info@laschina.org



**Telephone:**  
+86 (21) 6238 3511



**Address:**  
580 Ganxi Road, Changning District



**Admissions contact:**  
Carlton Lamb



# Shanghai Singapore International School (SSIS)

## 上海新加坡外籍人员子女学校

<b>Date founded</b>	1996
<b>Grade level</b>	2-18 years old
<b>Curriculum</b>	Singapore-based curriculum, CLSP, IGCSE, IBDP
<b>Languages taught</b>	English, Mandarin
<b>School strengths</b>	Seamless K-12 journey including: rigorous primary Singapore math and science curriculum, intensive English Language Acquisition (ELA) programme for second language learners, unique Chinese language and culture programme, sports such as golf and swimming, STEAM interdisciplinary learning, university guidance counselling, extensive afterschool activities.
<b>Tuition</b>	¥200,000 - ¥300,000/year
<b>Description</b>	With over 27 years of educational excellence, SSIS creates pathways for students to be successful in every aspect of their development. They provide a disciplined and rigorous learning environment, and believe in the holistic development of a resourceful, confident, and independent learner.



[www.ssis.asia](http://www.ssis.asia)



**Email:**  
admission@ssis.asia



**Address:**  
301 Zhujian Road, Minhang District



**Telephone:**  
+86 (21) 6221 6881; 131 2758 9652

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**Family**

**Parents & Kids**  
SHANGHAI

虎媽牛娃  
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"Give Children the Most Valuable Things."



## Soong Ching Ling School International Division 宋庆龄学校国际部



**Date founded**  
**Grade level**  
**Curriculum**

2008

Grades 1 to 12

The school is grounded in a curriculum that follows the United States Common Core Standards and the Next Generation Science Standards. Accelerated courses offered in high school are the Advanced Placement programme (AP).

**Languages taught**  
**School strengths**

English, Mandarin, French, and Spanish

The school is an authorized "AP Capstone Diploma Program" and a designated AP & SAT Test Center by the College Board. The curriculum is supplemented by ongoing relationships with Wake Forest University and UCLA. There is an expansive extra-curricular programme in a diverse community, and the specific needs of each student is paramount.

**Tuition**

Grades 1 to 5: ¥140,000/year, Grades 6 to 8: ¥180,000/year, Grades 9 to 12: ¥200,000/year

**Description**

Soong Ching Ling School seeks to create a respectful and accepting community of diverse cultures, with students coming from 36 countries and regions. The school grooms students to develop their own personalities with a sense of global awareness, all in a global campus environment.



<https://scls.org.cn/>



**Email:**  
admission.center@scls-sh.org



**Telephone:**  
+86 (21) 6975 6301 ext.8002

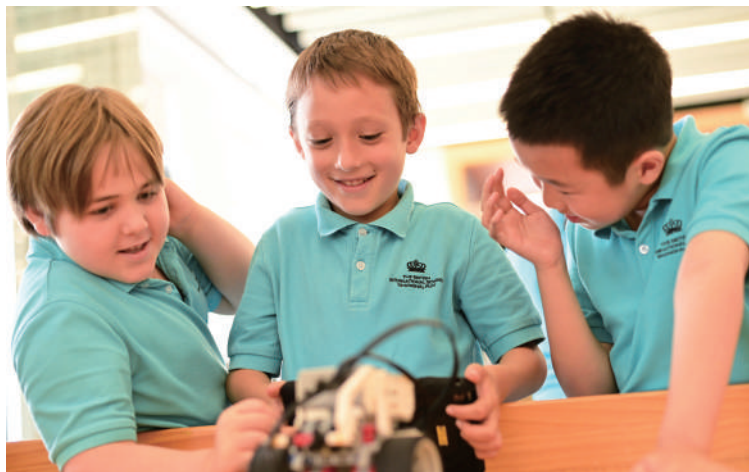


**Address:**  
2 Yehui Road, Zhaoxiang, Qingpu District



**WeChat:** sclsadmissions  
**Admissions contact:** Aurora Gao

"Our students are the best testimony to our school's success. We take great pride in their achievements and in supporting them all to be the best that they can be."



**Date founded**

2004

**Grade level**

Pre-Nursery to Year 13 (2 years to 18 years)

**Curriculum**

English National Curriculum, IGCSE and IB, and an integrated Shanghai Dutch School

**Languages taught**

English including EAL programme, French, Korean, Mandarin, Spanish, German

**School strengths**

Academic results, learning philosophy, sports, over 140 extra-curricular and professional coaching activities, unique collaborations with world-renowned US institutions: Juilliard, MIT and IMG Academy, plus UNICEF.

**Tuition**

¥252,200 - ¥359,870/year

**Description**



 **CAMBRIDGE**  
International Examinations  
Cambridge International School

The British International School Shanghai boasts academic standards that are second to none and a curriculum as rich as it is broad. The school prides itself on offering students of over 60 different nationalities the opportunity to perform at their very best, both academically as well as in arts and sports. Following the UK national curriculum from Early Years through to (I)GCSE and on to the International Baccalaureate, the British International School Shanghai has a long pedigree of academic excellence that enables our students to enter the finest universities around the world.



[www.bisspuxi.com](http://www.bisspuxi.com)



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+86 (21) 6221 7542



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111 Jinguang Road, Huacao Town, Minhang District



**WeChat:**

BISSPuxi | 上海英国学校



WELLINGTON COLLEGE  
INTERNATIONAL  
SHANGHAI

"We aspire for academic excellence within a caring, international community, developing well-rounded individuals with strong values and skills to thrive in a global society."



# Wellington College International Shanghai

## 上海惠灵顿外籍人员子女学校



**Date founded**

2014

**Grade level**

Pre-Nursery to Year 13

**Curriculum**

2 to 5 years old: English EYFS curriculum; 6 to 14 years old: English National Curriculum; 14 to 16 years old: IGCSE; 16 to 18 years old: IBDP

**Languages taught**

English, French, Mandarin, Spanish

**School strengths**

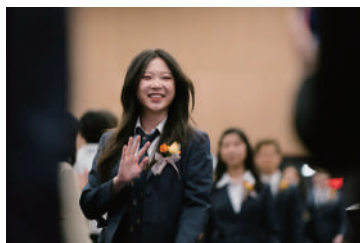
Academic excellence, Extensive enrichment programme, Global reputation, Daily Mandarin provision, World class facilities

**Tuition**

¥283,900 - ¥379,600/year

**Description**

Opened in August 2014 and located in the New Bund area, Wellington College International Shanghai is a fully co-educational day school with over 1,500 pupils, aged 2 to 18 years old. Consistent with the ethos of its prestigious partner in the UK, the College seeks to develop the 'Wellington Identity' in every child. Wellingtonians are encouraged to be Inspired, Intellectual, Independent, Individual, and Inclusive. Boasting a state-of-the-art campus, Wellington has built a vibrant community where all pupils strive to achieve academic excellence and engage in a comprehensive range of opportunities in music, performing arts, and sports.



[shanghai.wellingtoncollege.cn](http://shanghai.wellingtoncollege.cn)



**Email:**

[admissions.shanghai@wellingtoncollege.cn](mailto:admissions.shanghai@wellingtoncollege.cn)



**Telephone:**

+86 (21) 5185 3885



**Address:**

*Wellington:* 1500 Yaolong Road, Pudong New Area

*Early Years Centre:* 195 Tongwan Road, Pudong New Area



**WeChat:**

WellingtonCollegeSH



"We offer an education characterised by a multicultural and bilingual learning environment, with an emphasis on academic excellence, equipping students with the tools necessary for their future success."



**Date founded**

**Grade level**

**Curriculum**

**Languages taught**

**School strengths**

**Tuition**

**Description**



# Yew Chung International School of Shanghai (YCIS)

## 上海耀中外籍人員子女學校



Founded in Hong Kong in 1932, established in Shanghai in 1993

Kindergarten (K2) to Year 13

YCIS International Curriculum (Y1-Y9), IGCSE, IBDP

English, Mandarin, Spanish (in Secondary school)

Chinese Language & Culture, Placement at top global universities, Academics, Music, Art, Co-Curricular Activities, Sports

¥162,000 - ¥348,600/year (2023/2024)

YCIS Shanghai was the first independent international school in Shanghai officially recognised by, and registered with, the Chinese government. It is also the only school in all of Asia to have received the Cambridge Award for Excellence in Education. Renowned for its unique multicultural and bilingual approach to education, YCIS has a special focus on students learning both English and Mandarin at a high level. YCIS has six campuses in prime locations in both Puxi and Pudong. YCIS students consistently earn Top in World, Top in China, and High Achievement awards on their IGCSE examinations, achieve outstanding IB results, and go on to matriculate at the world's top universities. YCIS's international education develops caring, well-rounded, global citizens.



[www.ycis-sh.com](http://www.ycis-sh.com)



**Email:**

sh.enquiry@ycis.com



**Telephone:**

+86 (21) 2226 7666



**WeChat:**

YCISShanghai上海耀中



**Address:**

*Puxi Ronghua Campus (ages 2-6): 59 West Ronghua Avenue*

*Puxi Hongqiao Campus (ages 6-11): 11 Shuicheng Road*

*Puxi Gubei Campus (ages 11-18): 18 West Ronghua Avenue*

*Pudong Regency Park (ages 2-9): 1817 Huamu Road*

*Pudong Century Park Campus (ages 9-18): 1433 Dongxiu Road*

*Lingang Campus (ages 2-8): 1 Yinlian Road*

# PARENTS & KIDS

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# What Type of Learner Are You?

Understand how you learn best.

*By Lynn Yen*

**L**earning is a personal process. Each of us has a unique way of taking in new information, understanding concepts, and retaining knowledge. For people of all ages, knowing how you best learn is an important tool to have.

Traditional methods of teaching can be difficult for some people. You may have thought, "I'm not good at math," or "I can't memorize historical events," and convince yourself that you are just not smart or not capable, but that is not the case! Different people learn best in different ways. It isn't about the material, but how it is presented to you. By identifying what channels are the best for your learning process, you can be more efficient in picking up new knowledge and

even enjoy learning new things.

Let's explore some of the different learning styles, each with its own approach to communicating information.

## Visual

Monkey see, monkey do. Visual learning is a key method we use to learn, especially as little kids. When visual learners see information expressed in a graph or diagram, everything just clicks in their brains. These people need to see it to believe it, or at least to remember it. A verbal explanation can easily go in one ear and out the other. Instead, people strong in visual learning prefer visual aids such as diagrams, charts, graphs, and videos to bring to life different concepts.

**Try:** Drawing and labeling diagrams, creating illustrations, watching simulations or 3-D renderings, watching someone else do a task and copying it, mind mapping, color coding

## Auditory

Auditory learners use another one of our five senses, hearing, to take in information and retain it. These types of learners prefer spoken explanations, lectures, and discussions. They have a knack for remembering information that is presented verbally and benefit from repeating information aloud or discussing concepts with others.

**Try:** Reading out loud, listening to someone explain, talking it over with someone, explaining



a concept aloud, making songs to memorize a list, listening to audio-books.

### Kinesthetic or Tactile

Kinesthetic learners learn best through hands-on experiences and physical activities. Do it with your hands. Movement such as pacing can help with concentration and focus. The brain is a muscle too, and when the blood is flowing, kinesthetic learners thrive in environments where they can engage in activities such as experiments, simulations, role-playing, and interactive projects.

**Try:** Making a model, drawing, hands-on workshops, experiments, making it into a physical game, visiting an interactive museum, role-playing

### Logical

A logical learner needs to understand what they are learning on a deep level. Memorizing facts will not satisfy without putting information into a larger context. Logical learners thrive with orderly and sequential processes illustrating things like cause and effect or understanding relationships.

**Try:** Flow charts, logic quizzes or puzzles, problem-solving tasks, Venn diagrams, drawing timelines

### Linguistic

For linguistic learners, it is all about the written and spoken word. They excel at reading books and prefer written instructions. They are also skilled at synthesizing and summarizing information through writing.

**Try:** flashcards, rewriting notes, written summaries, reading, mnemonics, rhymes, writing outlines

### Solitary

These people like to learn independently on their own. They prefer being self-taught, self-motivated and are best when they work at their own pace. Being self-directed allows these types of learners to find connections and memory aids that work for them. They are guided by their own learning interests. Quite environments like libraries work well for these solitary learners.

**Try:** Quiet places, study schedules, setting clear objectives

### Social Learners

On the other end of the spectrum from solitary learners are social learners, who thrive in group settings and collaborative environments. They enjoy interacting with others, sharing ideas, and working together to solve problems. Gamify learning and harness the drive to beat a competitor to your advantage.

**Try:** Quizzing each other, a game of Jeopardy, study groups, group discussions, peer feedback

Understanding the diversity of learning styles is helpful for educators, parents, and students.

We all have capabilities in many of the learning categories. Whatever method is your strength, you can try mixing it up to see how different learning methods approach the same topic in new ways. You might just see things from a whole new perspective. The takeaway is to see that there are many ways to communicate information, and if one method doesn't work, you can always try a different route. **SF**



# Quick Compare

School	Area/ District	Age Range	Tuition	IB	AP	A Level	IGCSE	Curriculum
Huili School Shanghai	Pudong	Grades 1 - 12	Refer to School's Website	IBDP			✓	Chinese National Curriculum; International Curriculum Framework
Living Word Shanghai	Minhang	Grades 1 to 12	¥116,000-¥144,000/ year		✓			Shanghai National Curriculum; American Curriculum, Instruction Languages
Nord Anglia Chinese International School Shanghai	Minhang	Grades 1 to 12	¥154,000-¥240,000/ year	IBDP		✓		Shanghai National Curriculum Integrated With International Elements
North America International School	Minhang	Foundation - Grade 12	¥178,000/year		✓	✓	✓	American Curriculum, Dual Channel +4 Courses: Japanese, Elite, Art, Music, PE
Shanghai Gold Apple School	Pudong	2 years - Grade 12	¥80,000-¥128,000/ year					Chinese Curriculum K12, American Curriculum K12, Cambridge Curriculum K12
Shanghai Liaoyuan Bilingual School (LYBS)	Minhang	Grades 1 to 12	International High School: ¥ 172,000/ year	IB PYP, IB MYP, IBDP	✓	✓		Chinese National Curriculum, Canadian Ontario Secondary School Diploma, US High School Certificate
Shanghai Pudong Dongding Foreign Language School	Pudong	Grades 1 to 12	¥106,000-¥176,000/ year		✓	✓	✓	Compulsory Chinese Education Course
Shanghai Qibao Dwight High School	Minhang	Grades 10 to 12	¥164,000/year	✓	✓		✓	Chinese National Curriculum, International Curricula
Shanghai SMIC Private School	Pudong	Kindergarten to Grade 12	¥31,500 - ¥80,000/ semester (gov subsidy: ¥15,750 - ¥17,250/semester)		✓			Chinese Curriculum for Chinese Track, American-based Curriculum
Shanghai United International School (SUIS Schools)	Various	Kindergarten to Grade 12	Contact campuses for details	✓	✓	✓	✓	Chinese National Curriculum, BC (British Columbia)
Shanghai United International School Gubei Campus	Minhang	Grades 9 to 12	¥164,000/year	IBDP			✓	14 to 16 years old: IGCSE 16 to 18 years old: IBDP
Vanke DTD Primary & Middle Schools	Minhang/ Pudong	Grades 1 to 12	¥70,000-¥104,000/ semester	IBDP, IBCP	✓	✓	✓	National Curriculum, Bilingual Curriculum
Yew Wah International Education School (Lingang Campus)	Pudong	Grades 1 to 13	¥158,000- ¥265,000/ year			✓	✓	Integrated Curriculum

Information is for reference only, please contact the school directly for detailed prices and policies





美高学校  
LIVING WORD

"Living Word Shanghai cultivates future leaders through our focus on: integrity, good living, and learning habits, and instilling international values."



## Living Word Shanghai 上海美高双语学校



**Date founded**

September 2014

**Grade levels**

Grades 1 to 12

**Curriculum**

Grade 1 to 9: Shanghai National Curriculum integrated with international curriculum; Grade 10-12: American High School Curriculum, AP Courses

**Languages taught**

English, Mandarin

**School strengths**

Infusion of multicultural and international elements, six world language programs, 17 AP courses, Cognia accredited

**Tuition**

Primary School: ¥116,000/year; Secondary School: ¥124,000/year; High School: ¥144,000/year

**Description**

Living Word Shanghai offers international quality education in grades 1-12. The school has its own College Application Centre. The aim of the school is to train kids aged 6-18, and to create high-quality bilingual students with an international perspective.



<http://lw-school.org> (Primary School, Middle School)  
<http://www.lwshanghai.org> (High School)



**Email:**

admissions@lwchina.org



**Telephone:**

+86 (21) 6296 8877

(Primary School, Middle School)

+86 (21) 5237 1000 (High School)



**Address:**

Primary School, Middle School: 688 Jiyou Road, Huacao Town, Minhang District

High School: 1250 Beisong Road, Minhang District



诺达双语学校上海闵行区  
NACIS SHANGHAI

## NACIS SHANGHAI

### 上海闵行区诺达双语学校

"Learning at NACIS Shanghai will be a creative, challenging and rewarding experience for your child. They will be inspired to be personally, socially and academically ambitious."



**Date founded**

September 2016

**Grade level**

Grades 1 to 12

**Curriculum**

Grade 1 to 9: Shanghai National Curriculum integrated with international elements  
Grade 10 to 12: International Baccalaureate Diploma Programme, A Level

**Languages taught**

Mandarin, English

**School strengths**

Global Campus - Unique international opportunities, Juilliard-Nord Anglia Performing Arts Programme, The MIT- Nord Anglia STEAM Programme, United Nations UNICEF Student Summit

**Tuition**

Grade 1 to 5: ¥154,000/year; Grade 6 to 9: ¥180,000/year;  
Grade 10 to 12: ¥240,000/year

**Description**

NACIS SHANGHAI caters to students from age 6 to 18 years and is an authorized IB World School for the International Baccalaureate Diploma Programme. The phase two campus has been officially put into use in September 2020, which can provide advanced educational facilities and diversified teaching environments for 3,770 students. The NACIS curriculum delivers the fundamental learning objectives of the Shanghai National Curriculum integrated with international elements through the medium of Mandarin Chinese and English. Our performing arts programme is developed in collaboration with the Juilliard School and STEAM programme in collaboration with MIT. The school offers the best of Chinese and international learning styles and the experience of leading educators to provide a distinctive global education programme for students.

[www.nacisminhang.cn](http://www.nacisminhang.cn)



**Email:**

[apply@nacis.cn](mailto:apply@nacis.cn)



**Telephone:**

+86 (21) 2403 8800



**Address:**

1399 Jinhui Road, Minhang District



# Shanghai Gold Apple School

## 上海市民办金苹果学校

"Respect for differences,  
Construct suitable  
education for students"



<b>Date founded</b>	2000
<b>Grade level</b>	2 years to Grade 12
<b>Curriculum</b>	Chinese Curriculum K12, American Curriculum K12, Cambridge Curriculum K12
<b>Languages taught</b>	English, Spanish, Korean, Mandarin
<b>School strengths</b>	Kindergarten: Bilingual teaching and artistic enlightenment. Primary: Barrier-free spoken English. Learn at least one artistic specialty and achieve supra-national standard in physical fitness. Secondary: Achievement Certificate, Physical Ability Certificate, and Bilingual Speech Certificate. Personalized career planning, university guidance.
<b>Tuition</b>	International Department: Grade 1 to 8: ¥80,000/year, Grade 9 to 12: ¥128,000/year
<b>Description</b>	Shanghai Gold Apple School adheres to the core values of "Responsibility, Generosity, Excellence." With "Respect for differences, build suitable education for students", it aims to be a brand school with "strong personality, excellent features and high degree of internationalization." The school has achieved notable successes, its personalised and featured education has a great influence and popularity in Shanghai and the whole country.



[www.jinpingguo.com.cn](http://www.jinpingguo.com.cn)



**Email:**  
zb@jinpingguo.com



**Telephone:**  
139 1610 9794



**Address:**  
1555, Jufeng Road, Pudong New Area



**WeChat:**  
SGAS-INTERNATIONAL





# Shanghai Liaoyuan Bilingual School (LYBS)

## 上海市燎原双语学校

"Focusing on Holistic Education to Guide Lifelong Learning!"



### Date founded

1992

### Grade level

Grade 1 to Grade 12

### Curriculum

Chinese National Curriculum; Ontario Secondary School Diploma (Canada); US High School Certificate; Advanced Placement (AP) options; A-Level Programme; IB Diploma Programme

### Languages taught

Mandarin, English, Japanese, Spanish, French, German

### School strengths

LYBS is an IB continuum world school (PYP, MYP, DP) offering a dual-track system in a bilingual learning environment supported by a multi-cultural faculty and providing a variety of graduation pathways based on personalized education solutions.

### Tuition

SY2023-2024: Primary School: Bilingual Classes: ¥7,750/semester, Integrated: ¥38,250/semester; Middle School: Bilingual Classes: ¥2,750/semester, Integrated: ¥33,250/semester; International High School: ¥172,000/year, SY2024-2025 fees to be confirmed.

### Description



LYBS is an IB continuum world school with an uninterrupted history of over 30 years, offering high quality education for students aged 6 to 18. The school's mission is to provide holistic, bilingual education that supports cultural diversity, beliefs and values, and develops the whole child to become a successful global citizen and lifelong learner.



[www.liaoyuanedu.org](http://www.liaoyuanedu.org)



### Email:

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### Telephone:

+86 (21) 6480 6128 (Elem & MS)

+86 (21) 6480 5828 (Int'l HS)



### Address:

150 Pingyang Road, Minhang District



上海浦东新区民办东鼎外国语学校  
Shanghai Pudong Dongding Foreign Language School

# Shanghai Pudong Dongding Foreign Language School

## 上海浦东新区民办东鼎外国语学校

"Bilingual, Multicultural,  
Intelligent and Talented  
Chinese facing the  
world with confidence"



<b>Date founded</b>	2000
<b>Grade level</b>	Grade 1 to Grade 12
<b>Curriculum</b>	Compulsory Chinese Education Course, IGCSE, A-Level, AP
<b>Languages taught</b>	Mandarin and English
<b>School strengths</b>	Based on the premise of respecting the development of students' individuality, making use of scientifically developed courses as our guide, featuring sports, art, science, technology, and bilingualism to promote the diversified development of students.
<b>Tuition</b>	Primary School: ¥106,000/year; Middle School: ¥114,000/year; High School: ¥176,000/year
<b>Description</b>	Shanghai Pudong New Area Private Dongding Foreign Language School, formerly the Second Foreign Language School Affiliated to Shanghai Normal University, was founded in 2000. Located in the center of Disneyland, Pudong International Airport and Lingang New Area of Shanghai Free Trade Zone, it is a 12-year private bilingual school with high standards. The school covers an area of nearly 200 mu, with a building area of 200,000 sqm. The school now has a primary school, a middle school, a domestic high school and an international high school. In line with the school spirit of "unremitting self-improvement and the pursuit of excellence", the school provides suitable education for every student. With the construction of "beautiful campus, efficient classroom, humane teachers, five classes of curriculum, courteous youth, smart parents" as the starting point, it pays attention to the lifelong development of every child. The school advocates the concept of "touching life with education", so that every Dongding student can have an international perspective, and become an "independent personality, unique personality, be the host, be the creator" of the new era of teenagers.

[www.dongdingfls.com](http://www.dongdingfls.com)



**Email:**

maggiexiao@2ndfls.com; blairzhao@2ndfls.com



**Telephone:**

+86 (21) 6800 1159; +86 (21) 6800 1257



**Address:**

699 Guanhai Road, Pudong New Area



"To lay a beautiful foundation for life by igniting the spark of genius in every student."



## Shanghai Qibao Dwight High School 上海七宝德怀特高级中学



**Date founded**

2014

**Grade level**

Grades 10 to 12

**Curriculum**

IB, Cambridge (IGCSE), AP online, Chinese National Curriculum

**Languages taught**

English, Mandarin Chinese, Japanese, Spanish, French, German

**School strengths**

Excellent academics and university placement with curricular offerings including more than 36 IBDP courses. All five graduating classes have had students achieve IBDP 45/45 (8 in total since 2017) and 94% of 2021 graduates were accepted to top-tier global universities. Our network of seven Dwight Schools (New York, London, Seoul, Shanghai, Dubai, Hanoi and Global Online) offer students a wide range of academic choices, enriching extracurricular activities, and cross-campus exchange opportunities unique to Dwight.

**Tuition**

¥164,000/year (tuition does not increase for individual students once they enroll)

**Description**

Shanghai Qibao Dwight High School, the first independent, Sino-U.S. cooperatively-run high school approved by the Ministry of Education in China, integrates the best of Eastern and Western education. Accredited by WASC and a member of EARCOS and ECIS, we create a learning environment that fosters the development of innovative, globally-minded leaders.



[www.qibaodwight.org](http://www.qibaodwight.org)



**Email:**

[admissions@qibaodwight.org](mailto:admissions@qibaodwight.org)



**Telephone:**

+86 (21) 3490 9939; +86 (21) 5485 5649



**Address:**

3233 Hongxin Road, Minhang District



**Admissions Contact:**

Bailey Wu Yingying, Robbie Shields





## Shanghai SMIC Private School 上海市民办中芯学校

"SMIC's heart and soul is a partnership with families and community to provide positive, student-centered education that balances academic excellence with physical, social, and emotional well-being"



**Date founded**

2001

**Grade level**

Kindergarten to Grade 12

**Curriculum**

American-based curriculum with AP courses for SMIC-I; Chinese curriculum for Chinese track

**Languages taught**

English, Mandarin, French, Spanish

**School strengths**

WASC accreditation for SMIC-I, AP courses, bilingual education, athletics, character education

**Tuition**

SMIC-I: K: ¥70,000/sem; G1-G5: ¥72,000/sem; G6-G8: ¥77,000/sem; G9-G12: ¥80,000/sem

Chinese Track: G1-G5: ¥31,500/sem; G6-G9: ¥35,000/sem; (Gov subsidized: G1-G5: ¥17,250/sem; G6-G9: ¥15,750/sem); G10-G12: ¥80,000/sem

**Description**



Founded by SMIC, China's largest semiconductor company, the school has over 3,000 students taught by a faculty of over 300, half of whom are experienced foreign teachers. In addition to the bilingual kindergarten programme, Grades K to 12 students may apply to SMIC-I or the Chinese track upon meeting admissions criteria. The school believes in the holistic development of individuals through curricular and extracurricular activities.



[www.smicschool.com](http://www.smicschool.com)



**Telephone:**

+86 (21) 2033 2588



**Admissions Contact:**

[admissions@smicschool.com](mailto:admissions@smicschool.com)



**Address:**

*Middle & High School:* 169 Qingtong Road, Pudong New Area

*Elementary School:* No. 3, Lane 19, Qingtong Road, Pudong New Area



# Shanghai United International School (SUIS Schools) 协和双语学校



**Date founded** 1993 (Xiehe Education)

**Grade level** K-12

**Curriculum** Chinese National Curriculum/IB/IGCSE/A-Level/AP/BC

**Languages taught** Mandarin, English

**Tuition** Contact campuses for detailed information

**Description**



Xiehe Education, founded in 1993 in Shanghai and bearing "Developing in Harmony, where East Meets West" as its core value, has become a pioneer and leader in the exploration of Chinese non-governmental K-12 education. Thus far, Xiehe has already founded more than 40 kindergartens and 10 SUIS schools, and one academy in Shanghai, with students from over 40 countries and regions around the world. At present, Xiehe Education has grown into one of the most influential bilingual education organizations, recognized for the highest-quality education, in China.



[www.suis.com.cn](http://www.suis.com.cn)



**Telephone:**

+86 (21) 3431 6025 (HQ)  
+86 (21) 5175 3015 (GB)  
+86 (21) 5417 7228 (SY)  
+86 (21) 5493 3272 (JK)  
+86 (21) 6498 1238 (WY)  
+86 (21) 6809 9100 (PD)  
+86 (21) 5580 0228 (PDSL)  
+86 (21) 5978 8662 (QP)  
+86 (21) 156 0177 8798 (PM)  
+86 (510) 8853 7775 (WX)  
  
+86 (551) 6599 7667 (HF)



**SUIS Schools Address:**

*Hongqiao Campus:* 999 Hongquan Road, Minhang District  
*Gubei Campus:* 248 East Hongsong Road, Minhang District  
*Shangyin Campus:* 310 Luhao Road, Minhang District  
*Jiaoke Campus:* 55 Wanyuan Road, Minhang District  
*Wanyuan Campus:* 509 Pingji Road, Minhang District  
*Pudong Campus:* 468 Kangwu Road, Pudong New Area  
*Pudong Sanlin Campus:* 1515 Sanlin Road, Pudong New Area  
*Qingpu Campus:* 32 Yejin Road, Qingpu District  
*Peiming Campus:* 1607 Xinzha Road, Jing'an District  
*Wuxi Campus:* 8 Wenjing Road, Business District, Xidong New Town, Jiangsu Province  
*Hefei Campus:* 666 Jialingjiang Road, Binhu New District, Hefei, Anhui Province



# Shanghai United International School Gubei Campus

## 上海协和双语高级中学

"Developing in  
Harmony, where East  
Meets West"



**Date founded**

September 2007

**Grade level**

Grades 9 to 12

**Curriculum**

14 to 16 years old: International General Certificate of Secondary Education (IGCSE)

16 to 18 years old: International Baccalaureate Diploma Programme (IBDP)

**Languages taught**

English, Mandarin (Chinese language related courses only)

**Tuition**

Grade 9: ¥140,000/year; Grade 10-12: ¥164,000/year

**Description**

SUIS Gubei Campus is located in the heart of the Gubei international community containing comprehensive teaching buildings, IT facilities, laboratories, a learning resource centre, specialist art, music, and drama facilities, parents reception room, indoor gym, outdoor sports areas, medium and large conference rooms and a modern cafeteria. At SUIS Gubei, we are committed to providing high-quality multi-cultural and holistic international education by integrating elements of both Eastern and Western education. We prepare our students to become internationally-minded, global citizens and, through a range of educational programmes, prepare the way for entry to the world's best universities. Our students go on to attend top overseas universities.



<https://gubei-en.suis.com.cn>



**Telephone:**

+86 (21) 5175 3015

+86 (21) 5175 3030\*858



**Email:**

annie.yan@suis.com.cn



**Address:**

248 East Hongsong Road,  
Minhang District



**WeChat:**

SUIS-GB





# Vanke DTD Primary and Middle Schools

## 万科德英乐中小学

"Develop Global Vision,  
Inspire Unlimited  
Potential,  
To Foster Chinese  
Talents to Stand Out in  
the World."



**Date founded**

1996

**Grade level**

Grades 1 to 12

**Curriculum**

Chinese National Curriculum, Bilingual Curriculum, IGCSE, A-level, IBDP, IBCP, AP

**Languages taught**

English, Mandarin

**Tuition**

Primary: ¥70,000 - ¥72,000/semester;  
Junior Secondary: ¥74,000 - ¥76,000/semester;  
High School: ¥89,000 - ¥104,000/semester

**School strengths**

Strong support system, Small class size, Bilingual environment, K-12 Education system, International high school qualifications

**Description**

After more than 20 years of development and exploration, Vanke DTD Education has now covered Preschool Education, Compulsory Education, High School Education and Empowering Education, and has participated in teaching management with 10 schools and kindergartens, with a total of more than 5,000 students.



<http://www.dtd-edu.cn>



**Email:**

adm\_vkbs@tdt-edu.cn (VKBS)  
adm-vsp@tdt-edu.cn (VSP)  
admission.mhhs@tdt-edu.cn (VKBS High School)



**Telephone:**

+86 (21) 6459 9759 (VKBS)  
+86 (21) 3463 3623 (VSP)  
+86 150 2119 2850 (VKBS High School)  
+86 181 1719 8864 (VSP High School)



**Address:**

*Vanke Bilingual School (VKBS):*  
3568 Qixin Road, Minhang District  
*Vanke School, Pudong (VSP):*  
Lane 1700, 2-4 Kangqiao Road, Pudong New Area  
*VKBS High School:*  
595 Wubao Road, Minhang District

"Diligence, Frugality,  
Humility, Faithfulness"



<b>Date founded</b>	2015
<b>Grade level</b>	Grade 1 to Grade 12
<b>Curriculum</b>	Primary Programme (Grade 1 to 5): Integrated Curriculum; Lower Secondary Programme (Grade 6 to 9): Integrated Curriculum; Upper Secondary (Grade 9 to 12): IGCSE & A Level. YWIES creates an authentic international atmosphere and learning environment in China's mainland through its comprehensive programme with a team of professional expatriate teachers and advanced education philosophies.
<b>Languages taught</b>	Mandarin, English
<b>School strengths</b>	Holistic education, character education, lifelong learning, all-round English, overseas learning, art and music programme.
<b>Tuition</b>	Primary: ¥158,000/year, Lower Secondary: ¥168,000/year Upper Secondary: ¥255,000/year (IGCSE), ¥265,000/year (A Level)
<b>Description</b>	YWIES focuses on bilingual teaching and has considerable experience in teaching English and Chinese as second languages. The school has a strong team of professional Chinese and expatriate teachers, who work together to implement a new pedagogy that brings international education to the new generation of China. YWIES students can apply for admissions to overseas schools at any level of study through the unique integrated curriculum.

**www.ywies-shpd.com**



**Email:**  
enquiry.shpd@ywies.com



**Telephone:**  
400 021 0042  
+86 (21) 6118 0809



**Address:**  
2 Yinlian Road, Nanhui New Town, Pudong New Area



## Huili School Shanghai

### 上海浦东新区民办惠立学校

<b>Date founded</b>	August 2018
<b>Grade level</b>	Grade 1 - 12
<b>Curriculum</b>	Primary & Junior High: Adhere to the Chinese National Curriculum; High School: IGCSE and IBDP. Huili is an IB World School and member of Council of International Schools (CIS). The overall curricula are a bilingual immersion environment coupled with the Huili Values, and Wellington's holistic approach.
<b>Languages taught</b>	Mandarin, English, Spanish
<b>School strengths</b>	Bilingual immersion, holistic education, pastoral care, and well-being programme
<b>Tuition</b>	Refer to the school's website
<b>Description</b>	Huili is a member of the Wellington College family. Located in Pudong's New Bund, it is a world-class and purpose-built school, equipped with staff and facilities to provide the best academic and co-curricular opportunities. The academic team comprises highly skilled international and Chinese leaders and teachers committed to delivering Huili curriculum's vision of holistic bilingual education.

[shanghai.huilieducation.cn](http://shanghai.huilieducation.cn)



**Email:**  
admissions.hss@huilieducation.cn



**Telephone:**  
+86 (21) 3177 5080



**Address:**  
235 Linyao Road, Pudong New Area



**上海诺美高级中学**  
North America International School

## North America International School

### 上海诺美高级中学

<b>Date founded</b>	2017
<b>Grade level</b>	Foundation to Grade 12
<b>Curriculum</b>	Dual channel +4 special courses: IGCSE Foundation, American Curriculum & AP, IGCSE & A-Level Curriculum, Japanese Courses, Elite Course, Art Course, Music Course, PE Course
<b>Languages taught</b>	English, Mandarin
<b>School strengths</b>	Curriculum integration, differentiated instruction, practical exploration, diverse evaluation
<b>Tuition</b>	High School: ¥178,000/year.
<b>Description</b>	NAIS is a full-time, boarding, non-profit private school. It is located in the center of Minhang District with an area of approximately 60,000 sqm. There are three main buildings: The Language Center, Performing Arts/Gymnasium Center, and The Residential Building, including a library, lab, music room, art room, bakery, drama hall, multifunctional lecture hall, theater, stadium, fencing hall, climbing wall, gym, sports field, dining hall, cafe, and dormitory.

[www.shnais.cn](http://www.shnais.cn)



**Email:**  
nais-marketing@north-america.cn



**Telephone:**  
+86 (21) 3223 1766



**Address:**  
159 Diannan Road, Minhang District





# Preschools & Kindergartens

Choose from a variety of early learning programmes for young children





# Is it Time to Change Schools?

Signs your child's school isn't the right fit. *By Anabela Mok*

Choosing the right school for your child is a significant decision, but what if it's not the right fit? There comes a time when you may realize that the school you've selected might not be meeting your child's needs. This realization can stem from various reasons, ranging from the curriculum, the teaching style, to the overall academic environment of the school. As a parent, watching your child struggle is very difficult.

## Mismatched Environment

One of the first signs that your child's current school isn't the best match is when you observe a mismatch between your child's needs and the school's environment.

This mismatch can manifest in several ways, such as the ambience of the classrooms—whether they're too quiet, too noisy, too rigid, or too informal. Each child thrives in different environments, so it's essential to assess whether the school's atmosphere aligns with your child's preferences and learning style.

Just like adults, children are profoundly affected by their environment, including their school environment. Factors like a lengthy commute or a lack of synergy in the classroom and with peers can significantly impact your child's well-being and academic performance. As a parent, it's essential to

pay attention to how your child is coping and thriving in their school environment.

## What are the signs to look for in your child to indicate it is time for a change

**1. Exhaustion:** Keep an eye out for signs of exhaustion in your child, such as irregular sleep patterns or disrupted eating habits. Over-exhaustion can lead to increased tantrums and difficulty focusing on tasks like homework or reading, hindering your child's overall academic performance and well-being.

**2. Under-challenged/Unmotivated:** If your child shows a lack of

motivation or enthusiasm for school, it could be a sign that they're not being intellectually stimulated or challenged enough. Children thrive when they're engaged in their learning and feel a sense of accomplishment, so it's essential to assess whether the school's curriculum and teaching methods are meeting your child's needs.

Children can also feel unmotivated when teachers show favouritism to a select few students, or not having clear objectives when it comes to volunteer selection for class events.

A good teacher recognises when and how to encourage a child, which enriches the learning environment.

### 3. Misaligned academic goals:

Despite the school's efforts to implement their teaching methods, your child may not be making the academic progress you'd expect. This discrepancy could indicate that the school's academic methodology and benchmarking don't align with your child's learning style and expectations.

**4. Unhealthy Peer Group Mix:** Peer influences play a significant role in shaping a child's behaviour and attitudes. If you notice your child exhibiting negative behaviour's that are out of character, it could be a result of unhealthy peer interactions or bullying within the school environment.

### 5. Imbalanced Student-Teacher Ratio/Chaotic Environment:

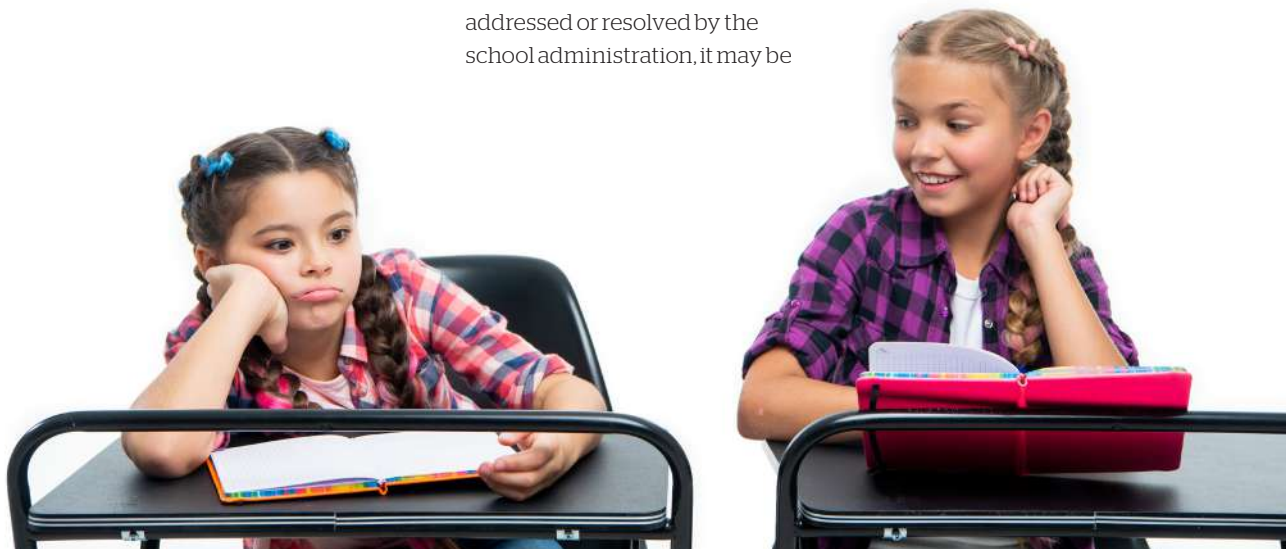
An overcrowded classroom or an imbalanced student-teacher ratio can compromise your child's learning experience and overall well-being. Especially if the classroom size is too large with children of varying capabilities not grouped by similar skills or providing booster classes to further their learning. Or, not having a backup plan in place when a teacher falls ill, resulting in the merging of small classes under a single teacher. It's crucial for teachers to provide adequate supervision and support to ensure that every child receives the attention and assistance they need to succeed.

### 6. Lack of Changes by the School:

If your concerns regarding your child's school environment are not addressed or resolved by the school administration, it may be

time to consider alternative options. Your child's education is too important to compromise, and it's essential to advocate for their well-being and academic success.

Early and primary years have a huge influence on a child's education foundation skills. This is the time for building confidence, critical thinking, and analysis. Choosing the right school for your child is a pivotal decision that can significantly impact their academic success and overall well-being. If you observe any of the signs mentioned above indicating that your child's current school isn't the right fit, it's essential to create an open dialogue with the school administration to learn further about the situation and possible solutions. Do not be afraid to look at other schools for a comparison, maybe you will find a school that is naturally in better alignment with your child's needs and learning style. By prioritizing your child's comfort, growth, and academic progress, you can ensure that they thrive in their educational journey. **SF**







APPLE MONTESSORI

"A leading international childcare center focusing on preschool education. We provide an authentic Montessori education in an immersive bilingual environment."



## Apple Montessori

**Date founded**

2012

**Grade level**

6 months to 6 years

**Curriculum**

Montessori Curriculum; English Literacy; English Drama; Rhythm &amp; Music; Physical Education; IB

**Languages taught**

English, Mandarin

**School strengths**

Full-time English teacher in each class, excellent teacher-student ratios: 1:2 - 1:5, expert infant care, premium locations with kitchens and outdoor play-grounds, Montessori certified teachers, professional learning environment, diverse curricula and events.

**Tuition**

¥11,000 - ¥14,600\*12/year (varies by campus)

**Description**

Apple Montessori is an international childcare centre providing an authentic Montessori education in an immersive language environment. The school adheres to the internationally recognized Montessori philosophy, offering an individualised curriculum that celebrates and responds to unique needs of every child. With hands-on tools, students explore subjects such as language, math, science, culture, geography, history, biology and art. Students are shaped into well-rounded, independent and explorative learners with open minds and hearts, together with a global perspective.



<https://applemontessori.org/>

**Email:**

Xuhui.campus@applemontessori.org

**Address:**

Xuhui Campus: 290 West Jianguo Road, Xuhui District

**Telephone:**

+86 (21) 5466 8788/134 8264 4860 (Xuhui)

"Fortune Kindergarten's international education encourages personal, and academic development, nurturing our students into adaptable, moral, thoughtful, and co-operative individuals."



<b>Date founded</b>	1998
<b>Grade level</b>	Baby class to Kindergarten (18 months to 6 years)
<b>Curriculum</b>	School-based international, thematic, English and Mandarin bilingual Early Years Program
<b>Languages taught</b>	English, Mandarin
<b>School strengths</b>	Bilingualism, After-school clubs, Multiculturalism
<b>Tuition</b>	¥9,600 – ¥17,000/month
<b>Description</b>	Fortune Kindergarten is unique, with a proud tradition in early childhood education. Our goal is to accomplish bilingualism through an East-meets-West internationally recognised curriculum. The approach of emphasizing personal and academic student development has been embraced by hundreds of families since the school's founding. The school culture and curriculum stimulates children in all areas of their development, ensuring they enjoy the process of learning while attaining excellent personal values and academic skills.

[www.fkis.com.cn](http://www.fkis.com.cn)



**Telephone:**

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 +86 (21) 5070 4300 (JTY)  
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 +86 (21) 5417 9425 ext. 606 (ST)  
 +86 (21) 3359 2301 (OCT)  
 +86 (21) 5875 9020 ext. 106 (TD)  
 +86 (21) 6877 2096 ext. 101 (JK)  
 +86 (21) 5039 8797 ext. 101 (LY)  
 +86 (21) 5608 6609 ext. 101 (Jing'an)  
 +86 (21) 5085 5988 ext. 801 (XLC)  
 +86 (21) 5978 8650 (Qingpu)  
 +86 (0510) 8853 7608 (Wuxi)



**Address:**

*Main Campus:* 55 Lancun Road, Pudong New Area  
*Hongqiao Campus:* 1357 Wuzhong Road, Minhang District  
*Jintaiyang Campus:* No.57, Lane 750, Jinyang Road, Pudong New Area  
*Yaohua Campus:* No.1, Lane 550, Yaohua Road, Pudong New Area  
*Sentosa Campus:* No.450, Lane 2199, Gudai Road, Minhang District.  
*OCT Campus:* 1899 Pushen Road, Minhang District.  
*Tiandi Campus:* No.8, Lane 60, Lancun Road, Pudong New Area  
*Jinkui Campus:* 550 Jinkui Road, Pudong New Area  
*Longyang Campus:* 201 Huanlong Road, Pudong New Area  
*Jing'an Campus:* 1009 Luochuan Middle Road, Jing'an District  
*Xinlicheng Campus:* No.138, Lane 4501, South Yanggao Road, Pudong  
*Qingpu Campus:* 645 Zhiding Road, Qingpu District  
*Wuxi Campus:* 8 Wenjing Road, Xishan District, Wuxi, Jiangsu Province

## Huili Nursery Shanghai 上海浦东新区民办惠立幼儿园

<b>Date founded</b>	August 2018
<b>Grade level</b>	2 to 6 years of age
<b>Curriculum</b>	A bespoke framework to promote hands-on, brain-active learning creative, project-based learning
<b>Languages taught</b>	Bilingual immersion with a 50/50 exposure to Mandarin and English
<b>School strengths</b>	Bilingual immersion, indoor/outdoor learning spaces, Huili Values
<b>Tuition</b>	Refer to the nursery website
<b>Description</b>	Huili Nursery focuses on the use of spaces, enhancements, and provocations to promote learning and development across various areas. Located in the New Bund area in Pudong, Huili Nursery represents a marriage of traditional values and evidence-based practice from the UK and China. Using a bilingual curriculum designed to deliver education through purposeful play, promoting recognized areas of learning and development, Huili offers each child a personalized learning journey.

[shanghai-nursery.huilieducation.cn](http://shanghai-nursery.huilieducation.cn)



**Email:**  
admissions.hns@huilieducation.cn



**Address:**  
215 Tongwan Road, Pudong New Area



**Telephone:**  
+86 (21) 3158 0010

# Follow Us For the Latest News and Events!

Follow us on  
**WeChat**







## Melodie International Preschool & Kindergarten

"Where learning is fun"



**Date founded**  
**Grade level**  
**Curriculum**  
**Languages taught**  
**Tuition**  
**Description**

2005  
Infant class, Preschool, Kindergarten  
British EYFS, Orff Music, Dance, Karate  
English, Mandarin  
¥7,000- ¥8,000/month  
Melodie International has two private preschools and one kindergarten. Our mission is "to help children grow happily in a safe, supportive and comfortable learning environment. Here they can develop at their own pace, while having fun and enjoying the magic of their childhood." Our curriculum combines both English and Chinese elements, but both are inspired by STEAM and the British EYFS. We advocate fun-based learning to create an environment where children are confident, sociable, adventurous and build life skills to be ready for their next step in education.



[www.melodypreschool.com](http://www.melodypreschool.com)



**Telephone:**

Yongjia: +86 (21) 6472 0200  
Xingguo: +86 (21) 6438 7603  
Changning: +86 (21) 6438 7603



**Address:**

Yongjia Campus: No. 31, Lane 356, Yongjia Road, Xuhui District  
Xingguo Campus: 91A Xingguo Road, Xuhui District  
Changning Campus: 307 Changning Branch Road, Changning District



## Julia Gabriel Centre 嘉宝幼儿园、嘉贝托育园

"Empowering learners  
with skills for life,  
through dramatically  
different education."



**Date founded**

2007 (Shanghai)

**New for 2024**

Infant to Toddler Day Care Programme: 6 Months - 15 Months

**Grade level**

Adult-accompanied Programme: 6 Months - Entering Nursery

Day Care Programme: 6 Months - 15 Months

Bilingual Preschool: 15 Months - 6 Years

Speech & Drama, Readers & Writers Programmes: 2 - 6 Years

Weekend & Summer Camps: 6 Months - 6 Years

**Curriculum**

EduDrama® Approach

**Languages taught**

English and Mandarin

**School strengths**

Unique EduDrama® methodology, strong immersion bilingual education programmes, nurturing environment to empower children to be expressive, creative, and confident communicators.

**Tuition**

Nursery - Kindergarten: ¥200,000 - ¥260,000/year

**Description**

A dramatically different learning journey, using Edudrama® as a collaborative process of wonder, curiosity, and self-discovery. Programmes are based on the ideal learning components of a warm, stimulating environment. We are committed to the holistic development of each child as a unique person and empower every learner to succeed in school and in life.

[www.juliagabriel.com.cn](http://www.juliagabriel.com.cn)



**Email:**

Admissions: [enquiries@juliagabriel.com.cn](mailto:enquiries@juliagabriel.com.cn)  
Careers: [hr@juliagabriel.com.cn](mailto:hr@juliagabriel.com.cn)



**Telephone:**

+86 (21) 6418 5600



**WeChat:**

嘉宝嘉贝JuliaGabriel



**Address:**

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Jiabei Nursery, Xuhui: 460 Yongjia Road

Jiabao Kindergarten, Qiantan: S3, 255 Dongyu Road

Jiabao Kindergarten, Xuhui: 75 Wuxing Road

Joy Explorer Academy: 3-4F, 195 Dongyu Road

**A DRAMATICALLY  
DIFFERENT  
SCHOOL  
OF THOUGHT**

*Julia Gabriel*  
**CENTRE**



▶ **Adult-accompanied  
Programme**

6 Months - Entering Nursery

▶ **Day Care Programme**

6 - 15 Months

**Bilingual  
Preschool**

15 Months - 6 Years



▶ **Speech & Drama,  
Readers & Writers  
Programmes**

2 - 6 Years

▶ **Weekend & Summer  
Camps**

6 Months - 6 Years



+86 (21) 6418 5600

**Careers:** [Joinus@juliagabriel.com.cn](mailto:Joinus@juliagabriel.com.cn)

**Admissions:** [enquiries@juliagabriel.com.cn](mailto:enquiries@juliagabriel.com.cn)

**Qiantan • Xuhui**

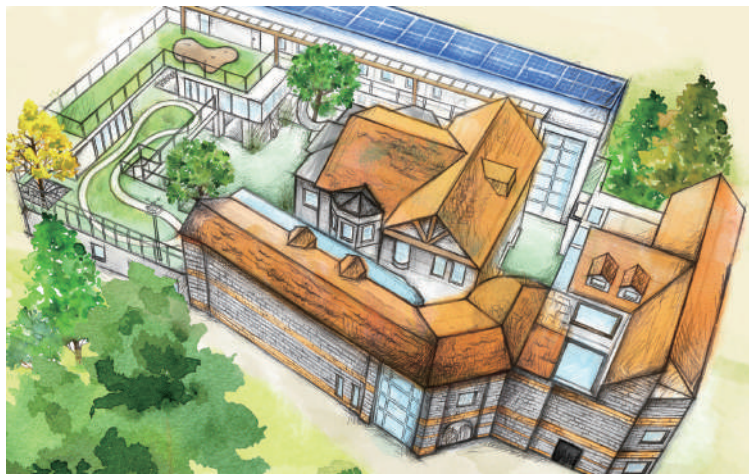




## Magnolia Kindergarten

### 玛诺利娅主题幼儿园

"Magnolia Kindergarten is an official licensed kindergarten located in a 100-year-old manor in People's Square. The certified and experienced team is offering a complete education in a happy, home feeling, and creative environment."



#### Date founded

2014

#### Grade level

2 to 6 years, Two's to K levels and TPS to CP levels

#### Curriculum

Magnolia offers two bilingual sections:

English/Mandarin combines British National Curriculum and Chinese Curriculum

French/Mandarin Section combines the French National Curriculum and Chinese Curriculum

#### Languages taught

English, French, Mandarin

#### School strengths

Creative activities, monthly field trips, no screens, big class sizes in a cosy, family-like environment. English, French, and Mandarin teachers are dedicated full-time to each classroom.

#### Tuition

¥14,000/month for French/Chinese Section

¥16,500/month for English/Chinese Section

#### Description

The school's mission is to contribute to the development of internationally-minded, curious and enthusiastic children. Magnolia Kindergarten is a centre for happiness, high quality education, and discovery. The school size is 3,000 sqm. The positive development of children is in the heart of every moment of the day. Facilities include two libraries, one children's kitchen, one art and exhibition studio, one carpentry workshop, one large indoor playground, three outdoor playgrounds, one organic garden, one giant slide, and a tree top canopy play area.

[www.magnolia-kindergarten.com](http://www.magnolia-kindergarten.com)



#### Email:

admin@magnolia-kindergarten.com



#### Telephone:

+86 (21) 6314 0012



#### Address:

57 Jiangyin Road, (close to North Huangpi Road),  
Huangpu District



Admission



WeChat  
Account







"Learn with Laughter!"



## OKiKi Kindergarten 上海民办胡姬港湾幼儿园



**Date founded**

2005

**Grade level**

Ages 2-6

**Curriculum**

Chun-Mei Holistic Education

**Languages taught**

English & Chinese

**School strengths**

International standards of service with leading teaching and management concepts; Best value for money, and free value-added courses; A strong first-class Chinese and foreign team and Research Institute with experts; Authentic English environment and imported eco-friendly toys and facilities; Excellent parent community and high-end parent club.

**Tuition**

¥15,800/month

**Description**

OKiKi, a Singapore-invested kindergarten, has schools in London, Chinese mainland, Singapore and more. OKiKi operates four schools in Shanghai, as well as OKiKi Raffles Creative Training Center. Shanghai Municipal Education Commission evaluated three as first-class kindergartens. In 2010, OKiKi and East China Normal University established "TECNU OKiKi." This joint institution shares preschool education knowledge and teaching resources.



[www.OKiKi.com](http://www.OKiKi.com)



**Telephone:**

SSNH: +86 (21) 5130 5141  
ZJ CX: +86 (21) 6839 2750  
LHFG: +86 (21) 6456 4117  
GLPB: +86 (21) 5466 9810  
PXTY: +86 (21) 5401 5717  
Hotline: 400 696 5454



**Address:**

SSNH Campus: No.13, Lane 100, Yushan Road, Pudong New Area  
ZJ CX Campus: 100 Chunxiao Road, Pudong New Area  
LHFG Campus: No.35, Lane 205, Fenggu Road, Xuhui District  
GLPB Campus: No.42, Lane 21, Pubei Road, Xuhui District  
PXTY Nursery: 14 Xiushan Road, Xuhui District





## Tiny Tots International Pre-School and Kindergarten

### 上海泰宁外籍人员子女幼儿园

"Tiny Tots is where successful learning begins."



**Date founded**

1997

**Grade level**

2-6 years

**Curriculum**

Tiny Tots uses an American curriculum called World of Wonders for 3 to 5-year-olds and Wonders for 5 to 6-year-olds. It is a developmentally appropriate, research-based curriculum providing structure and support to all young learners. The curriculum builds a strong foundation in all the developmental domains. The Nursery classes (2-3 years) use the American Creative Curriculum to build a foundation for confident and competent children.

**Languages taught**

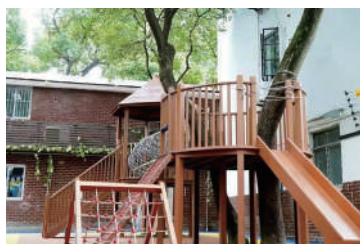
Tiny Tots is an English immersion school, where all classes are taught in English.

**Tuition**

2024-25 School Year: full-day ¥176,600; half-day ¥145,800

**Description**

For 27 years, Tiny Tots has been an inspiring and caring environment for young children. The school has been kept small to provide children with small class sizes and individual attention. Tiny Tots is a family oriented, diverse and inclusive community of learners. They offer a strong academic program with broad learning opportunities. Tiny Tots remains the only licensed English-language international kindergarten in Shanghai.



[www.tinytots.com.cn](http://www.tinytots.com.cn)



**Email:**

info@tinytots.com.cn



**Telephone:**

Xuhui: +86 (21) 6431 3788



**Address:**

Xuhui Campus: 43 West Fuxing Road



**WeChat:**

TinyTotsShanghai



## The Little Urban Center (LUC)

### LUC儿童中心

"Global Views,  
Global Minds"



<b>Date founded</b>	2012
<b>Grade level</b>	Pre-Nursery to Year 1
<b>Curriculum</b>	Innovative inquiry-based curriculum with EYFS framework
<b>Languages taught</b>	English, Mandarin
<b>School strengths</b>	Comprehensive diversified co-curriculum programme (PE, vocal, dance, music, art and STEM); Holistic childhood development; Integrated early education; Project-based learning
<b>Tuition</b>	¥170,000/year
<b>Description</b>	LUC thrives to provide all of our learners with quality learning experiences. We firmly believe that every learner at LUC is unique, is constantly learning and can be resilient, capable, confident and self-assured. We built our school on the premise that children learn and develop well in enabling environments, in which their experiences respond to their individual needs and we continually work for a strong partnership between our school and a child's family.



[www.luc-china.com](http://www.luc-china.com)



**Email:**

LUC: [admission@luc-china.com](mailto:admission@luc-china.com)  
LSK: [lsk@luc-china.com](mailto:lsk@luc-china.com)



**Telephone:**

LUC: +86 (21) 6110 0155 ext. 8007;  
+86 177 0215 8659  
LSK: +86 (21) 5078 2078;  
+86 196 0211 6102



**Address:**

*Junior Campus:* 230-231 Regency Palace, 779 Fangdian Road, Pudong New Area  
*Senior Campus:* Bldg 10, 1000 Lingshan Road, Pudong New Area  
*LUC STEM Kindergarten (LSK):* 66 Wuxing Road, Pudong New Area



**WeChat:**

*Official School:* LUC儿童中心  
小红书: LUC 麓贤



## LUC Nature Kindergarten

### LUC浦西自然教育特色幼儿园

"Global Views,  
Global Minds."



**Date founded**

2023

**Grade level**

Pre-Nursery to Year 1

**Curriculum**

Integrating the strengths of the Chinese National Curriculum and the UK's Early Years Foundation Stage (EYFS), along with the British National Curriculum

**Languages taught**

English, Mandarin

**School strengths**

Comprehensive diversified co-curriculum programme (PE, vocal, dance, music, art and STEM); Holistic childhood development; Integrated early education; Project-based learning; Specializing in Nature Education

**Tuition**

¥168,800/year

**Description**

At LUC, education is always progressing. Ms. Jenny Duan, the founder and chairman of the LUC Education Group, firmly believes that: "the finest education for children should be inclusive and should leverage the strengths of various educational systems while taking into account the country's unique way of development. This approach guarantees that children receive a comprehensive education that encourages their growth and development."



[www.luc-china.com](http://www.luc-china.com)



**Email:**

[lucpuxi\\_admission@luc-china.com](mailto:lucpuxi_admission@luc-china.com)



**Telephone:**

+86 (21) 6241 1753;

+86 187 2136 0833



**Address:**

Block 1, No.88, North Fuquan Road, Changning District



WeChat: LUC Puxi

小红书: LUC Puxi





## Vanke DTD Kindergarten 万科德英乐幼儿园

"Enlighten the Mind,  
Inspire the Potential,  
Embrace the Future,  
to Foster Chinese  
Talents to Stand Out  
in the World."



**Date founded**  
**Grade level**  
**Curriculum**  
**Languages taught**  
**Tuition**  
**Description**

2017

Nursery Class, Preschool, Pre-Kindergarten, Kindergarten

GLLASS Curriculum System: Game, Life Skills, Learning, Art, Science, Sports

English, Mandarin

¥12,800 - ¥14,000/month

DTD Education has five private kindergartens and two nurseries. Their mission is to "Inspire the potential, enlighten the mind, embrace the future, and foster them to be: Chinese talents that stand out in the world." DTD Early Childhood Education has developed the "GLLASS" (Games, Life Skills, Learning, Art, Science, Sports) system to be the core of our learning activities. We advocate student-centred learning to create an environment in which learning naturally occurs. By immersing our students in project-based learning they are able to spark their interest in learning and develop their core abilities.



<http://kt.dtd-edu.cn>



**Telephone:**

177 4086 1864 (Minhang)  
+86 (21) 5844 8060 (Pudong)  
+86 (21) 5811 1759 (Zhoupu)  
+86 (21) 6605 0651 (Jing'an)



**Address:**

Vanke Kindergarten, Minhang: 356 Xingzhan Road, Minhang  
Vanke Kindergarten Pudong: 700 Kangqiao Road, Pudong  
DTD Kindergarten, Zhoupu: 408 Zhoukang Road, Pudong  
DTD Kindergarten, Jing'an: 2310 Changzhong Road, Jing'an

"Play is the new  
SUPERPOWER"



<b>Date founded</b>	2000
<b>Grade level</b>	8 months - 6 years old
<b>Curriculum</b>	P&P, Daycare
<b>Languages taught</b>	English, Mandarin
<b>Tuition</b>	¥7,200- ¥50,400/Term
<b>Description</b>	Victoria A+ Eduplay (Shanghai Playnatorium) is affiliated with the Victoria (China) Educational Group, a well-known international education brand founded in 1965. It is famous for its continuous research, exploration and practice of advanced education. The school values at A+ are to provide a stimulating learning environment where children are inspired to learn. Through interactive and play-based activities; A+ is dedicated in fostering children's intellectual, emotional, social and artistic development through fun, educational, play-based activities. Children deserve many opportunities to experiment, explore, learn, observe, play and grow.



[www.apluseduplay.com.cn](http://www.apluseduplay.com.cn)



**Telephone:**

PD: +86 150 0190 9624  
XH: +86 (21) 6606 8060  
SZ: +86 (775) 8333 8508  
HK OIS: +(852) 2807 0208  
HK TST: +(852) 3106 0661



**Address:**

Shanghai (Pudong): 1-3/F, 1398 Fangdian Road, Pudong New Area  
Shanghai (Xuhui): 1-3/F, 1498 Middle Huaihai Road, Xuhui District  
Shenzhen (Futian): Unit 101, 1/F, DK Fortune Gate, 20-1 Futian Road  
Hong Kong (OIS): Rm 907-915, One Island South, 2 Heung Yip Road, Wong Chuk Hang  
Hong Kong (TST): Suites 604-607, World Commerce Centre, Harbour City, Kowloon



## X.L.X Kindergarten 上海学乐星幼儿园

"Cultivating Young  
Global Citizens With  
a Chinese Heart"



**Date founded**

Xiaomiao, 2005; Pudong, 2018; Songjiang, 2019; Minhang, 2021

**Grade level**

2 - 6 years

**Curriculum**

X.L.X-S.I.N.A.: Shanghai Curriculum; IB PYP (IB Primary Years Programme); Nature Aesthetic Education; and ASS (Arts, Science and Sports) form the X.L.X curriculum

**Languages taught**

English, Chinese, Bilingual Immersion. X.L.X helps children connect with a globalized future through bilingual immersion, while developing cross-cultural understanding. X.L.X creates an immersive environment with both Chinese and foreign teachers in the classroom. Professional teachers help children express themselves in Chinese and English throughout the day.

**Tuition**

Please inquire at the kindergarten

**Description**

X.L.X Kindergarten, with four campuses in Shanghai, is a part of Yushen Education, whose schools are all accredited by the International Baccalaureate Organization (IB). Xue Le Xing's philosophy is to integrate Shanghai's local kindergarten curriculum with the IB PYP, following the philosophy of local curriculum, which focuses on holistic, sustainable development of students, and the IB which cultivates students into global citizens with a Chinese heart.



<http://www.ys-edu.com.cn/>



**Email:**

marketing@ys-edu.com.cn



**Telephone:**

X.L.X Minhang: +86 (21) 180 0171 5571

X.L.X Pudong: +86 (21) 131 2789 5783

X.L.X Xiaomiao: +86 (21) 187 0191 7684



**Address:**

X.L.X Minhang: .515 Huguang Road, Minhang

X.L.X Pudong: 58 Hongya Road, Pudong

X.L.X Xiaomiao: 1977 Luoxiu Road, Minhang



**WeChat:**

XLX-Kindergarten



# Around Shanghai

Learn about school  
options near Shanghai  
and their respective  
curriculums



## Sino-Canada School 中加枫华国际学校

"Inspiration,  
Exploration, Excellence,  
Elegance"



**Date founded**

2003

**Grade level**

Kindergarten to High School

**Curriculum**

High School: BC, IGCSE, A-Level, AP, Chinese National Curriculum  
Kindergarten to Secondary School: Bilingual education

**Languages taught**

English, Japanese, French, Mandarin

**Tuition**

Primary School: ¥50,000/year; Secondary School: ¥66,000/year;  
High School: ¥96,000/year

**Description**

Established in 2003, Sino-Canada School is an international school authorized by both the British Columbia and Jiangsu Education Ministry. Sino-Canada school provides British Columbia high school curriculum and is eligible to issue BC high school diplomas. The school is in Wujiang District, Suzhou, and currently has more than 3,000 students aged from 3 to 18. The school registers with the BC Ministry of Education and is inspected annually by representatives from the ministry. From 2016 to 2024, Sino-Canada's BC program has continuously obtained full mark in its annual inspection. Sino-Canada School is recognized as one of the top BC offshore schools in China.



<https://www.sinocanada.cn/>



**Email:**

mkt@sinocanada.cn



**Telephone:**

400 188 5070



**Address:**

1 Kangli Ave., Wujiang District, Suzhou, Jiangsu Province





"Day and boarding school - every child can excel"



# Wycombe Abbey Schools International 威雅学校



## Date founded

Changzhou Campus: 2012; Hong Kong Campus: 2019;  
Hangzhou Campus and Nanjing Campus: 2021

## Grade level

Kindergarten to Year 13

## Curriculum

EYFS, Key Stage 1 to 4, IGCSE, A-Level, Chinese National Curriculum

## Languages taught

English, Mandarin

## School strengths

A holistic education focusing on globally recognised IGCSE and A-Level courses with highly experienced foreign teaching staff in a small class environment. Tutoring system is provided, as well as traditional boarding system.

## Tuition

(Changzhou Campus) Kindergarten: ¥120,000/year; Primary: ¥150,000/year; Secondary: ¥158,000 - 182,000/year; (Hangzhou Campus) Kindergarten: ¥159,500/year; Primary: ¥141,500/year; Secondary: ¥162,000 - 202,000/year; (Nanjing Campus) Kindergarten: ¥120,000/year; Primary: ¥150,000/year; Secondary: ¥158,000 - 182,000/year

## Description

Wycombe Abbey Schools International are the sister schools in Asia of Wycombe Abbey UK, which is internationally renowned for its excellent academic results. They have successfully supported pupils winning places in many leading universities such as Oxford University, Cambridge University, Imperial College, New York University, Parsons School of Design etc.



[www.waiscz.com](http://www.waiscz.com)



**Email:**  
info@waiscz.com



**Telephone:**  
+86 (519) 8888 0681



**Address:**  
*Changzhou Campus:* 9 Huanhu North Road, Wujin Economic Zone, Changzhou, Jiangsu Province  
*Hong Kong Campus:* 17 Tin Wan Street, Aberdeen, Hong Kong  
*Hangzhou Campus:* Xiaoshan District, Hangzhou, Zhejiang Province  
*Nanjing Campus:* Tangshan District, Nanjing, Jiangsu Province



# Enrichment

Explore specialized  
and supplemental  
education



## ELG Early Intervention Center 学建早期干预中心

"Early Childhood Intervention is founded on the belief that addressing developmental challenges early in a child's life can lead to more positive outcomes in the long term."



**Date founded**

2024

**Grade level**

Ages 2-6

**Curriculum**

Individualized Development Plan allows each child to work on their specific goals in pre-academics, cognitive development, speech-language communication, gross/fine motor development, emotional and social development, self-help skills, and sensory development. Classroom learning, small group, and individual activities, play, and theme-based learning are engaging and effective. The EIC uses research-based best practices for early childhood development using strengths-based neurodivergent affirming approaches.

**Languages taught**

Bilingual program in English and Chinese

**Tuition**

2023-24 School Year: Full-day ¥400,000

**Description**

EIC, partnered with Tiny Tots Kindergarten, provides personalized education for preschool-aged, neurodivergent children. With a 3:1 child-teacher ratio, EIC is dedicated to the needs of children with autism, developmental delays, and developmental challenges. Special educators, speech-language specialists, occupational therapists, counselors, art and music therapists, and physical educators collaborate so a child's individual goals are reinforced all day. Parents help develop the IDP, receive daily communication, and attend training sessions, social activities, and support groups. When possible, we support children to attend mainstream schools by building school readiness.



[www.chinaelg.cn](http://www.chinaelg.cn)



**Email:**

EIC@Chinaelg.com



**Telephone:**

400 612 9423



**Address:**

50 Gumei Road, Minhang District



**WeChat:**

chinaelg



# ELG Young Learners & Pre-Vocational Program

## 学建 (浦西校区)

"Empowering All  
Learners: Building  
#ELGCommunity  
Where You Belong"



**Date founded**

2006

**Grade level**

Young Learners (ages 7-14) and Pre-Vocational program (above age 14)

**Curriculum**

Individualized Development Plan allows each child to work on their specific goals in functional academics, cognitive development, speech-language communication, gross/fine motor development, emotional and social development, self-help skills, and sensory development. Classroom learning, small group and individual activities, community exploration, and theme-based learning are engaging and effective. All programs use research-based best practices, and strengths-based neurodivergent affirming approaches.

**Languages taught**

Bilingual program in English and Chinese

**Tuition**

2023-24 School Year: Full-day ¥400,000

**Description**

ELG provides personalized educational services for neurodivergent children. With a 3:1 child to teacher ratio, ELG is dedicated to meeting the needs of kids with autism, developmental delays, and other developmental challenges. A multidisciplinary professional staff of special educators, speech-language specialists, occupational therapists, counselors, art and music therapists, and physical educators, collaborate so a child's individual goals are reinforced all day. Parents help develop the IDP, so they know their child's goals, and receive daily communication. Parent activities include training sessions, social activities, and support groups.



[www.chinaelg.cn](http://www.chinaelg.cn)



**Email:**  
services@chinaelg.com



**Telephone:**  
400 612 9423



**Address:**  
No. 19-20, Lane 209, Zhennan Road, Putuo District



**WeChat:**  
chinaelg



## Concord Music

Concord Music is a music school trusted by expat families with nine years of reputation. We just recently moved to our new site in Wuzhong Lu, in the heart of 'Korean Town' with better facilities! Our teachers are world-class musicians who have graduated from the world's most prestigious conservatories. We offer professional 1-on-1 instrumental lessons, early-years music lessons (18mo-5yr), instrument group classes as well as seasonal instrument and music camps. We also offer performing opportunities for all students with workshops and intensive programs to motivate our students' interests. *Address: Suite 626, 1189 Wuzhong Road; Tel: 5235 7398, email: [info@concord-music.com](mailto:info@concord-music.com), WeChat: [concord\\_admission](#); Website: [www.concord-music.com](http://www.concord-music.com).*

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## ICONX

ICONX offers skateboarding lessons, after-school programmes, and camps from professional instructors with a lifelong background in skateboarding. Their goal is to share their passion for skateboarding and help nurture the growing sport in China. So far they have successfully taught nearly 4,000 multicultural students. ICONX is known for building Shanghai's first indoor skate park, which is renowned amongst schools, parents, and all-ages of skaters. If you or your kids want to learn how to skateboard, get in touch with these guys and you'll be busting out Tony Hawk moves in no time. *Jing'an Skate Park, 151 Kangding Road; Puxi - Poly SunnyWalk Mall, B2,230 Ruiping Road; Pudong - Unit B, 49 Jingyan Road; [info@iconx.cn](mailto:info@iconx.cn); [www.iconx.com](http://www.iconx.com).*

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## Sports Force

Sports Force provides coaches for private educational institutions seeking additional support for their sports curriculum programmes. They offer ideal solutions for CCAs or after school activities. Founded in 2017, Sports Forces offers expert coaching services for sports such as basketball, volleyball, football/soccer, cross-country, tennis, swimming, track & field and many more. *Yueshang Plaza, 1 South Wuning Road, Jing'an; [ProTeam@sportsforce-china.com](mailto:ProTeam@sportsforce-china.com); 186 1690 8035, 180 1787 1712.*

---

## Oogie Art

For over twenty years, Oogie Art has inspired students to reach greater heights of creativity. A global art school with locations in New York, Boston, Busan, and Shanghai, Oogie Art has received widespread recognition for its teaching methods and results. Oogie Art's award-winning programmes and expert teachers nurture young artists in developing the techniques, creative thinking, and artistic confidence to make unique artworks that help them win prestigious art awards, receive college scholarships, and gain acceptance into top art colleges and universities. Classes run during weeknights, weekends, and holiday breaks. *contact@oogieart.cn; Tel: 135 0193 1095; WeChat: [oogieart](#); Tuition: ¥200-300/hour.*

# Glossary

**A-Level:** A curriculum occupying the last two years before university in the British schooling system. Students specialize in subjects for exams.

**ACT:** A standardised test for high school achievement used in the United States assessing student learning in English, Mathematics, Reading, Science, and Writing. An alternative to the SAT for college applications.

**Advanced Placement (AP):** These are exams for students run by a US-based College Board. AP aims to emulate first year college courses, enabling high school students to earn college credit.

**American Curriculum:** A US curriculum based on Common Core State Standards for the core subjects English Language Arts, Math, History and Geography, and Sciences. Follows Kindergarten to Grade 12 (K-12) numbering.

**AP Capstone:** AP diploma programme built on the AP Seminar and AP Research, designed to complement in-depth, discipline specific study provided through the AP courses.

**British Columbia (BC) Curriculum:** Follows the official government curriculum and education standards of British Columbia, Canada.

**British Curriculum:** Follows the National Curriculum of England where learning materials are produced in the UK. It culminates with IGCSE and A-Level certification. Follows Year 1 to Year 13 numbering.

**Chinese National Curriculum:** Follows the official Chinese government curriculum requirements for Chinese nationals of mandatory school age up to grade 9.

**EAL/EFL/ESL:** These programmes offer assistance for students learning English as a second language, with half or full-day programmes and individual tutoring during non-school hours.

**Early Years Foundation Stage (EYFS) :** The British government's set of standards for learning and development of children under age 5.

**IB (PYP) (MYP) (DP) (CP):** The International Baccalaureate Programme includes Primary Years, Middle Years, and Diploma Programmes, which can be followed by the Career-related Programme. IB fosters critical thinking, problem solving, research, and writing skills. The DP requires six courses, Theory of Knowledge (philosophy), and a 4,000-word extended essay. The IBDP is accepted in college applications worldwide.

**IGCSE:** The International General Certificate of Secondary Education is taken between the ages of 14 and 16. Students are required to study core topics along with a select number of over 70 optional topics. Typically, qualified students move on to study AP or IB and occasionally A-Levels.

**IPC:** The International Primary Curriculum aims to instill in children a desire to learn by focusing on three aspects of subject matter: knowledge, skill, and understanding.

**Montessori:** Theory of education characterised by freedom within limits, thus facilitating the development of the child's independence. Methods focus on the child's natural learning process, honed by independently working with materials rather than direct instruction.

**NEASC:** The New England Association of Schools and Colleges is a US-based organisation which helps international schools adhere to publicly stated standards and objectives.

**NCCT:** The National Centre for School Curriculum and Textbook Development is a non-governmental agency for schools seeking both international and Chinese accreditation. The NCCT helps to develop and assess school curricula, textbooks, and teaching methods.

**SAT:** A test used in the US for college applications. The test comprises three parts: Evidence-based Reading, Writing and Language, Maths, and an optional Essay

**STEM:** Science, Technology, Engineering, and Mathematics. The suite of subjects relating to these fields of study. Sometimes written with Arts included as STEAM.

**TOEFL:** Test of English as a Foreign Language assesses English proficiency. International students applying to English speaking universities are required to take the TOEFL exam.

**WASC:** The Western Association of Schools and Colleges is an American organisation that assesses and accredits schools that successfully undergo a six-year accreditation process.



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# School Visit Checklist



*Cut out and make several copies to bring along to each school.*

School name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

School size: \_\_\_\_\_ Student nationalities: \_\_\_\_\_

## The school offers:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Air purification system           | <input type="checkbox"/> Competitive sports   | <input type="checkbox"/> Library              |
| <input type="checkbox"/> AP courses                        | <input type="checkbox"/> Computer lab         | <input type="checkbox"/> PTA/PTO              |
| <input type="checkbox"/> Band/music classes                | <input type="checkbox"/> Counselling services | <input type="checkbox"/> Safe & secure campus |
| <input type="checkbox"/> Boarding                          | <input type="checkbox"/> ESL/ESOL/EAL         | <input type="checkbox"/> Sports fields/courts |
| <input type="checkbox"/> Buses for after-school activities | <input type="checkbox"/> Gymnasium            | <input type="checkbox"/> Swimming pool        |
| <input type="checkbox"/> Clean facilities                  | <input type="checkbox"/> IB Programme         | <input type="checkbox"/> Theatre/auditorium   |

Your observations:	Notes:
1. Are students engaged, attentive, and happy?	
2. Do students treat others with respect?	
3. Do students seem prepared for class?	
4. Describe the overall "look & feel" of the school.	
5. How does your child feel about the school?	

Questions to ask administrators:	Notes:
1. What sets your school apart from the others?	
2. What are your academic and behavioural expectations for students?	
3. Do you have resources for students with learning disabilities?	
4. What is your teacher-to-student ratio?	
5. How do you hire teachers?	
6. How do you assess teacher performance?	
7. In what ways are parents involved at school?	



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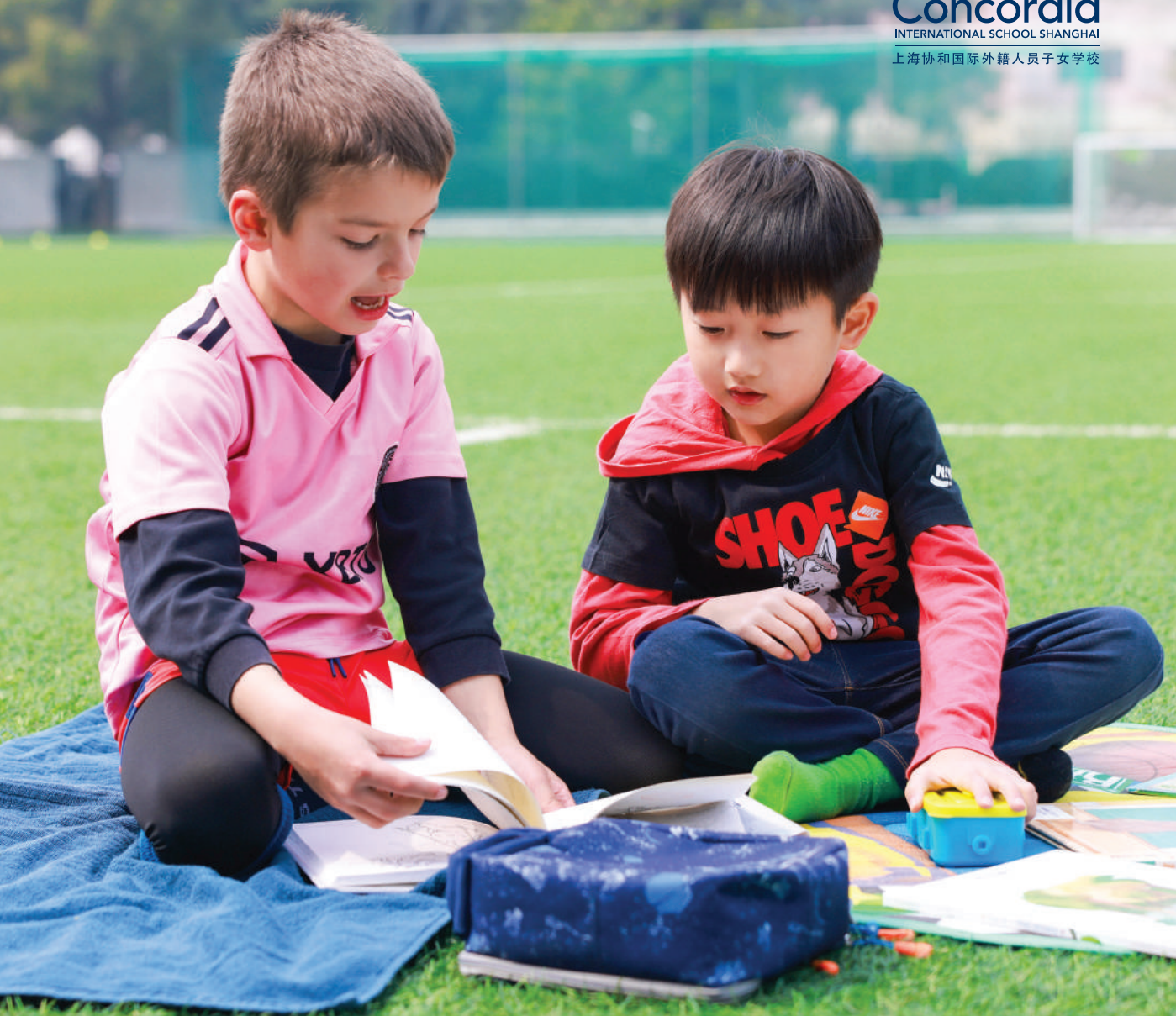


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**Concordia**  
INTERNATIONAL SCHOOL SHANGHAI  
上海协和国际外籍人员子女学校



# Life success starts with Concordia.

Concordia fosters a love for learning from the very start. Here, young minds are encouraged to explore, create, and express themselves, laying a strong foundation for future academic success.

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# FIND YOURSELF at SAS


# THRIVE at SAS


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Shanghai, China 201201

Puxi Campus  
258 Jinfeng Road, Huacao Town, Minhang District,  
Shanghai, China 201107

Tel: 6221-1445  
[www.saschina.org](http://www.saschina.org)



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# School for life

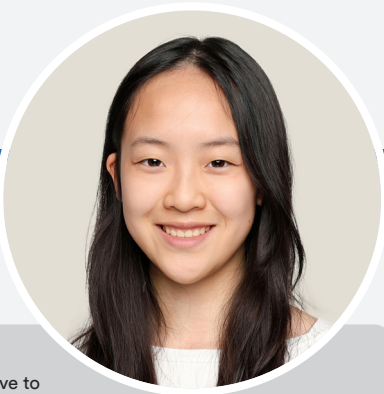
At SAS, our mission is to foster a lifelong passion for learning. Whether a child joins us starting in Pre-K or later in life, our community is ready to welcome them and guide them on their journey of self-discovery.



“My parents wanted me to grow up in a place where I didn’t have to choose between doing what I liked and doing things that made for a successful career; they wanted a place where those two things could be one or find a balance. And I think they made the right choice. **I would choose to put my four-year-old self into SAS.**”

At SAS, you’re not forced to do anything. For example, during extended learning, all the teachers are available to answer any questions you may have. They are there to help if you’re struggling, but you can also use the time to relax and hang out with friends. This has taught me to prioritize my time and **ask questions with intention.**

Caridee C. | Puxi '25 | SAS Student since Pre-K



”

## A COUNSELING PROGRAM LIKE NO OTHER

24  
COUNSELORS

41  
LEARNING  
SUPPORT

Growing up is no easy task, which is exactly why you’ll find a counseling team devoted to understanding and caring for your child at every age. This community is designed with great intentionality, because a counseling program, at its heart, must **know and reflect student needs as they change through the years.**

Our two-part approach engages an experienced team devoted to School Counseling in each division, PreK-12, **nurturing and scaffolding all stages of social-emotional development and learning.** A professional College Counselor is added for each student during high school, recognizing that college counseling has a different set of goals and requires a specialized skillset (find out more about our College Counseling Program on pg. 6).

**Excellent student-to-counselor ratios mean our counselors can give classroom lessons and 1-1 support to all students.** Counselors also support our parents through consultations on various parenting-related topics and hosting parent coffee sessions to ensure everyone is always on the same page.

Long before our students major in Chemistry or Engineering, they need to major in themselves. **The journey to uncover and embrace the authentic self is critical to a child’s success.**

## IT’S NOT JUST LEARNING AT SAS, IT’S LIFE AT SAS

Learning intertwines with every aspect of our student experience. From the earliest years in Elementary School, students engage in a rich tapestry of extracurricular activities. Whatever students are passionate about, there’s likely a club to serve it. And if not? Then it might be time to create one. Our students are **encouraged to follow their passions while also given the agency to build upon their visions** and, in the process, inspire others.

**Parent life at SAS is just as dynamic.** The PTSA (Parent, Teacher, Student Association) and Booster Clubs support parents, teachers, and students in a myriad of ways, but, most importantly, they help families feel welcomed. Parents have countless opportunities to actively participate and make meaningful contributions within these wonderful volunteer groups.



“I’ve moved around passions and interests a lot in the 12 years that I’ve been at SAS; in the early days, I was all about science. Now, I’m focused on math. I’m also in Innovation Institute and next year I’m excited to take theater. I am growing my presentation skills. The one constant is baseball, which has always been my sport. And **through all these different interests and hobbies, I’ve felt supported and encouraged at SAS.**”

Blake H. | Pudong '26 | SAS Student since Pre-K

”



“I transferred schools to SAS because there are **many more sports and activities** here than in my previous school. There’s also more social-emotional support from counselors which I didn’t have in my old school, and there is a learning support program here that wasn’t available at my old school. So, generally, I am more supported here.

It was really quite easy to transfer to SAS. I had so many different options of things to do, like sports and clubs, I just went all in. When I came to SAS, it was a complete change. **I was shocked at how much I enjoyed school.**

**The community here is amazing.** Although everyone does everything a little bit differently, we’re all connected and so close. My friends and I always joke that we’re going to keep in too much contact after we leave.

Lucy C. | Puxi '24  
Transferred from another international school in Shanghai in Grade 8.



”





## ONE SCHOOL, TWO LOCATIONS



An SAS education is a world-class education. As the oldest and most established international school in Shanghai, our students go from here to anywhere. SAS alumni span the globe with best-selling authors, ground-breaking scientists, and innovative entrepreneurs in their midst. Our students leave SAS prepared to live their dreams.

### ¥0 PROFIT

SAS is the only true not-for-profit international school in Shanghai, where 100% of the revenue coming into the school stays in the school. And it definitely shows.

### 2800<sup>+</sup> STUDENTS

SAS serves students from Pre-K to grade 12 across both campuses. And when you meet our students, you'll be blown away by their curiosity, eagerness to learn, and drive to succeed, no matter which division or grade level they're in.

### 3<sup>x</sup> DEDICATION

Faculty members stay almost three times longer than their original contract. It's just hard to beat an inspiring environment in a dynamic city filled with intellectually curious students.



## 2023 EXAM RESULTS

595

Students



96%

Scores at 3 or above

1816

Exams

4.3

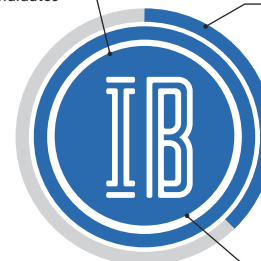
SAS average AP Exam score;  
China average AP Exam score: 3.69  
World average AP Exam score: 3.42

40

of 241 Students in the  
Class of 2024 are Full  
IB Diploma Candidates

95%

Class of 2023  
Awarded the IB Diploma



36.6

Class of 2023 SAS  
Average IB Diploma Score

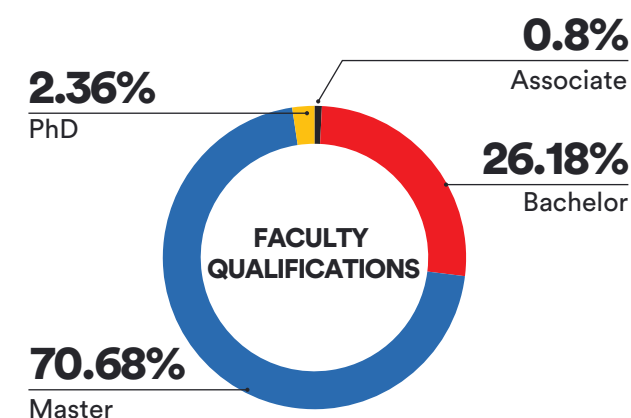
SAT MID-50%  
RANGES  
FOR CLASS  
OF 2024

COMPOSITE  
1390-1550

ACT MID-50%  
RANGES  
FOR CLASS  
OF 2024


COMPOSITE  
33-35

## FACULTY EXPERTISE




IB or AP or both

Shanghai American School embodies a unique educational experience. Our high school prides itself on offering a wide variety of choices for students, whether it be subject courses, sports, or after-school activities. We're one of very few schools that offer both the Advanced Placement (AP) and International Baccalaureate (IB) Diploma programs. That means high schoolers can do either the AP Capstone Diploma or the IB Diploma Program. If they don't wish to do either diploma program, they can do a combination of AP and IB courses.




**1 YR**


Courses run for one year from Grade 10 at SAS




Courses have one level of difficulty




Subject coverage has greater breadth



Coursework does not affect final score




Students can focus on specific academic subjects




**2 YRs**


IB is a two-year program in Grades 11 and 12




Courses have two levels of difficulty



Subject coverage has greater depth



Coursework is 20-50% of the final grade



Interdisciplinary with compulsory components

Activities



**SPORTS**

At SAS, we have full-time athletic trainers, extensive fitness centers, unmatched facilities, and dedicated coaches supporting students' athletic pursuits from elementary school all the way to graduation. But what's most important is the development of the students themselves. At SAS, this development is guided by the expectations of the Eagle Code: Gratitude, Respect, and Engagement. These qualities will benefit our students long after their days here at SAS.

"SAS places emphasis on their students, whether in high school, middle school, or elementary, doing extracurricular activities. There's a wide range of options, and I have always felt comfortable pursuing multiple hobbies outside of my studies."  
— Savannah B. | Pudong '24



**ARTS**

Arts at SAS is for everyone. While our students routinely gain admission into some of the world's best art, design, and film programs, our program also inspires students who never thought of themselves as artists. Our students perform across Asia and learn from internationally renowned visiting artists and experts. With passionate faculty, state-of-the-art facilities, and a plethora of different artistic experiences, it's no wonder so many of our students are able to find the artist within.

"The most important thing I learned in high school is if I had an idea I felt passionate about is to follow it and carry through it to the end. My art teacher always encouraged me to follow whatever idea I had, no matter how strange or unconventional."  
— Jin Jin Xu | Puxi '13 Alumni

College Counseling from the Professionals

In High School, we have a dedicated College Counseling team focused on guiding our students and their families through the college application process. Our team's expertise is unparalleled, bringing decades of focused college counseling experience, insight gained from contacts, and working experience within prestigious university admissions offices.

College Counselors work in tandem with our School Counselors to support our students in all aspects of their development. The goal is to remove mystery and stress from the college application process and to guide students in discovering themselves and finding the best college matches for who they are and where they want to go. We honor each student and family's story and distinctive qualities and, through one-on-one conversation, build a personalized plan to help them reach the right next step.

SAS and its programs are well-known in college admissions offices internationally, and our students, in their great variety and bounty, are recognized as valuable contributors to classrooms and communities.

**GRADE 9**

Students are matched with their college counselor. The focus is on getting to know one another and building understanding and comfort.

**GRADE 10**

Students will work together with their counselors to develop their academic journey. The focus is to establish direction and understanding of the university application process.

**GRADE 11**

Students kick off the year with College Night, a brief introduction to the college process, and end with THE ELEVEN, a weeklong off-site retreat focused on jumpstarting the university application process and transitioning students into their senior year.

**GRADE 12**

Students and their families are supported throughout the college application process and beyond. Spring focuses on preparing our eagles to leave the nest, with sessions ranging from simple housekeeping advice to safety training.

POST-GRADUATE DESTINATIONS 2021-2023

